

Milken Institute School of Public Health

THE GEORGE WASHINGTON UNIVERSITY

Department of Exercise and Nutrition Sciences
Minor
for
GW Undergraduate Students
NUTRITION SCIENCE
2021-2022

Program Director:

Dr. Allison C. Sylvetsky, PhD
Milken Institute School of Public Health
950 New Hampshire Ave, NW, 2nd Floor
Washington, DC 20052
202-994-5602
asylvets@email.gwu.edu

GWSPH Undergraduate Advisors

Milken Institute School of Public Health
950 New Hampshire Ave, NW, 2nd Floor
Washington, DC 20052
sphundergrad@gwu.edu

Background

Minors have been established within the University to provide opportunities for formal inter-school study. Students must be enrolled in a degree program and must be in good standing to be eligible to take a Minor in another school. Upon successful completion of all requirements, the title of Minor Field of Study and the courses taken in support of the Field are entered on the student's transcript.

Minor in Nutrition Science

The Milken Institute School of Public Health (SPH) offers a minor in Nutrition Science through the Department of Exercise and Nutrition Sciences. Students completing the minor in Nutrition Science gain a deeper understanding of the science of nutrition. The minor in Nutrition Science consists of 18 credit hours. This minor provides a strong foundation in nutrition across the lifespan, in sport, and in public health. A 2.5 cumulative GPA or above is required for admittance. To earn the Nutrition Science minor, students are required to maintain a cumulative GPA of 2.5 or above and earn a C- or above in all minor courses.

To Add or Drop a Minor and to Change the Original Minor Program of Study

Please see the GWSPH Undergraduate Advisors for information, admission to the minor, to drop the minor, for assistance in the selection of the elective course and to amend the courses on the original program of study. GW's SPH will not process requests to add a Minor in Nutrition Science during the registration period. To declare the Nutrition Science minor, go [here](#).

Required Courses: (9 credits)

| Course # | Credits | Title |
|---|---------|---|
| EXNS 2119 | 3 | Introduction to Nutrition Science (pre-requisite BISC 1115 & 1125) |
| EXNS 2122 OR EXNS 3199 ¹ OR EXNS 4199 ² | 3 | Food Systems in Public Health OR International Nutrition OR Metabolism in Exercise and Nutrition Sciences |
| EXNS 2124 | 3 | Lifecycle Nutrition |

Selective Courses: Choose 3 courses (9 credits) from the Following List

| Course # | Credits | Title |
|------------------------|---------|--|
| EXNS 1114 | 3 | Community Nutrition |
| EXNS 1118 | 3 | Sport and Nutrition |
| EXNS 2120 | 3 | Assessment of Nutritional Status |
| EXNS 2122 | 3 | Food Systems in Public Health |
| EXNS 2123 | 3 | Nutrition and Chronic Disease |
| EXNS 3111W | 3 | Exercise and Nutrition Science Research Methods |
| EXNS 3199 ¹ | 3 | Topics in EXNS (ONLY: International Nutrition) |
| GEOG 2133 | 3 | People, Land, and Food |
| EXNS 4199 ² | 3 | Topics in EXNS (ONLY: Metabolism in Exercise and Nutrition Sciences) |

Students enrolled in the BS, Nutrition Science degree program are not eligible to declare this minor.

¹Only EXNS 3199 International Nutrition. Other EXNS 3199 topics courses will not meet this requirement.

²Only EXNS 4199 Metabolism in Exercise and Nutrition Sciences. Other EXNS 4199 topics courses will not meet this requirement.