

**Mary J. Barron, Ph.D, ATC, LAT**

**Office Information**

Department of Exercise and Nutrition Sciences

Milken Institute School of Public Health

The George Washington University

950 New Hampshire Ave., NW Suite 200

Washington, DC 20052

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mjbarron@gwu.edu

**Education and Training**

Education:

Bachelor of Science, 2000

Majors: Biology and Physical Education with a concentration in Athletic Training

Longwood College (University), Farmville, VA

Master of Science: Kinesiology, 2004

Specialization: Athletic Training

Michigan State University, East Lansing, MI

Thesis: Assessment of First Aid and Injury Prevention Knowledge and the Decision Making of Youth Basketball, Soccer, and Football Coaches

Doctor of Philosophy: Kinesiology, 2006

Specialization: Human Growth and Motor Development

Internal Cognate: Athletic Training and College Teaching

External Cognate: Epidemiology

Michigan State University, East Lansing, MI

Dissertation: Evaluation of an Injury Prevention Program

Medical Licensures:

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| --- | --- |
| 2009 – Present | Virginia Licensed Athletic Trainer (0126001496) |
| 2007-2010 | Pennsylvania Licensed Athletic Trainer (RT004236) |
| 2006-2008 | Georgia Licensed Athletic Trainer (AT001321) |

Certifications:

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| 2005 – Present | American Red Cross Certified Instructor  First Aid/CPR  CPR/AED for the Professional Rescuer |
| 2002 – Present | American Red Cross Certified First Aid/CPR, CPR/AED |
| 2000 - Present | Certified Athletic Trainer (120002099) |

**Professional Employment**

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| June 2016 - Present | **Associate Professor in Exercise and Nutrition Sciences Department**  **The George Washington University, Washington, DC**  Responsible for teaching in the department, director of the field experiences (internships), and member of numerous departmental/school/university committees. |
| July 2009 – June 2016 | **Assistant Professor in Exercise and Nutrition Sciences Department**  **The George Washington University, Washington, DC**  Responsible for teaching in the department, within the Athletic Training Education Program, and director of the field experiences (internships). |
| August 2007 – July 2009 | **Undergraduate Athletic Training Education Program Director**  **Marywood University, Scranton, PA**  Responsible for directing and managing the ATEP, preparing for site visit, writing rejoinder, making necessary changes to make program compliant, and progress reports. |
| July 2006 – August 2007 | **Undergraduate Athletic Training Education Program Director**  **Georgia Southern University, Statesboro, GA**  Responsible for directing and managing the ATEP. |
| Fall 2004 | **Motor Skills Assistant, Child Development Laboratory, Department of Family and Child Ecology**  **Michigan State University, East Lansing, MI**  Responsible for assisting with the teaching of motor skills to pre-school children. |
| Spring 2001 – 2004 | **Presenter,** **The Institute for the Study of Youth Sports, Michigan State University, East Lansing, MI**  Responsible for the presentation of injury prevention, care, and rehabilitation information to the coaches of the Mid-Michigan Pony Football League. |
| January 2001 – 2006 | **Faculty, Physical Fitness and Wellness Department, Lansing Community College, Lansing, MI**  Responsible for teaching an introduction to athletic training lecture course within the department. |
| August 2000 – May 2006 | **Graduate** **Teaching Assistant, Department of Kinesiology**  **Michigan State University, East Lansing, MI**  Responsible for teaching assigned undergraduate major courses and activity courses within the department. |
| August 2000 – May 2006 | **Graduate Research Assistant, Department of Kinesiology,**  **Michigan State University, East Lansing, MI**  Responsible for the tracking of injury rates, severity, and their relationship to biological maturation in youth football athletes. |

**Honors and Awards**

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| 2016 | Nominated as Professor of the Year  Department of Athletics and Recreation  George Washington University, Washington, DC |
| 2005 | Excellence in Teaching Award Nominee from Kinesiology  Department  Michigan State University, East Lansing, MI |
| 2000 | Graduate Student Scholarship  Michigan State University, East Lansing, MI |
| 1999 – Present | The Honor Society of Phi Kappa Phi |
| 1999 – 2000 | Honor Fraternity Mortar Board, Geist Chapter |

**Grants Awarded**

2005 Authored a $15,000 proposal for the William Wohlgamuth fellowship (Institute for the Study of Youth Sports, Michigan State University) to conduct a study examining the effectiveness of an injury control program.

2005 Achieved funding (worth $1,000) from the National Centers for Sports Safety (NCSS) to conduct a study examining the effectiveness of an injury control program.

2002 Co-Authored a $99,927 grant titled: Relationships Among Player Risk Factors and Injuries in Youth Football. Submitted to National Football League Charities. (Co-authors: John W. Powell, Vern Seefeldt, Robert Malina, Anthony P. Kontos, Jeffrey R. Kovan, Michael A. Clark, Thomas P. Dompier, and Mary J. Barron; Funded)

#### 2000 – 2002 Research assistant for a $50,000 grant titled *Incidence and Player Risk Factor for Injury in Youth Football.* Submitted to National Athletic Trainers Association Research and Education Fund. (Author: Robert M. Malina)

**Publications**

Articles in Refereed Journals

Jones C, Visek AJ, **Barron MJ**, Hyman M, Chandran A. [Association between relative age effect and organisational practices of American youth football](https://www-scopus-com.proxygw.wrlc.org/record/display.uri?eid=2-s2.0-85058239088&origin=resultslist&sort=plf-f&src=s&sid=670c1cfd35d0592765175d86119ae507&sot=autdocs&sdt=autdocs&sl=18&s=AU-ID%2835576600800%29&relpos=0&citeCnt=0&searchTerm=). *Journal of Sports Sciences.* 2019;37(10); 1146-1153.

Chandran A, **Barron MJ**, Westerman BJ, DiPietro L. [Multifactorial examination of sex-differences in head injuries and concussions among collegiate soccer players: NCAA ISS, 2004–2009](https://www-scopus-com.proxygw.wrlc.org/record/display.uri?eid=2-s2.0-85047231124&origin=resultslist&sort=plf-f&src=s&sid=670c1cfd35d0592765175d86119ae507&sot=autdocs&sdt=autdocs&sl=18&s=AU-ID%2835576600800%29&relpos=1&citeCnt=1&searchTerm=). [*Injury Epidemiology*](https://www-scopus-com.proxygw.wrlc.org/sourceid/21100858473?origin=resultslist)*.* 2017;4(1); 28.

Fulston D, Chandran A, **Barron M**, DiPietro L. [Continued sex-differences in the rate and severity of knee injuries among collegiate soccer players: The NCAA Injury Surveillance System, 2004-2009](https://www-scopus-com.proxygw.wrlc.org/record/display.uri?eid=2-s2.0-85006379808&origin=resultslist&sort=plf-f&src=s&sid=670c1cfd35d0592765175d86119ae507&sot=autdocs&sdt=autdocs&sl=18&s=AU-ID%2835576600800%29&relpos=2&citeCnt=1&searchTerm=). 2016. *IJSM.* 37(14); 1150-1153.

Chandran A, **Barron MJ**, Westerman BJ, DiPietro L. [Time trends in incidence and severity of injury among collegiate soccer players in the United States](https://www-scopus-com.proxygw.wrlc.org/record/display.uri?eid=2-s2.0-85001103550&origin=resultslist&sort=plf-f&src=s&sid=670c1cfd35d0592765175d86119ae507&sot=autdocs&sdt=autdocs&sl=18&s=AU-ID%2835576600800%29&relpos=3&citeCnt=9&searchTerm=). [American Journal of Sports Medicine](https://www-scopus-com.proxygw.wrlc.org/sourceid/19799?origin=resultslist). 2016; 44(12); 3237-3242.

**Barron MJ,** Brant CF, Powell JW, Ewing ME, Gould DR, Maier K. Effects of an injury prevention program on injury rates in American youth football. *International Journal of Sports Science and Coaching.* 2014;9(5):1227-1240.

**Barron MJ**, Powell JW, Ewing ME, Nogle SE, Branta CF. First aid and injury prevention knowledge of youth basketball, football, and soccer coaches. *International Journal of Coaching Science.* 2009;*3*(5):55-67*.*

Malina RM, Morano, PJ, **Barron M**, Miller SJ, Cumming SP, Kontos AP, Little BB. [Overweight and obesity among youth participants in American football](https://www-scopus-com.proxygw.wrlc.org/record/display.uri?eid=2-s2.0-34548668683&origin=resultslist&sort=plf-f&src=s&sid=670c1cfd35d0592765175d86119ae507&sot=autdocs&sdt=autdocs&sl=18&s=AU-ID%2835576600800%29&relpos=5&citeCnt=36&searchTerm=).  *Journal of Pediatrics.* 2007; 151(4);378-382.

Malina RM, Dompier TP, Powell JW, **Barron MJ**, & Moore MT. Validation of a noninvasive maturity estimation relative to skeletal age in youth football Players. *Clinical Journal of Sports Medicine.* 2007;7(5):362-368.

Dompier TP, Powell JW, **Barron MJ**, & Moore MT. Time loss and non-time loss injuries in youth football players. *Journal of Athletic Training.* 2007;42(3*):*395–402.

Malina RM<http://apps.isiknowledge.com/WoS/CIW.cgi?SID=F2kgHd4Kc1BALoPLjCD&Func=OneClickSearch&field=AU&val=Robert+M&curr_doc=1/3&Form=FullRecordPage&doc=1/3>., Morano PJ, **Barron M**, Miller SJ, Cumming S., Kontos A.P. Incidence and player risk factors for injury in youth football. *Clinical Journal of Sports Medicine.* 2006;16:(3):214-222.

Malina R, Morano P, **Barron M**, Miller S, & Cumming S. Growth status and estimated growth rate of youth football players: A community-based study. *Clinical Journal of Sport Medicine.* 2005;15(3):125-132.

Malina R, Cumming S, Morano P, **Barron M**, & Miller S. Maturity status of youth football players: A non-invasive estimate. *Medicine & Science in Sports & Exercise.* 2005;37(6):1044-1052*.*

**Barron MJ** & Powell JW. Fundamentals of injury prevention in youth sports. *Journal of Pediatric Dental Care*. 2005; Spring*.*

Malina M, **Barron** **M**, Morano P, Miller SJ, Cumming, SP, & Kontos AP. Incidence and player risk factors for injury in youth football (American). *REVISTA PORTUGUESA DE CIENCIAS DO DESPORTO.* 2003;3(2):12-14.

Abstracts

**Barron MJ**, Branta CF, Powell JW, Ewing ME, and Marier KS. Comparison of Coaches' First-Aid and Injury Prevention Knowledge Between Coaches Who Took and Those Who Did Not Take the P.R.E.P.A.R.E. Program. Poster Presentation at Eastern Athletic Trainers’ Association 61st Convention; 2009; Boston, MA.

**Barron MJ,** Branta CF, Powell JW, Ewing ME, Marier KS. Coaches First-Aid and Injury Prevention Knowledge and Knowledge Retention After Taking the P.R.E.P.A.R.E. Program Poster Presentation atNational Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2008; St. Louis, MO. (*Journal of Athletic Training* 43 Supplement)

**Barron M**, Branta CF, Powell JW, Ewing ME, Gould DR, Maier KS, Malina RM, Moore MT, Dompier TP, Morano PJ, Miller S. Effects of P.R.E.P.A.R.E. Injury Prevention Program on the Time-Loss and Non-Time-Loss Injury Rates in Youth Football. Presentation at National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2007; Anaheim, CA. (*Journal of Athletic Training* 42 Supplement)

Morano P, Malina RM, **Barron MJ**. The Influence of Body Size and Maturity Status on Perception of Risk of Injury in Youth Football Players: Presentation at the American College of Sports Medicine Annual Conference; 2007; New Orleans, LA.

**Barron MJ.**, Branta CF, Powell JW, Ewing ME, Gould DR, Maier KS, Malina RM, Moore MT, Dompier TP, Morano PJ, Miller SJ. Effects of P.R.E.P.A.R.E. Injury Prevention Program’s Gradual Activity Plan on the Non Time Loss Injury Rate in Youth Football. Oral Presentation at National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2006; Atlanta, GA. (*Journal of Athletic Training* 41(2) Supplement, S-56).

Morano P, Malina RM, **Barron MJ.** Injuries in Youth Football: A Comparison of Injury Rates, Body Size and Biological Maturity Between Two Community Youth Football Programs: American College of Sports Medicine Annual Conference; 2006; Denver, CO.

Dompier T, Powell J, Malina R, **Barron M**, Moore M. Construct Validity of a Noninvasive Method of Maturity Estimation in Youth Football Players. *Journal of Athletic Training* 41:2 Supplement: S22. Paper presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2006; Atlanta, Georgia.

Moore M, Powell J, Covassin T, **Barron M**, Dompier T, Malina R, Morano P, Miller S. The Effects of Injury on Perceived Risk in Youth Football.  *Journal of Athletic Training* 41:2 Supplement: S22. Paper presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2006; Atlanta, Georgia.

Dompier TP, Powell JW, **Barron MJ,** Moore MT, & Malina RM. Analysis of time-loss and non-time-loss injuries among youth football players. *Journal of Athletic Training, 40*(2), S-46 & S-71. Paper presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2005; Indianapolis, Indiana.

Morano P, Malina RM, **Barron MJ.** Injuries in Youth Football: Exposure Rates and Variation during the Season: American College of Sports Medicine Annual Conference; 2005; Nashville, TN.

Morano P, Malina RM, **Barron MJ.** Injuries in Youth Football: Estimated Rates and Variation by Grade, Severity, Type and Position: American College of Sports Medicine Annual Conference; 2004; Indianapolis, IN.

Morano PJ, Malina RM, & **Barron MJ.** Injuries in Youth Football: Estimated Rates and Variation by Grade, Severity, Type and Position. *Medicine & Science in Sports & Exercise*, *36*(5) Supplement: S275-276. Paper presented at the American College of Sports Medicine Annual Meeting; 2004.

Morano PJ, Malina RM, & **Barron MJ**. Body size and incidence of injury in youth football. *Medicine & Science in Sports & Exercise, 34*(5) Supplement: S2. Paper presented at the American College of Sports Medicine Annual Meeting; 2002.

Malina RM, **Barron MJ**, Miller S, Cumming S, & Morano PJ. Application of a Non-Invasive Maturity Indicator in the Study of Injuries in Youth Football. *Journal of Athletic Training* 37:2 Supplement: S30. Paper presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2002; Dallas, Texas.

**Barron MJ**, Powell JW, Malina RM, Nogel SE. The Assessment of First Aid and Injury Prevention Knowledge and the Decision Making Abilities of Youth Basketball, Soccer, and Football Coaches. Poster Presentation at National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2002; Dallas, TX. (*Journal of Athletic Training* 37(2) Supplement: S71)

Morano P, Malina RM, **Barron MJ.** Body Size and Incidence of Injury in Youth Football: American College of Sports Medicine Annual Conference; 2002; St. Louis, MO.

**Scholarly Presentations**

Chandra A, **Barron M**, Westerman B, DePietro L. Sex Differences in Head Injuries Among Collegiate Soccer Players: NCAA ISS, 2004-2009. American College of Sports Medicine; 2017 May 30-June 3; Denver, CO.

Jones C, Visek A, Chandran A, **Barron M**, Hayman M. An Investigation of Relative Age Effect in Youth Football. George Washington University Research Days; 2017 April; Washington, DC

Chandra A, **Barron M**, Westerman B, DePietro L.Time Trends in Incidence and Severity of Injury Among NCAA Soccer Players, 1990-1996 and 2004-2009. American College of Medicine; 2016 May 28-June 1; Boston, MA.

**Barron MJ,** Tyner M, Rupp P. Lesser trochanter avulsion fracture to labral tear: or labral tear to a lesser trochanter avulsion fracture? Poster Presentation Pennsylvania Athletic Trainers’ Society Annual Meeting; 2012; June; Lancaster, PA.

**Barron M**., Branta CF, Powell JW, Ewing ME, and Marier KS. Comparison of Coaches' First-Aid and Injury Prevention Knowledge Between Coaches Who Took and Those Who Did Not Take the P.R.E.P.A.R.E. Program. Poster Presentation at Eastern Athletic Trainers’ Association 61st Convention; 2009 January 9-12; Boston, MA.

**Barron MJ,** Branta CF, Powell JW, Ewing ME, Marier KS. Coaches First-Aid and Injury Prevention Knowledge and Knowledge Retention After Taking the P.R.E.P.A.R.E. Program. Poster Presentation atNational Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2008; St. Louis, MO. (*Journal of Athletic Training* 43 Supplement)

**Barron MJ.**, Branta CF, Powell JW, Ewing ME, Gould DR, Maier KS., Malina R.M., Moore M.T., Dompier T.P., Morano P.J., Miller S.J. Effects of P.R.E.P.A.R.E. Injury Prevention Program on the Time-Loss and Non-Time-Loss Injury Rates in Youth Football. Presentation at National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2007; Anaheim, CA. (*Journal of Athletic Training* 42 Supplement)

**Barron MJ**, Branta CF, Powell JW, Ewing ME, Gould DR, Maier KS. First-Aid and Injury Prevention Knowledge Retention. Poster Presentation at Southeastern Athletic Trainers’ Association’ Regional Conference; 2007.

Morano P, Malina RM, **Barron MJ.** The Influence of Body Size and Maturity Status on Perception of Risk of Injury in Youth Football Players. Presentation at the American College of Sports Medicine Annual Conference; 2007; New Orleans, LA.

**Barron MJ**, Branta CF, Powell JW, Ewing ME, Gould DR, Maier KS, Malina RM, Moore MT, Dompier TP, Morano PJ, Miller SJ. Effects of P.R.E.P.A.R.E. Injury Prevention Program’s Gradual Activity Plan on the Non Time Loss Injury Rate in Youth Football. Oral Presentation at National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2006; Atlanta, GA. (*Journal of Athletic Training* 41(2) Supplement, S-56)

**Barron MJ**, Branta CF, Powell JW, Ewing ME, Gould DR, Maier KS, Malina RM, Moore MT, Dompier TP, Morano PJ, Miller SJ. Effects of P.R.E.P.A.R.E. Injury Prevention Program’s Gradual Activity Plan on the Time Loss Injury Rate in Youth Football. Presented at the Great Lakes Athletic Trainers’ Association Annual Meeting; 2006; Madison, WI.

Barron MJ, Powell JW, Ewing ME, & Nogel SE. The Relationship Between Previous First Aid Experience and Scores on a First Aid Assessment. Presented at the National Council for Accreditation of Coaching Education; 2006; Michigan State University, East Lansing, MI.

Morano, P., Malina, R.M., **Barron, M.J.** Injuries in Youth Football: A Comparison of Injury Rates, Body Size and Biological Maturity Between Two Community Youth Football Programs. American College of Sports Medicine Annual Conference; 2006; Denver, CO.

Dompier T, Powell J, Malina R, **Barron M,** Moore M. Construct Validity of a Noninvasive Method of Maturity Estimation in Youth Football Players. *Journal of Athletic Training* 41:2 Supplement: S22. Paper presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2006; Atlanta, Georgia.

Moore M, Powell J, Covassin T, **Barron M**, Dompier T, Malina R, Morano P, Miller S. The Effects of Injury on Perceived Risk in Youth Football. Paper presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2006; Atlanta, Georgia. (*Journal of Athletic Training* 41(2) Supplement, S-22)

Dompier TP, Powell JW, **Barron MJ,** Moore MT, & Malina RM. Analysis of time-loss and non-time-loss injuries among youth football players. *Journal of Athletic Training, 40*(2), S-46 & S-71. Paper presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2205; Indianapolis, Indiana. (*Journal of Athletic Training* 40(2) Supplement, S-46 & 71)

Morano P, Malina RM, **Barron MJ.** Injuries in Youth Football: Exposure Rates and Variation during the Season. American College of Sports Medicine Annual Conference; 2005; Nashville, TN.

Morano P, Malina R, **Barron MJ.** Injuries in Youth Football: Estimated Rates and Variation by Grade, Severity, Type and Position. Connecticut State University Faculty Research Conference; 2004; New Britain CT.

Morano P, Malina RM, **Barron MJ.** Injuries in Youth Football: Estimated Rates and Variation by Grade, Severity, Type and Position. American College of Sports Medicine Annual Conference; 2004; Indianapolis, IN.

Morano PJ, Malina RM, & **Barron MJ**. Injuries in Youth Football: Estimated Rates and Variation by Grade, Severity, Type and Position. Paper presented at the American College of Sports Medicine Annual Meeting; 2004. (*Medicine & Science in Sports & Exercise*, *36*(5) Supplement: S275-276)

Morano PJ, Malina RM, & **Barron MJ**. Body size and incidence of injury in youth football. Paper presented at the American College of Sports Medicine Annual Meeting; 2002. (*Medicine & Science in Sports & Exercise, 34*(5) Supplement: S2)

Malina RM, **Barron MJ**, Miller S, Cumming S, & Morano PJ. Application of a Non-Invasive Maturity Indicator in the Study of Injuries in Youth Football. Paper presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposium; 2002; Dallas, Texas. (*Journal of Athletic Training* 37:2 Supplement: S30)

**Barron MJ**, Powell JW, Malina RM, Nogel SE. The Assessment of First Aid and Injury Prevention Knowledge and the Decision Making Abilities of Youth Basketball, Soccer, and Football Coaches. Poster Presentation at National Athletic Trainers' Association Annual Meeting and Clinical Symposium 2002; Dallas, TX. (*Journal of Athletic Training* 37(2) Supplement: S71)

Morano P, Malina RM, **Barron MJ.** Biological Maturity and Risk of Injury in Youth Football. Great Lakes Athletic Trainers Association; 2002; Columbus, OH.

Morano P, Malina RM, **Barron MJ.** Body Size and Incidence of Injury in Youth Football: Connecticut State University Faculty Research Conference; 2002; New Haven, CT.

Morano P, Malina RM, **Barron MJ.** Body Size and Incidence of Injury in Youth Football: American College of Sports Medicine Annual Conference; 2002; St. Louis, MO.

**University Service**

* Department

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| 2019 - Present | Undergraduate Curriculum Committee Chair |
| 2017 | Exercise Physiology Faculty Search Committee; Member |
| 2016 | Department Chair Search Committee; Member |
| 2014 – Present | Undergraduate Curriculum Committee; Member |
| 2014 – Present | Graduate Assistant Selection Committee; Member |
| 2011 | Writing and Assessment in the Disciple; Member |
| 2009 – Present | Red Cross Instructor |
| 2009 – 2014 | Clinical Coordinator of Athletic Training Education Program |

* School

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| 2019 | GW Research Days;  Research Poster Judge |
| 2019 - 2021 | Ad-Hoc Undergraduate Planning and Practice Committee; Chair |
| 2018 | SPH Representative for the University Commencement Committee; Graduation Marshall & Primary Point of Contact for the School |
| 2016 | Strategic Planning Process Breakout Session on Undergraduate Public Health Education; Co-Chair |
| 2016 – Present | Floor Warden; Member |
| 2015 – Present | Inside GW; Faculty Representative & Building Tour Guide |
| 2015 | Floor Warden First Aid Training |
| 2014 | Undergraduate Expansion Task Force; Member |
| 2012 | Community Health Strategic Planning Group; Member |

* University

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| 2018 - Present | University Hearing Board Committee  Faculty Justice, Appellate Division; Chair |
| 2016 - Present | GW Athletics Council; Member |
| 2015 – Present | Faculty Senate Athletics & Recreation Committee; Member |
| 2014 – 2018 | University Hearing Board Committee  Faculty Justice, Appellate Division; Member |
| 2010 – Present | Academic Integrity Council; Member |

**Community Service**

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| March – June 2022 | Twilight Camp; Lead Instructor  Developed First Aid Curriculum and lead curriculum during Twilight Camp in June 2022  Organization: Boy Scout Troop 1137 |
| June 2019 – Present | Merit Badge Counselor. (Athletics, First Aid, Health Care Professionals, Personal Fitness, Public Health, and Safety) |
| March -June 2019 | Twilight Camp; Lead Instructor  Developed First Aid Curriculum and lead curriculum during Twilight Camp in June 2019  Organization: Boy Scout Troop 1137 |
| February 2019 | Cub Scout – Webelos; Lead Instructor  First Aid Session  Organization: Cub Scout Pack 1862 |
| February 2018 | Cub Scout – Webelos; Lead Instructor  First Aid Session  Organization: Cub Scout Pack 1862 |
| June/July 2015 | World Police and Fire Games  Provided athletic training coverage to the athletes |
| February 2013 | Science Fair Judge  Organization: Saint Charles Catholic School |
| October 2011 | Webinar Development  Organization: Aplastic Anemia & MDS International Foundation |
| October 2010 | Prevention & Treatment of Non-Communicable Diseases  Organization: State Department’s International Visitor Leadership Program |
| 2010 - 2015 | TACfit (Thriving After Cancer Fitness)  Organization Thriving After Cancer  Role – overseeing the fitness testing and presenter at numerous meetings |
| 2010 - 2018 | Miriam’s Kitchen  Role – Director for blood pressure & blood glucose testing |

**Professional Society Membership and Leadership**

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| 2014 – 2015 | Human Anatomy & Physiology Society (HAPS) |
| 2009 – Present | Mid Atlantic Athletic Trainers’ Association (MAATA) |
| 2009 – Present | Virginia Athletic Trainers’ Association (VATA) |
| 2007 – 2009 | Eastern Athletic Trainers’ Association (EATA) |
| 2007 – 2009 | Pennsylvania Athletic Trainers’ Society (PATS) |
| 2006 – 2007 | Southeastern Athletic Trainers’ Association (SEATA) |
| 2006 – 2007 | Georgia Athletic Trainers’ Association (GATA) |
| 2004 – 2018 | North American Society for Psychology of Sport and Physical Activity (NASPSPA) |
| 2001 – 2006 | Great Lakes Athletic Trainers Association (GLATA) |
| 2001 – 2006 | Michigan Athletic Trainers Society (MATS) |
| 1999 – Present | National Athletic Trainers Association (NATA) |
| 1999 – Present | Mortar Board (Senior Honor Fraternity) |
| 1999 – 2000 | Phi Kappa Phi (Honor Fraternity) |
| 1999 – 2000 | Virginia Athletic Trainers Association (VATA) |

**Editorial Peer Review Activities**

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| 2007 – Present | Journal of Athletic Training; Reviewer |

**Teaching/Learning Portfolio**

Educational Program Leadership

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| 2014 – Present | Director of Field Experience (EXNS 3110) |

Courses Taught

* Courses Taught at GW
  + Professional Foundations in Exercise Science (3 credits)
  + Anatomy and Physiology, I (4 credits)
  + Anatomy and Physiology, II (4 credits)
  + Prevention and Care of Injuries (3 or 4 credits)
  + Kinesiology (3 or 4 credits)
  + Internship (now called Field Experience) (variable credits)
  + Medical Issues in Sports Medicine (3 credits)
  + Athletic Training Practicum II (3 credits)
  + Current Issues in Exercise Science (3 credits)
  + EXNS 4121 Athletic Training Practicum III (3 credits)
  + Athletic Training Practicum IV (3 credits)
  + Thesis Research (Graduate Level)
* Additional Courses Taught Previously
  + Healthy Lifestyles (3 credits)
  + First Aid and Personal Safety (3 credits)
  + Introduction to Kinesiology (3 credits)
  + Introduction to Athletic Training (3 credits)
  + Physical Growth and Motor Behavior (3 credits)
  + Clinical Rotations in Athletic Training (1-3 credits)
  + Therapeutic Modalities (4 credits)
  + Organization and Administration (3 credits)
  + Athletic Training Principles (3 credits)
  + Senior Seminar (3 credits)
  + Wellness for Life (1 credit)
  + Health Related Issues (1 credit)
  + Therapeutic Modalities (4 credits)
  + Therapeutic Exercise (4 credits)
  + Organization and Administration (3 credits)

Advising

Undergraduate Advising

2018-2019 – 11 students

2017-2018 – 30 students

2016-2017 – 27 students

2014-2015 – 25 students

2013-2014 – 43 students

2012-2013 – 30 students

2011-2012 – 30 students

2010-2011 – 19 students

Mentoring

2014 – Supervision of Undergraduate Honors Thesis (Penina Smith) project entitled "Hip Injuries in the National Collegiate Athletic Association (NCAA)".

Master’s Theses

2015 – 1; Chair)

2013 – 1 (Chair)

2012 – 1 (Committee Member)

2011 – 1 (Committee Member)

2010 – 1 (Committee Member)

2009 – 1 (Committee Member)