

Curriculum Vitae

Nitasha C. Nagaraj, DrPH

PERSONAL DATA

Business Address

Department of Prevention and Community Health
School of Public Health
George Washington University
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EDUCATION

B.A. 2003 University of Maryland Baltimore County
Major: Health Administration and Policy
Minor: Information Systems

MPH 2008 The George Washington University Milken Institute School of Public Health
Maternal and Child Health, Department of Prevention and Community Health

DrPH 2016 The George Washington University Milken Institute School of Public Health
Maternal and Child Health, Department of Prevention and Community Health
Department
Dissertation Advisor: Dr. Amita Vyas

PROFESSIONAL EMPLOYMENT

Assistant Teaching Professor, Department of Prevention and Community Health, The George Washington University, Milken Institute School of Public Health, 2021 –
Project Director, Campus COVID-19 Support Team, The George Washington University, Aug 2020 – Dec. 2021
Faculty Advisor, Campus COVID-19 Support Team, The George Washington University, Jan. 2021 – July 2022
Practicum Faculty Director, MPH@GW, The George Washington University, Milken Institute School of Public Health, 2016 -
Research Scientist, Department of Prevention and Community Health, The George Washington University, Milken Institute School of Public Health, 2016 – 2020
Senior Research Associate, Department of Prevention and Community Health, The George Washington University, Milken Institute School of Public Health, 2011 – 2016
Outreach Engagement Consultant, Department of Prevention and Community Health, The George Washington University, Milken Institute School of Public Health, 2009 - 2011
Senior Management Analyst, STG, International Inc., U.S. Department of Health and Human Services, Washington, DC 2010 - 2011
Senior Associate Analyst II, Homeland Security Studies & Analysis Institute (HSSAI), Arlington, VA, 2009 – 2010
Analyst, South Asia Region, Veratect, Arlington, VA, 2008 – 2009
Program Associate, National Association of County and City Health Officials (NACCHO), Washington, DC, 2005 – 2008

HONORS AND AWARDS

Awarded, GW Milken Institute School of Public Health People's Choice Award (2016) Inducted, Delta Omega Honor Society for Public Health (2016- present) Excellence Award 2nd & 4th Quarter, HSSAI, (FY 2010) Finalist – Employee of the Year Award, NACCHO, (2007)

RESEARCH GRANTS/CONTRACTS (AWARDED)

Girl Rising Vyas, Amita (PI) 09/01/22 – 07/31/23

Funder: Girl Rising - Credit Suisse Financial Education Initiative

Funding Amount: \$50,000

Objective: To develop MEL tools, build capacity in local teams to conduct data collection, analyze the aggregated data and draft reports summarizing learnings and takeaways from project implementation that can be incorporated into future programming in Ghana and Mexico.

Role: Evaluator/Project Director/Co-PI

RESEARCH GRANTS/CONTRACTS (COMPLETED)

1U1TR001876-01 Guay Woodford, Lisa (PI) 07/01/16-06/30/21

The Clinical Translational Science Institute at Children's National

Funder: National Center for Advancing Translational Sciences National Institutes of Health

Funding Amount: \$4,770,558

Objective: Provide state-of-the-art, flexible resources required by clinical and translational researchers; promote multidisciplinary clinical and translational research (CTR); promote demographic diversity and address health disparities; incorporate effective and sustained collaboration with community partners; ensure research efficiency.

Role: Evaluator

GAGE: Gender and Adolescence Global Evidence Vyas, Amita (sub-award) 5/1/19 – 1/30/21

Funder: GAGE/UK AID

Funding Amount: \$65,000

Objective: Develop and test measures on gender attitudes, voice, and agency for adolescents in India and Nepal.

Girl Rising Impact Framework Vyas, Amita (PI) 2/1/20 – 7/30/20

Funder: Girl Rising & Nielsen Foundation

Funding Amount: \$27,592

Objective: To develop a monitoring and evaluation toolkit for Girl Rising campaigns, and to develop a theory of change model and framework for how media and campaigns yield social impact.

Role: Evaluator/Project Director

HHSP23320095635WC McDonnell, Karen (PI) 07/01/16-06/30/20

Accomplishments of the Domestic Violence Hotline, Online Connections and Text (ADVHOCaT)

Funder: Department of Health and Human Services; Administration for Children and Families;

Administration on Children, Youth and Families; Family and Youth Services Bureau Office of Family Violence Prevention and Services Act (FVPSA)

Funding Amount: \$394,080 (Phase I)

Objective: To evaluate the National Domestic Violence Hotline and the National Dating Abuse Helpline ("Love is Respect"). An expert panel will serve to strategize and implement a complete evaluation secondary and primary data collection efforts. The evaluation information will be used to communicate and disseminate the accomplishments of the NDVH/NDAH and foster the creation of an efficient and effective process and performance monitoring system.

Videos for Empowerment (VoE) Vyas, Amita (sub-award) 4/1/18 – 12/31/18
 Funder: U.S. Department of State
 Funding Amount: \$44,000
 Objective: Produce 12 girls/women’s empowerment videos and implement a social media campaign.
 Role: Project Director

Gender-Based Violence Prevention and Treatment Vyas, Amita (sub-award) 9/1/17 – 8/31/18
 Funder: U.S. Department of State, New Delhi Embassy
 Funding Amount: \$125,000
 Objective: Present at 5 workshops in Tier 2 cities of India on effective communication strategies for GBV prevention.
 Role: Project Director

Girl Rising India Campaign: Evaluation Study Vyas, Amita (PI) 9/1/16 – 8/31/18
 Funder: Girl Rising & Paperseed Foundation
 Funding Amount: \$93,000, \$12,000 (Gift)
 Objective: Pilot evaluation of the Girl Rising India Dreamers Media Campaign and the Schools Gender Curriculum (n=2000), including social media analytics, teacher and student interviews, and pre/post surveys of students.
 Role: Evaluator

Girl Rising Survey in India Vyas, Amita (PI) 3/1/2016 – 12/31/16
 Funding Amount: \$18,000
 Funder: Girl Rising/USAID ENGAGE
 Objective: Development and analysis of a household survey in India
 Role: Project Director

5UL1RR031988/5UL1 TR000075 Guay-Woodford, Lisa (PI) 6/2010 – 6/2015
 Clinical and Translational Science Institute
 Funder: National Institutes of Health National Center for Research Resources
 Funding Amount: \$3,857,629
 Objective: The specific objectives of the CTSI-CN are to: 1) provide state-of-the-art, flexible resources required by clinical and translational researchers; 2) promote multidisciplinary clinical and translational research (CTR); 3) strengthen CTR education and training for diverse trainees at all stages of career development; 4) promote demographic diversity and address health disparities; 5) incorporate effective and sustained collaboration with community partners; 6) ensure research efficiency; and 7) establish bi-directional collaborations with the CTSA network. The CTSI-CN will lend its unique perspective on pediatric health issues and urban health disparities to the already distinguished members of the CTSA network.
 Role: Evaluator

UL1RR031988 Vyas, Amita (PI) 2/1/2011 – 6/30/2012
 Diabetes Prevention Study (DPS)
 Funding Amount: \$50,000
 Funder: National Institutes of Health National Center for Research Resources
 Objective: This pilot project brings together an interdisciplinary team of experts to conduct mixed-methods research to examine physical activity and nutrition among South Asian American (SAA) families in the Washington D.C. region.

PUBLICATIONS

Articles in Referred Journals

Chandarana, S., **Nagaraj, N.**, Landry, M., Vyas, A. (2023). Exploring Voice and Agency Among Adolescents in South Asia: A Vignettes-Based Approach. *International Journal of Adolescence and Youth*. *Under Review*.

Zigo, L., Wilkinson, A., Landry, M., Castel, A., Vyas, A., McDonnell, K., **Nagaraj, N.**, Goldman, L. (2023). Use of Rapid Antigen Tests to End Isolation in a University Setting. *JIMR Formative Research*.

Landry, M., Bornstein, S., **Nagaraj, N.**, Sardon, G.A, Castel, A., Vyas, A., McDonnell, K, Agneshwar, M., Wilkenson, A., Goldman, L. (2022). Post-acute Sequelae of SARS-COV-2 in a University Setting. *Emerging Infectious Diseases*. December 2022.

Landry, M., Vyas, A., **Nagaraj, N.**, Sardon, G., Bornstein, S., Latif, H., Kucherlapy, P., McDonnell, K., Castel, A., Goldman, L. (2022). Characteristics of student SARS-CoV-2 cases on an urban university campus: An Observational Study. *Interactive Journal of Medical Research*.

Vyas, A., **Nagaraj, N.**, Chandarana, S., Landry, M. (2022). Adolescent well-being during the COVID-19 pandemic in India. *Journal of Community Medicine and Public Health*, 9(9). DOI: <https://dx.doi.org/10.18203/2394-6040.ijcmph20222086>

Nagaraj, N. Landry, M., Hingorani, R., Luintel, J., and Vyas, A. (2022). Adolescents in the time of COVID: Findings from India and Nepal. *Adolescents*, 2(1): 1-10. DOI: <https://doi.org/10.3390/adolescents2010001>.

Towers, S.A., Gemechu, N.B., **Nagaraj, N.C.**, Landry, M. M., Beane, P.C., Sardon, G.A., Weiss, E.C. Lui, C.M., Park, D.E., Aziz, M., Goldman, L.R., Vyas, A.N., McDonnell, K.A., Castel, A.D., and The George Washington University Campus COVID-19 Support Team. (2022). SARS-CoV-2 Surveillance and Outbreak Response on an Urban American College Campus. *Journal of American College of Health*.

Vyas, A.N., **Nagaraj, N.C.**, Teklay, W., Hingorani, R., Luintel, J., Landry, M.M. (2022). Measuring Agency, Voice, and Gender Attitudes Among Adolescents in South Asia. *Indian Journal of Youth and Adolescent Health*, 8(4): 8-21.

Vyas, A., Low, H., **Nagaraj, N.** (2021). Adolescent Girls in Guatemala: Can an Empowerment Program Change Perceptions of Gender Equity, Aspirations, and Communication? *Journal of Public Health International*, 4(2): 24-33. DOI: [10.14302/issn.2641-4538.jphi-21-3927](https://doi.org/10.14302/issn.2641-4538.jphi-21-3927)

Vyas, A., **Nagaraj, N.**, Genovese, J., Malhotra, G., Dubey, N., Hingorani, R., Manning, L. (2020). The Girl Rising ‘We Dream, We Rise’ Social Media Campaign in India: Reach, Engagement, and Impact. *Journal of Creative Communications*, 15(1): 106-124. DOI: <https://doi.org/10.1177/0973258619878354>.

Vyas, A., Saunders, B., **Nagaraj, N.** (2020). A Qualitative Assessment of an Innovative Suicide Prevention and Treatment Approach: Contextual-Conceptual Therapy. *Journal of Public Health International*, 2(2): 28: 41. DOI: [10.14302/issn.2641-4538.jphi-20-3242](https://doi.org/10.14302/issn.2641-4538.jphi-20-3242).

Asher, S., **Nagaraj, N.**, Vyas A. (2020). How do College Students in India Respond to Gender-Based Violence (GBV)? *Journal of Public Health International*, 2(1): 27-39. DOI. 10.13302

Nagaraj, N., Vyas, A., Landry, M. (2019). Adolescents' Perceptions of Gender Discrimination in India: Do Perceptions Differ for Boys and Girls? *Journal of Public Health International*, 2(1): 1-

12. DOI: 10.14302/issn.2641-4538.jphi-19-2995.

Vyas, A.N, Malhotra, G., **Nagaraj, N.C.**, Landry, M. (2019). Gender Attitudes in Adolescence: Evaluating the Girl Rising Gender-Sensitization program in India. *International Journal of Adolescence and Youth*. DOI: 10.1080/02673843.2019.1598450

*Selected to be included in the Women and Public Policy Program's Gender Action Portal

Landry, M., Vyas, A., Malhotra, G., **Nagaraj, N.** (2019). Adolescents' Development of Gender Equity Attitudes in India. *International Journal of Adolescence and Youth*. DOI: 10.1080/02673843.2019.1590852

Nagaraj, N., Vyas, N.A., and McDonnell, K. (2018). Is there a Link Between Childhood Family Violence & Adult Health? Understanding Family Violence Amongst South Asian American Women. *Journal of Immigrant and Minority Health*. DOI: 10.1007/s10903-018-0829-z.

Nagaraj N., Vyas, A.N, McDonnell, K.A., DiPietro, L. (2017). Understanding Health, Violence, and Acculturation Among South Asian Women in the US. *Journal of Community Health, 1-9*. DOI: 10.1007/s10900-017-0450-4.

Robertson H, **Chaudhary N**, Vyas, A. (2016). An Exploration of Child Abuse Among South Asians in the U.S. *Journal of Immigrant and Minority Health, 18(4): 921-927*.

Vyas, A., **Chaudhary, N.**, Ramiah, K., & Landry, M. (2013). Addressing a Growing Community's Health Needs: Project SAHNA (South Asian Health Needs Assessment). *Journal of Immigrant and Minority Health, 15(3), 577-583*.

Vyas, A., **Chaudhary, N.**, Ramiah, K., Douglass, G. (2012). Risk Perceptions, nutrition, and physical activity among South Asian Women in the US: Does History of Gestational Diabetes Mellitus (GDM) matter?, *Health Journal, 4(12): 1263-1270*.

Chaudhary N., Vyas A., Ramiah, K. (2012). Addressing the Health Needs of South Asians: The Community Perspective, *Health Journal, 4 (10)*. DOI: [10.4236/health.2012.410121](https://doi.org/10.4236/health.2012.410121)

Chaudhary, N, Vyas, A., and Parrish, B. (2010). Community based Organizations Addressing South Asian American Health, *Journal of Community Health, 35(4): 384-391*.

Articles in Non-Refereed Journals

McDonnell, K.A., Vyas, A., Castel, A., **Nagaraj, N.**, and Landry, M. (2022). Keeping it close: The role of a campus COVID Support Team (CCST) in sustaining a safe and healthy university campus during COVID-19. *MedRxiv*. doi: <https://doi.org/10.1101/2022.05.01.22274540>.

Book Chapters

Hasain, M., Parekh, P., **Nagaraj, N.C.**, editors. Health of South Asians in the United States: Key Priorities for Education, Service, Research, Policy, Advocacy and Action. NY Routledge, 2017

TECHNICAL REPORTS

Vyas, A., Landry, M., **Nagaraj, N.**, Dubey, N., Hingorani, R. (2021) Capturing adolescents' agency, voice, and confidence through innovative research tools. Policy Brief. New York: Global

Health Strategies.

McDonnell, K.A., **Nagaraj, N.C.**, Fuerst, M.F. (2020). “Short-Term Outcomes after Contacting The National Domestic Violence Hotline and loveisrespect: Comparing Survivors to other Contactors”. OPRE Report #2020-119. Washington, DC: Office of Planning, Research, and Evaluation, Administration for Children and Families, U.S. Department of Health and Human Services.

McDonnell, K.A., **Nagaraj, N.C.** (2019). “An Evaluation of the National Domestic Violence Hotline and loveisrespect.” Prepared for the Administration for Children & Families, U.S. Department of Health and Human Services.

Pilot Evaluation of the Girl Rising Gender-Sensitization Program, 2018. Amita Vyas, PhD, **Nitasha Nagaraj, DrPH**, Megan Landry, DrPH, Gayatri Malhotra, MPH. Girl Rising and The George Washington University.

Evaluation of the Girl Rising ‘We Dream, We Rise’ Media Campaign 2016-2017 Report. **Nitasha Nagaraj, DrPH** Jordan Genovese, MPH, Nidhi Dubey, Richa Hingorani, Lauren Manning, Amita N. Vyas, PhD. Girl Rising and The George Washington University.

McDonnell, K.A., **Nagaraj, N.C.** (2017). “Who Contacts the National Domestic Violence Hotline and loveisrespect? Accomplishments of the Domestic Violence Hotline, Online Connections and Text.” Prepared for the Administration for Children & Families, U.S. Department of Health and Human Services.

McDonnell, K.A., **Nagaraj, N.C.**, Bingenheimer, J.B., Mead, K.H., Wood, S.F. Meltzer, R. (2017). “Preferred Method to Connect with the National Domestic Violence Hotline and loveisrespect; Accomplishments of the Domestic Violence Hotline, Online Connections and Text.” Prepared for the Administration for Children & Families, U.S. Department of Health and Human Services.

McDonnell, K.A., **Nagaraj, N.C.**, Bingenheimer, J.B., Mead, K.H., Wood, S.F. (2017). “Immediate Outcomes of Contacting The Hotline and LIR: Accomplishments of the Domestic Violence Hotline, Online Connections and Text.” Prepared for the Administration for Children & Families, U.S., Department of Health and Human Services.

Vyas A., **Chaudhary, N.**, Ramiah K., Abbasi, S. “SAHNA 2010: A South Asian Health Needs Assessment of the Washington, D.C. Region

SCHOLARLY POSTERS

National Poster Presentations

McDonnell K.A., **Nagaraj, N.** Short-term outcomes of contacting domestic and dating violence hotlines: The national domestic violence hotline and loveisrespect. [National Conference on Health and Domestic Violence](#). Chicago, IL: April 28, 2021.

Vyas, A., **Nagaraj, N.**, Landry, M., & Malhotra, G. (November 2018). Pilot Evaluation of the Girl Rising Gender-Sensitization Curriculum in India. Poster Presented at The George Washington University Diversity & Inclusion Summit, 2018, Washington, DC.

Landry, M., Vyas, A., Malhotra, G., & **Nagaraj, N.** (October 2018). *Gender attitudes and*

perceptions among adolescents in India: a critical time for change. Poster presented at RTI International Ending Gender Inequalities 2018, Johannesburg, South Africa.

Nagaraj, N., McDonnell, K., Mead, K. (2017). Observational Listening: Understanding the Role of TheHotline/LIR in providing safety and resources to Callers. Poster Presentation SAVIR

Nagaraj, C. N., Vyas, N. A., & McDonnell, K.A. (2016). Childhood Family Violence and Adult Health: Is there aLink? Poster session presented at Research Day of The George Washington University, Washington, DC.

Chaudhary, N, Vyas, A. “Review and Analysis of Community-Based Organizations Impacting South Asian Americans”, accepted for poster presentation at the *Annual George Washington University Medical Center Research Day, March 2009.*

Chaudhary, N, Vyas, A. “Review and Analysis of Community-Based Organizations Impacting South Asian Americans”, accepted for poster presentation at the *Annual Academy Health Research Meeting, July 2009.*

Chaudhary, N, **Vyas, A.** “Review and Analysis of Community-Based Organizations Impacting South Asian Americans”, Poster presentation at the *New York University Center Studies Asian and American Health, New York NY. October 2009.*

Selected Oral Presentations (Panels & Workshops)

Effective Communication Strategies for Prevention and Treatment of Gender-Based Violence in India (2018), Bhopal, Ranchi, Jodhpur India.

Hassain, M., Parekh, P., **Nagaraj, N.C.** Health of South Asians in the United States: Key Priorities for Education, Service, Research, Policy, Advocacy and Action. American Public Health Association (APHA) Annual Meeting and Exposition. Atlanta, GA. (2017)

Chaudhary, N., Kosi, R., Shah, S., Bahri, S. “A Diagnosis of Health Care Issues Affecting South Asian Community”. Panel Discussion, SAALT South Asian Summit, April 2011.

Chaudhary, N., Vyas, A, Ramiah K, and Abbasi, S. Perceptions of Health Needs & Priorities: A Sample of National Community Based Organizations and A Sample of South Asians Living in the Washington DC Metropolitan Area accepted for oral presentation at the American Public Health Conference 2010.

UNIVERSITY SERVICE (The George Washington University)

Department of Prevention and Community Health

Co-Chair, Search Committee for Senior Program Associate, PCH Practicum & Doctoral Programs (2018)

Community Service

Board Director, Global India Fund (2014 – Present)

Board Member, Domestic Violence Resource Group (2020 – 2022)

Member, Asian American Pacific Islander Diabetes Initiative, American Diabetes Association (2011-2014)

Board Chair, South Asian Public Health Association (2011- 2013)

Board Co-Chair, South Asian Public Health Association (2009 - 2011)

6th Grade Tutor, AHC, Inc. (2010– 2011)

EDITORIAL PEER REVIEW ACTIVITIES

Grant Reviewer (Volunteer)

DC Children and Youth Investment Trust Corporation (2013)

Editorial (Volunteer)

Reviewer, Journal of Immigrant & Minority Health, 2019 2020, 2021, 2022

Reviewer, Progress in Community Health Partnerships: Research, Education,
and Reviewer, Violence Against Women

Reviewer, Journal of Health Disparities Research and Practice

Reviewer, Women & Health

Reviewer, BMC Public Health, 2022

Reviewer, Journal of Neuroscience and Behavioral Health, 2022

Co-Editor, APHA Community Health & Prevention Newsletter (2010)

Reviewer, APHA 2023 Annual Meeting, Asian & Pacific Islander Caucus for Public Health (2023)

TEACHING/LEARNING PORTFOLIO

Courses

Women's Health – Course Director, PUBH 6555: (2 credits, 15 students), Fall 2022, Spring 2023

*Designed & Created of micromasters EdX version (2023)

Fundamentals of Program Evaluation, PUBH 6009: (2 credits, 20-50 students), Summer 2020, Summer 2021, Fall 2021, Fall 2022

Reproductive Health: U.S. & Global Perspectives, PUBH 6555: (2 credits, 25-30 students), Spring 2021, Spring 2022, Spring 2023

Senior Seminar, PUBH 4140: (2 credits, 25-30 students), Spring 2021, Spring 2022, Fall 2022

Community Engagement & Advocacy (Course Co-Director), MPH@GW, PUBH 6054: (2 credits, 15 students) – 2016, 2017, 2018, 2019, 2020, 2021, 2022

Health Disparities, MPH@GW, PUBH 6014: (2 credits, 15 students) – 2016, 2017, 2018, 2019, 2020

Leading Self and Teams in Public Health I, PUBH 6021 (1 credit, 30 students) – 2019, 2020

Introduction to Social Entrepreneurship – Study Abroad Course: Course Coordinator

India, 2012

South Africa, 2013

Evaluation Methods. Teaching Assistant: Spring 2013, Fall 2014, Fall 2015, Fall 2016

Maternal and Child Health Nutrition. Teaching Assistance: Spring 2014

Students and Trainees: Advising/Mentoring

Master of Public Health – 3 students (Spring 2023)

Mentored Research

Faculty Mentor, Jennifer Farnsworth, Capital Connection Fund Award, \$1,000 – 2022

Faculty Mentor, Alyssa Baer, Capital Connection Fund Award, \$1,000 – 2022

Faculty Mentor, Alyssa Baer, Donald Strong Excellence in Community Health Award, 2023

Faculty Mentor, CE Group Advising – Anisa Amiji, Corina Galindo, Grace Dease, Addison Montgomery, Bailey Newton, and Maria Wallace, Maternal and Child Health CE Award, 2023

TRAININGS

Assessment of Diversity, Equity, Inclusion, and Justice (DEIJ) in Prevention and Public Health Education Curricula, Association for Prevention Teaching and Research - February 10, 2023

MCH CityMATCH, MCH CityLeaders Training -