

Milken Institute School of Public Health

THE GEORGE WASHINGTON UNIVERSITY

MELISSA A. NAPOLITANO, PH.D.

PERSONAL DATA

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EDUCATION AND TRAINING

UNDERGRADUATE EDUCATION	DATES	DEGREE/YR/SUBJECT
Yale University New Haven, CT 06520	1989-1993	B.A., 1993, Psychology

GRADUATE EDUCATION

Duke University (<i>APA Accredited</i>) Durham, NC 27710	1994-1996	M.A., 1996, Clinical Psychology
Duke University (<i>APA Accredited</i>) Durham, NC 27710	1996-1999	Ph.D., 1999, Clinical Psychology

POSTGRADUATE TRAINING

Psychology Intern, Brown University Clinical Psychology Training Consortium.
(*APA Accredited*)
Providence, Rhode Island.
Specialized in Health Psychology/Behavioral Medicine 1998-1999

Post-doctoral Fellow, Brown University Clinical Psychology Fellowship Program.
Providence, Rhode Island.
Specialized in Health Psychology/Behavioral Medicine 1999-2000

Physical Activity and Public Health Research Training Seminar.

*A post-graduate course devoted to research directions in physical activity and public health.
Sponsored by the CDC and University of South Carolina School of Public Health* 1999

GW Academic Leadership Academy

Nominated and accepted to participate in the inaugural class of the academy 2019-2020

PROFESSIONAL LICENSURE

Rhode Island (Psychologist) PS 00731 2000-2006
Pennsylvania (Psychologist) PS 016123 2006-present

PROFESSIONAL EMPLOYMENT

ACADEMIC APPOINTMENTS

Professor 2017-present
Department of Prevention and Community Health
Secondary appointment, Department of Exercise and Nutrition Sciences
Milken Institute School of Public Health
Affiliate faculty, GW Global Food Institute (2024-present)
The George Washington University

Associate Professor (with Tenure since July 1, 2014)
Department of Prevention and Community Health
Secondary appointment, Department of Exercise and Nutrition Sciences
Milken Institute School of Public Health
The George Washington University 2012-2017

Associate Professor, Department of Kinesiology 2006-2012
Temple University, Philadelphia, PA

Research Scientist, Center for Obesity Research and Education 2006-2012
Temple University, Philadelphia, PA

Secondary appointment, Department of Public Health 2007-2012
Temple University, Philadelphia, PA

Adjunct Associate Professor, Department of Biology 2011-2012
College of Science and Technology
Temple University, Philadelphia, PA

Assistant Professor, Psychiatry and Human Behavior (Research) 2000-2006
Brown Medical School, Providence, RI

Adjunct Assistant Professor, Department of Psychology 2003
Brown University, Providence, RI

Post-doctoral Fellow, Centers for Behavioral and Preventive Medicine 1999-2000

Brown University/ The Miriam Hospital, Providence, RI

HOSPITAL APPOINTMENTS

Staff Psychologist 2000-2006
 The Miriam Hospital, Providence, RI

OTHER APPOINTMENTS

STOP Obesity Alliance, Associate Member 2013-present

Temple University Clinical Psychology Internship Faculty 2010-2011

Director, Behavioral Medicine Clinical Psychology Internship Rotation 2006-2010
 Temple University College of Health Professions and Social Work/
 Center for Obesity Research and Education, Philadelphia, PA
APA Accredited Internship

Brown University Clinical Psychology Internship Consortium Faculty,
 Behavioral Medicine Track 2000-2006

Project Director, Exercise Studies. Centers for Behavioral and Preventive Medicine
 Brown Medical School/The Miriam Hospital 2000-2002

Site Coordinator, National Institute on Aging Grant.
Exercise Advice by Human or Computer: Testing 2 Theories
 (#AG16587; Abby King, PI; Bess Marcus, PI of Subcontract) 1999-2004

HONORS AND AWARDS

Distinction in the Psychology Major	Yale University	1993
Graduate Fellowship/Assistantship	Duke University	1994-1999
<i>Association for the Advancement of Behavior Therapy</i>		
Obesity and Eating Disorders Graduate Student Researcher Award		1996
<i>Society of Behavioral Medicine</i> Citation Award		2002
Elected Fellow, Society of Behavioral Medicine		2018
Excellence in Teaching Award (Undergraduate)		
George Washington University, Milken Institute School of Public Health		2022
Finalist, Athletics Professor of the Year as voted by 400 student-athletes		
George Washington University		2023
Finalist, Research Mentor Award		
George Washington University and the Office of the Vice Provost for Research		2024

GRANTS

CURRENT

National Heart, Lung, and Blood Institute; #F31 HL167355 2023-2024
Understanding associations between timing of physical activity and health outcomes in young adults

Description: The research component of this predoctoral fellowship training award was to examine the association of the timing of physical activity and health outcomes, specifically cardiometabolic risk and obesity.

Total award=\$116,030 (\$44,922 in Year 1)

Role: Mentor; Principal Investigator: Bailey

COMPLETED

North Carolina affiliate of the American Lung Association; #LH-007 1998

Psychological Intervention for Patients Awaiting Lung Transplantation

Description: This Lung Health Research Dissertation Grant evaluated the efficacy of a telephone-based psychosocial intervention for patients awaiting lung transplantation. This study was the first to examine a telephone-based intervention to assist patients during the pre-surgical process.

Total award: \$12,500

Role: Principal Investigator

National Heart, Lung, and Blood Institute; #R01 HL64342 2000-2006

Exercise Instruction Via Phone and Print

Description: This randomized controlled trial was designed to determine the differential efficacy of intervention delivery channel (phone versus print versus wait list control) on physical activity adoption and maintenance in previously sedentary adults.

Total award: \$1,600,511.

Role: Co-Investigator and Project Director; Principal Investigator: Marcus

California Department of Health and the University of California at San Francisco 2000-2002

Tailored Exercise Intervention for Older Adults

Description: This implementation project was designed to increase physical activity promotion among senior citizens in the state of California, by delivering a tailored print-based program.

Total award: \$54,845

Role: Principal Investigator

Rhode Island Prevention Coalition and Rhode Island Department of Health 2000-2001

Worksite and Media Promotion of the Path to Health in Providence

Description: To expand upon the international "Path to Health" model and develop a health promotion campaign to increase awareness of the benefits and ways to be physically active and environmental (e.g., Path to Health) opportunities for being active.

Total award: \$23,177

Role: Principal Investigator

Robert Wood Johnson Foundation; #044224 2002-2005

Evaluating Self-Help Programs for Exercise Adoption and Maintenance in Women

Description: To implement and evaluate two print-based mailings programs for increasing physical activity among women.

Total award: \$749,343

Role: Principal Investigator

National Cancer Institute; #R01 CA77249S1 2003-2004

Exercise to Aid Smoking Cessation in Women (Supplement)

Description: Weight concerns and the fear of weight gain following smoking cessation may contribute to individuals continuing to smoke and to the unsuccessful maintenance of a quit attempt. Therefore, this study evaluated a cognitive-behaviorally based smoking cessation program plus exercise delivered through a community setting (i.e., the YMCA).

Total award: \$183,232

Role: Co-Investigator; Principal Investigator: Marcus

Scientist Development Grant from the American Heart Association; #0330255N 2003-2006

Development and Evaluation of a Tailored Exercise Intervention for Women

Description: To refine existing tailored physical activity materials to target the barriers and facilitators of women and implement a randomized controlled trial to examine the efficacy of these print materials for physical activity adoption and short-term maintenance in previously sedentary women.

Total award: \$355,039

Role: Principal Investigator

National Heart, Lung, and Blood Institute; #R01 HL069866 2003-2006

Interactive Technologies to Increase Exercise Behavior

Description: The purpose of this randomized controlled trial was to compare an Internet-based tailored physical activity intervention to a print-based tailored physical activity intervention in healthy, sedentary adults.

Total award: \$1,869,710

Role: Co-Investigator; Principal Investigator: Marcus

University of South Carolina 2005

Tailored Exercise Intervention for Older Adults. Part II: Analysis

Description: To evaluate an implementation project designed to increase physical activity promotion among senior citizens in the state of California, by delivering a tailored print-based program.

Total award: \$6,000

Role: Principal Investigator

National Cancer Institute; #R03 CA119712 2005-2008

Exercise to Aid Smoking Cessation in Adolescent Girls

Description: To conduct formative work to develop smoking cessation materials and an exercise protocol for college females, and implement a small randomized pilot trial to determine the preliminary efficacy of the intervention.

Total award: \$151,952

Role: Principal Investigator

National Heart, Lung, and Blood Institute #R01 HL64342S 2006-2009

Achieving Physical Activity Guidelines Through an Enhanced Print Intervention

Description: This randomized controlled trial evaluated an enhanced version of an individually tailored print intervention in an attempt to help a larger percentage of participants achieve the national recommendations for physical activity.

Total award: \$2,016,397

Role: Co-Investigator; Principal Investigator: Marcus

State of Pennsylvania, Department of Health 2006-2009

Treating Obesity and Its Consequences in Underserved Populations

Description: This randomized controlled trial compared the relative efficacy of an Internet vs. an In-Person maintenance program for participants who have undergone a behavioral weight control program. Recruitment and treatment delivery occurred in faith-based organizations in rural and urban underserved populations.

Total award: \$4,151,920

Role: Co-Investigator; Principal Investigators: Foster and Santamore

Temple University 2007-2008

Combining Treatment Approaches for Obesity and Depression

Description: This internally funded grant award was a pilot project to develop and evaluate a weight loss program for adults with clinical depression.

Total award: \$30,000

Role: Principal Investigator

State of Pennsylvania, Department of Health 2009-2010

Active Owls: Promoting Active Commuting and Physical Activity at Temple University

Description: To evaluate a multi-pronged approach to promote healthy lifestyles among students, faculty at staff at Temple University. Phase I assessed a social marketing campaign (“Bike Temple”) designed to promote active commuting via cycling among Temple University community members. Phase II evaluated a weight loss intervention aimed at college students using a technology-based approach that included social networking and text messaging.

Total award: \$100,000

Role: Principal Investigator

Temple University 2010

Virtual World Technology and Behavioral Weight Loss

Description: This internally funded Interdisciplinary Research Grant was designed to assess interest in using virtual reality (VR) and other avatar-based technologies for demonstrating and modeling weight loss behaviors and apply that information to develop and usability test an avatar-based technology program for modeling weight loss behaviors.

Total award: \$4,979

Role: Principal Investigator

National Institute of Child Health and Human Development; # F32 HD066939 2011-2013

Tailored parent training for pediatric weight management

Description: The research component of this postdoctoral fellowship training award aimed to develop and conduct a feasibility assessment of a tailored weight management program for

overweight/obese children and parents. The program will be adapted from evidence-based parenting interventions.

Total award=\$101,246

Role: Mentor; Principal Investigator: Hayes

The George Washington University 2013
EatRight.Edu: Development and usability testing of a nutrition and healthy eating educational platform

Description: This internally funded “Food for Thought” Research Grant was designed to conduct the formative work to develop and usability test an eLearning platform to promote healthy eating and ultimately prevent weight gain among college freshman.

Total award: \$35,500

Role: Principal Investigator with Posey

Living Heart Foundation 2013
Weight Loss After the League: A Program for Retired NFL Football Players

Description: This implementation project involved two phases. Phase 1 was to conduct the formative work to customize George Washington University’s state-of-the-art weight loss and exercise program for retired NFL players and their support. Phase 2 consisted of delivering the NFL-customized 6 month weight loss program to 10 retired players and their support person.

Total award: \$54,010

Role: Principal Investigator

National Institute of Diabetes and Digestive and Kidney Disease; #R01 DK100916 2014-2022
Translation of social media obesity treatment into two college campus communities

Description: This randomized controlled trial of 459 young adults examined the efficacy and cost of a social media weight loss program, as well as qualitatively assessing the sustainability infrastructure to support the program.

Total award: \$3,264,377

Role: Principal Investigator

National Institute on Aging; #R56 AG050661 2015-2017
Low Intensity Post Meal walking and Glycemic Control in Older People

Description: To examine whether low-intensity post-meal walking is an effective counter-measure to prolonged sitting for improving glycemic control and metabolic flexibility in older people at risk for type 2 diabetes

Total award: \$380,422

Role: Co-Investigator; Principal Investigator: DiPietro

National Heart Lung and Blood Institute; # R21 HL124443 2015-2017
Calculation of Percent Body Fat by Analyzing Virtual Body Models

Description: To develop a new method to capture the 3D surface and shape of a human body and a new method to use these data to calculate percent body fat. By making these tools widely available and economical, the proposed approach has the potential for major contributions in the assessment and treatment of obesity.

Total award: \$422,020

Role: Co-Investigator; Principal Investigator: Hahn

National Center for Advancing Translational Sciences; #U54 TR001359 2016-2021
Center for Translational Science Institute at Children's National (CTSI-CN)

Description: The mission of the Clinical and Translational Science Institute at Children's National (CTSI-CN) is to address the barriers and serve as a hub within the CTSA Network that is focused on the promotion of child health-related clinical and translational research.

Total award: \$25,568,642 (total funding for 7 projects)

Role: Co-Investigator and Co-Lead Participant and Clinical Interaction Module; Principal Investigator: Guay-Woodford

NIH National Institute on Minority Health and Health Disparities; #R21 MD011652 2017-2019
Fit4Mom: Digital Healthy Weight Program for African American Postpartum Women

Description: The *Fit4Mom* project pilot tested the feasibility and acceptability of mobile and social media to reduce GWG among African American postpartum women

Total award: \$452,241

Role: Principal Investigator, with Evans and Harrington

The George Washington University 2019-2021

Examining appetite regulation in weight loss treatment responders versus non-responders

Description: This internal Cross Disciplinary Research Award examined behavioral and the physiological mechanisms of appetite and weight regulation to understand how these factors affect treatment responsiveness.

Total award: \$49,653

Role: Principal Investigator with DiPietro

PUBLICATIONS (*denotes student or trainee)

ARTICLES IN REFEREED JOURNALS

1. Brownell, K. D., & Napolitano, M. A. (1995). Distorting reality for children: Body size proportions of Barbie and Ken dolls. *International Journal of Eating Disorders*, 18(3), 295-298. [https://doi.org/10.1002/1098-108X\(199511\)18:3%3C295::AID-EAT2260180313%3E3.0.CO;2-R](https://doi.org/10.1002/1098-108X(199511)18:3%3C295::AID-EAT2260180313%3E3.0.CO;2-R)
2. Szczepanski, R., Napolitano, M., Feaganes, J. R., Barefoot, J. C., Luecken, L., Swoap, R., Kuhn, C., Suarez, E., Siegler, I. C., Williams, R. B., & Blumenthal, J. A. (1997). Relation of mood ratings and neurohormonal responses during daily life in employed women. *International Journal of Behavioral Medicine*, 4(1), 1-16. https://doi.org/10.1207/s15327558ijbm0401_1
3. Slay, H. A., Hayaki, J., Napolitano, M. A., & Brownell, K. D. (1998). Motivations for running and eating attitudes in obligatory versus nonobligatory runners. *International Journal of Eating Disorders*, 23(3), 267-275. [https://doi.org/10.1002/\(SICI\)1098-108X\(199804\)23:3<267::AID-EAT4>3.0.CO;2-H](https://doi.org/10.1002/(SICI)1098-108X(199804)23:3<267::AID-EAT4>3.0.CO;2-H)

4. Moore, K. A., Babyak, M. A., Wood, C. E., Napolitano, M. A., Khatri, P., Craighead, W. E., Herman, S., Krishnan, R., & Blumenthal, J. A. (1999). The association between physical activity and depression in older depressed adults. *Journal of Aging and Physical Activity*, 7(1), 55-61. <https://doi.org/10.1123/japa.7.1.55>
5. Blumenthal, J. A., Babyak, M. A., Moore, K. A., Craighead, W. E., Herman, S., Khatri, P., Waugh, R., Napolitano, M. A., Forman, L. M., Appelbaum, M., Doraiswamy, P. M., & Krishnan, K. R. (1999). Effects of exercise training on older patients with major depression. *Archives of Internal Medicine*, 159(19), 2349-2356. <https://doi.org/10.1001/archinte.159.19.2349>
6. Napolitano, M. A., Head, S., Babyak, M. A., & Blumenthal, J. A. (2001). Binge eating disorder and night eating syndrome: Psychological and behavioral characteristics. *International Journal of Eating Disorders*, 30(2), 193-203. <https://doi.org/10.1002/eat.1072>
7. Napolitano, M. A., Babyak, M. A., Palmer, S., Tapson, V., Davis, R. D., & Blumenthal, J. A. (2002). Effects of a telephone-based psychosocial intervention for patients awaiting lung transplantation. *Chest*, 122(4), 1176-1184. <https://doi.org/10.1378/chest.122.4.1176>
8. Napolitano, M. A., & Marcus, B. H. (2002). Targeting and tailoring physical activity information using print and information technologies. *Exercise and Sport Sciences Reviews*, 30(3), 122-128. <https://doi.org/10.1097/00003677-200207000-00006>
9. Sciamanna, C. N., Lewis, B., Tate, D., Napolitano, M. A., Fotheringham, M., & Marcus B. H. (2002). User attitudes toward a physical activity promotion website. *Preventive Medicine*, 35 (6), 612–615. <https://doi.org/10.1006/pmed.2002.1103>
10. King, A. C., Friedman, R., Marcus, B., Castro, C., Forsyth, L., Napolitano, M., & Pinto, B. (2002). Harnessing motivational forces in the promotion of physical activity: The Community Health Advice by Telephone (CHAT) project. *Health Education Research*, 17(5), 627–636. <https://doi.org/10.1093/her/17.5.627>
11. Jakicic, J. M., Marcus, B. H., Gallagher, K. I., Napolitano, M., & Lang, W. (2003). Effect of exercise duration and intensity on weight loss in overweight, sedentary women: A randomized trial. *Journal of the American Medical Association*, 290(10), 1323–1330. <https://doi.org/10.1001/jama.290.10.1323>
12. Napolitano, M. A., Fotheringham, M., Tate, D., Sciamanna, C., Leslie, E., Owen, N., Bauman, A., & Marcus, B. (2003). Evaluation of an Internet-based physical activity intervention: A preliminary investigation. *Annals of Behavioral Medicine*, 25(2), 92–99. https://doi.org/10.1207/S15324796ABM2502_04
13. Emmons, K. M., McBride, C. M., Puleo, E., Pollak, K. I., Marcus, B. H., Napolitano, M., Clipp, E., Onken, J., Farraye, F. A., & Fletcher, R. (2005). Prevalence and predictors of

- multiple behavioral risk factors for colon cancer. *Preventive Medicine*, 40(5), 527–534.
<https://doi.org/10.1016/j.ypmed.2004.10.001>
14. Emmons, K. M., McBride, C. M., Puleo, E., Pollak, K. I., Clipp, E., Kuntz, K., Marcus, B. H., Napolitano, M., Onken, J., Farraye, F., & Fletcher, R. (2005). Project PREVENT: A randomized trial to reduce multiple behavioral risk factors for colon cancer. *Cancer Epidemiology, Biomarkers & Prevention*, 14(6), 1453–1459.
<https://doi.org/10.1158/1055-9965.EPI-04-0620>
 15. Napolitano, M. A., Lerch, H., Papandonatos, G. & Marcus, B. H. (2006). Worksite and communications-based promotion of a local walking path. *Journal of Community Health*, 31(4), 326–342. <https://doi.org/10.1007/s10900-006-9013-9>
 16. Gallagher, K. I., Jakicic, J. M., Napolitano, M. A., & Marcus, B. H. (2006). Psychosocial factors related to physical activity and weight loss in overweight women. *Medicine and Science in Sports and Exercise*, 38(5), 971–980.
<https://doi.org/10.1249/01.mss.0000218137.25970.c6>
 17. Lewis, B. A.*, Napolitano, M. A., Whiteley, J., & Marcus, B. H. (2006). The effect of preferences for print versus telephone interventions on compliance and attrition in a randomized controlled physical activity trial. *Psychology of Sport and Exercise*, 7(5), 453-462. <https://doi.org/10.1016/j.psychsport.2006.04.004>
 18. Williams, D.*, Papandonatos, G., Napolitano, M. A., Lewis, B., Whiteley, J. & Marcus, B. H. (2006). Perceived enjoyment moderates the efficacy of an individually tailored physical activity intervention. *Journal of Sport and Exercise Psychology*, 28(3), 300-309.
<https://doi.org/10.1123/jsep.28.3.300>
 19. Napolitano, M. A., Whiteley, J. A., Papandonatos, G., Dutton, G., Farrell, N. C., Albrecht A., Bock, B., Bazzarre, T., Sciamanna, C., Dunn, A. L., & Marcus, B. H. (2006). Outcomes from the Women’s Wellness Project: A community-focused physical activity trial for women. *Preventive Medicine*, 43(6), 447-453.
<https://doi.org/10.1016/j.ypmed.2006.06.011>
 20. Marcus, B. H., Napolitano, M. A., King, A. C., Lewis, B. A., Whiteley, J.A., Albrecht, A. E., Parisi, A. F., Bock, B. C., Pinto, B. M., Sciamanna, C. A., Jakicic, J. M., & Papandonatos, G. D. (2007). Examination of print and telephone channels for physical activity promotion: Rationale, design, and baseline data from Project STRIDE. *Contemporary Clinical Trials*, 28(1), 90-104. <https://doi.org/10.1016/j.cct.2006.04.003>
 21. Marcus, B. H., Napolitano, M. A., King, A. C., Lewis, B. A., Whiteley, J. A., Albrecht, A., Parisi, A., Bock, B., Pinto, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. D. (2007). Telephone versus print delivery of an individualized motivationally tailored physical activity intervention: Project STRIDE. *Health Psychology*, 26(4), 401–409.
<https://doi.org/10.1037/0278-6133.26.4.401>

22. Marcus, B. H., Lewis, B. A., Williams, D. M., Dunsiger, S., Jakicic, J. M., Whiteley, J. A., Albrecht, A. E., Napolitano, M. A., Bock, B. C., Tate, D. F., Sciamanna, C. N., & Parisi, A.F. (2007). A comparison of Internet and print-based physical activity interventions. *Archives of Internal Medicine*, 167(9), 944-949. <https://doi.org/10.1001/archinte.167.9.944>
23. Marcus, B. H., Lewis, B. A., Williams, D. M., Whiteley, J. A., Albrecht, A. E., Jakicic, J. M., Parisi, A. F., Hogan, J. W., Napolitano, M. A., & Bock, B. C. (2007). Step Into Motion: A randomized trial examining the relative efficacy of Internet vs. print-based physical activity interventions. *Contemporary Clinical Trials*, 28(6), 737-747. <https://doi.org/10.1016/j.cct.2007.04.003>
24. King, A. C., Friedman, R., Marcus, B., Castro, C., Napolitano, M., Ahn, D., & Baker, L. (2007). Ongoing physical activity advice by humans versus computers: The Community Health Advice by Telephone (CHAT) trial. *Health Psychology*, 26(6), 718-727. <https://doi.org/10.1037/0278-6133.26.6.718>
25. Sevick, M.A., Napolitano, M.A., Papandonatos, G. D., Gordon, A.J., Reiser, L.M., & Marcus, B.H. (2007). Cost-effectiveness of alternative approaches for motivating activity in sedentary adults: Results of Project STRIDE. *Preventive Medicine*, 45(1), 54-61. <https://doi.org/10.1016/j.ypmed.2007.04.008>
26. Whiteley, J. A., Napolitano, M. A., Lewis, B. A., Williams, D. M., Albrecht, A., Neighbors, C. J., Sciamanna, C. N., & Marcus, B. H. (2007). Commit to Quit in the YMCAs: Translating an evidence-based quit smoking program for women into a community setting. *Nicotine & Tobacco Research*, 9(11), 1227–1235. <https://doi.org/10.1080/14622200701648334>
27. Dutton, G. R.*, Napolitano, M. A., Whiteley, J. A., & Marcus, B. H. (2008). Is physical activity a gateway behavior for diet? Findings from a physical activity trial. *Preventive Medicine*, 46(3), 216–221. <https://doi.org/10.1016/j.ypmed.2007.12.012>
28. Williams, D. M., Matthews C. E., Rutt, C., Napolitano, M. A., & Marcus, B. H. (2008). Interventions to increase walking behavior. *Medicine and Science in Sports and Exercise*, 40(7 Suppl), S567–S573. <https://doi.org/10.1249/MSS.0b013e31817c7006>
29. O'Dougherty, M., Dallman, A., Turcotte, L., Patterson, J., Napolitano, M. A., & Schmitz, K. H. (2008). Barriers and motivators for strength training among women of color and Caucasian women. *Women & Health*, 47(2), 41–62. <https://doi.org/10.1080/03630240802092241>
30. Napolitano, M. A., & Foster, G. D. (2008). Depression and obesity: Implications for assessment, treatment, and research. *Clinical Psychology: Science and Practice*, 15(1), 21–27. <https://doi.org/10.1111/j.1468-2850.2008.00107.x>

31. Napolitano, M. A., Papandonatos, G. D., Lewis, B. A., Whiteley, J. A., Williams, D. M., King, A. C., Bock B. C., Pinto, B., & Marcus, B. H. (2008). Mediators of physical activity behavior change: A multivariate approach. *Health Psychology*, 27(4), 409-418. <https://doi.org/10.1037/0278-6133.27.4.409>
32. Williams, D. M., Lewis, B. A., Dunsiger, S., Whiteley, J. A., Papandonatos, G. D., Napolitano, M. A., Bock, B. C., Ciccolo, J. T., & Marcus, B. H. (2008). Comparing psychosocial predictors of physical activity adoption and maintenance. *Annals of Behavioral Medicine*, 36(2), 186-194. <https://doi.org/10.1007/s12160-008-9054-7>
33. Lewis, B., Williams, D., Dunsiger, S., Sciamanna, C., Whiteley, J., Napolitano, M., Bock, B., Jakicic, J., Getz, M., & Marcus, B. (2008). User attitudes towards physical activity websites in a randomized controlled trial. *Preventive Medicine*, 47(5), 508-513. <https://doi.org/10.1016/j.ypmed.2008.07.020>
34. McAndrew, L. M.*, Napolitano, M. A., Albrecht, A., Farrell, N. C., Marcus, B. H., & Whiteley, J. A. (2009). When, why and for whom there is a relationship between physical activity and menopause symptoms. *Maturitas*, 64(2), 119-125. <https://doi.org/10.1016/j.maturitas.2009.08.009>
35. Nademin, M. E.*, Napolitano, M. A., Xanthopoulos, M. S., Fava, J. L., Richardson, E., Marcus, B. (2010). Smoking cessation in college-aged women: A qualitative analysis of factors important to this population. *Addiction Research and Theory*, 18, 649-666. <https://doi.org/10.3109/16066351003660601>
36. Napolitano, M. A., Borradaile, K. E., Lewis, B. A., Whiteley, J. A., Longval, J. L., Parisi, A. F., Albrecht, A. E., Sciamanna, C. N., Jakicic, J. M., Papandonatos, G. D., & Marcus, B. H. (2010). Accelerometer use in a physical activity intervention trial. *Contemporary Clinical Trials*, 31(6), 514-523. <https://doi.org/10.1016/j.cct.2010.08.004>
37. Napolitano, M. A. & Himes, S*. (2011). Race, weight, and correlates of binge eating in female college students. *Eating Behaviors*, 12(1), 29-36. <https://doi.org/10.1016/j.eatbeh.2010.09.003>
38. Napolitano, M. A., & Hayes, S.* (2011). Behavioral and psychological factors associated with 12-month weight change in a physical activity trial. *Journal of Obesity*, 2011, 1–10. <https://doi.org/10.1155/2011/515803>
39. Napolitano, M. A., Lloyd-Richardson, E. E., Fava, J. L., & Marcus, B. H. (2011). Targeting body image schema for smoking cessation among college females: Rationale, program description, and pilot study results. *Behavior Modification*, 35(4), 323 - 346. <https://doi.org/10.1177/0145445511404840>
40. Williams, D. M., Papandonatos, G., Jennings, E.G., Napolitano, M. A., Lewis, B. A., Whiteley, J. A., Bock, B. C., Albrecht, A., Dunsiger, S., Parisi, A. F., King, A. C., & Marcus, B. H. (2011). Does tailoring on additional theoretical constructs enhance the

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CHAPTERS IN BOOKS

1. Blumenthal, J. A., Gullette, E. D., Napolitano, M. A., & Szczepanski, R. (1997). Behavioral and psychosocial issues of cardiac rehabilitation. In A. Leon (Ed.), *Physical activity and cardiovascular health: A national consensus* (pp. 162-174). Human Kinetics Press.

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10. Napolitano, M.A., Lewis, B., Whiteley, J.A., Ives, A. & Marcus, B. (2013). Theoretical foundations of physical activity behavior change. *ACSM's resource manual for guidelines for exercise testing and prescription* (7th ed.; pp.730-744). Lippincott, Williams & Wilkins.
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NON-PEER REVIEWED REPORTS

1. Napolitano, M. A., & Marcus, B. H. (2000). Breaking barriers to increased physical activity. *The Physician and Sportsmedicine*, 28, 88-93.
<https://doi.org/10.3810/psm.2000.10.1260>
2. Niaura, R., Napolitano, M. A., & Marcus, B. (2000). Combined effects of exercise and smoking cessation on serum lipids in women. *The American Journal of Medicine and Sports*, 2, 108-116.
3. Napolitano, M. & Bailey, C. (2022). How Universities Can Strategically Support Student Weight Loss. STOP Obesity Alliance June Newsletter.
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SCHOLARLY PRESENTATIONS (*denotes student or trainee)

CONFERENCE PROCEEDINGS

Regional/Campus Presentations

1. Napolitano, M.A., Neighbors, C., Marcus, B.H., Forsyth, L.H., Roberts, M. (2000, November). *Depression and the Transtheoretical Model: Evidence from cross-sectional and longitudinal data*. [Paper presentation]. New England American College of Sports Medicine Annual Meeting, Providence, RI.
2. Foxx, M.* & Napolitano, M. (2009, January). *“Thinking Thin”: Eating disorders and pro-eating disorder Internet usage*. [Poster presentation]. Diamond Research Scholar Ceremony and Temple University 125th Celebration, Harrisburg, PA. **M. Foxx was one of 13 Temple undergraduates to be a nominated student presenter for the Annual.**
3. Lynch, S.* & Napolitano, M. (2013, April). *Should I lose weight? Examination of the relationship between social networks, social norms and body weight in a college sample*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
4. Vargo, K.*, Napolitano, M., & Gutierrez, J. (2013, April). *Opening up online: Use of Facebook for disclosing personal health information*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
5. Ingersoll, R.N.*, Mavredes, M., Napolitano, M.A. (2018, April). *Exploring the relationship among role models, physical activity, and dietary behaviors among young adults enrolled in a weight management trial*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
6. DuBois, C.* & Napolitano, M. (2018, April). *Examining, race, weight, and mental health and young adults*. [Poster presentation]. The George Washington University Research Day, Washington, DC.

7. Lepping, K.* & Napolitano, M. (2018, April). *Active and passive stress management mechanisms in physically active young adults*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
8. Mavredes, M. & Napolitano, M.A. (2019, April). *Metabolic syndrome in young adults: Are they at risk and aware of it?* [Poster presentation]. The George Washington University Research Day, Washington, DC.
9. Shambon, B.*, Mavredes, M., & Napolitano, M.A. (2019, April). *Examining fasting insulin, glucose, and HbA1c for insulin sensitivity among young adults with overweight and obesity enrolled in a weight management clinical trial*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
10. Shah, D.*, Lee, K.*, Heinz, E., & Napolitano, M. (2019, April). *Physical activity among resident physicians: A literature review*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
11. Lee, K-M.*, Shah, D.*, Napolitano, M., & Heinz, E. (2019, April). *Burnout and resident physicians: A review of contributing factors*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
12. Wortham, D.* & Napolitano, M. (2021, April). *The impact of sickle cell disease on the antenatal experiences of women in the United States*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
13. Tiffany, L.*, Bailey, C., & Napolitano, M. (2022, April). *Analysis of pregnant people's perceptions of their ideal weight gain during pregnancy and their healthcare provider's communication of the IOM Weight Gain Recommendations*. [Poster presentation]. The George Washington University Research Day, Washington, DC.
14. Cuccia, A.F.*, DiPietro, L., Hayman, L.L., & Napolitano, M.A. (2024, April). *Changes in cardiovascular health among young adults in Healthy Body Health U measured by Life's Essential 8*. [Poster presentation]. The George Washington University Milken Institute School of Public Health Research Day, Washington, DC.

National Presentations

15. Gullette, E.D., Napolitano, M.A., & Blumenthal, J.A. (1995, April). *Physical fitness moderates blood pressure levels at home in hypertensive men and women with high home stress*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
16. Moore, K.A., Triplett, J.R., Logerstedt, D.S., Opiteck, J.A., Dominick, K.L., Napolitano, M.A., Babyak, M.A., & Blumenthal, J.A. (1996, March). *Depression as a moderator of perceived exertion during exercise in older adults*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, D.C.

17. Szczepanski, R., Napolitano, M.A., Feaganes, J., Leuken, L., Barefoot, J., Blumenthal, J.A., & Williams, R.B. (1996, March). *Mood ratings and neurohormonal responses of employed women during workdays*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, D.C.
18. Napolitano, M.A., Moore, K.A., Babyak, M.A., Dominick, K., Herman, S., Forman, L.M., & Blumenthal, J.A. (1997, April). *Predictors of exercise adherence in depressed older adults*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
19. Moore, K.A., Babyak, M.A., Logerstedt, D.S., Opiteck, J.A., Dominick, K.L., Napolitano, M.A., Padia, S., Forman, L.M., Herman, S., & Blumenthal, J.A. (1997, April). *The acute effects of exercise on mood in older adults*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
20. Moore, K.A., Babyak, M.A., Logerstedt, D.S., Opiteck, J.A., Dominick, K.L., Napolitano, M.A., Forman, L.M., Herman, S., & Blumenthal, J.A. (1997, April). *Level of depression and gender as moderators of perceived exertion during exercise in older adults*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
21. Napolitano, M.A., Head, S.B., Babyak, M.A., & Blumenthal, J.A. (1998, March). *Psychological and behavioral characteristics of Binge Eating Disorder and Night Eating Syndrome*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
22. Napolitano, M.A., Babyak, M.A., Tapson, V., & Blumenthal, J.A. (1999, March). *Development of a pulmonary-specific quality of life measure*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
23. Napolitano, M.A., Babyak, M.A., Tapson, V., & Blumenthal, J.A. (1999, March). *Quality of life and coping among lung transplantation candidates*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
24. Napolitano, M.A., Babyak, M.A., Tapson, V., & Blumenthal, J.A. (1999, November). *Telephone-based psychological intervention for patients awaiting lung transplantation*. [Poster presentation]. Association for the Advancement of Behavior Therapy Annual Meeting, Toronto, Canada.
25. Napolitano, M.A., Babyak, M.A., Tapson, V., & Blumenthal, J.A. (2000, April). *Relation of subjective and objective measures of disease to quality of life in pulmonary patients*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Nashville, TN.
26. Napolitano, M.A., Marcus, B.H., Tate, D., Sciamanna, C., Fotheringham, M., & Owen, N. (2000, April). *Who responds to web-based physical activity and weight loss programs?* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Nashville, TN.

27. Hiranniramol, S., Rounds, S., Napolitano, M., Panciera, T., & O'Brien, A. (2000, May). *Factors affecting compliance with long-term oxygen therapy*. [Poster presentation]. American Thoracic Society Annual Meeting, Toronto, Canada.
28. Marcus, B.H., Napolitano, M.A., Bazzarre, T., & Carpenter, R.A. (2000, June). *Delivering physical activity interventions by mail, telephone, and internet*. [Clinical workshop]. American College of Sports Medicine Annual Meeting, Indianapolis, IN.
29. Garber, C.E., Hesser, J., Buechner, J., Napolitano, M., & Marcus, B. (2000, June). *Who is physically active? Discordant survey results in Rhode Island*. [Poster presentation]. American College of Sports Medicine Annual Meeting, Indianapolis, IN.
30. Garber, C.E., Hesser, J., Marcus, B., Buechner, J., Napolitano, M., & Carleton, R.A., Nolan, P.A., & Waters, W.J. (2000, November). *Who meets the Surgeon General's recommendations? "Lifestyle" physical activity data from Rhode Island*. [Paper presentation]. American Public Health Association Annual Meeting, Boston, MA. Part of symposium entitled, "The Rhode Island Prevention Coalition: A public-private partnership model of statewide community activation for health promotion."
31. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N. & Marcus, B. (2001, March). *Lessons learned from recruitment for worksite-based Internet studies*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Seattle, WA.
32. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N. & Marcus, B.H. (2001, March). *Physical Activity Web: 1-month outcome data from an Internet-based physical activity study*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Seattle, WA.
33. Lewis, B.*, Napolitano, M.A., & Marcus, B.H. (2001, March). *A pilot study examining preferences for print vs. telephone interventions for physical activity*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Seattle, WA.
34. Napolitano, M.A. (2001, June). *Diagnosis and Measurement of Depression*. In Dunn, A. & Napolitano, M.A. (Co-Chairs). *Exercise and depression: Meeting standards to establish treatment efficacy*. [Symposium presentation]. American College of Sports Medicine Annual Meeting, Baltimore, MD.
35. Jakicic, J.M., Marcus, B.H., Page, M.L., Ferguson, E., Hicks, M., Gallagher, K., Kenney, M., Napolitano, M., & Wing, R.R. (2001, June). *Effect of exercise duration and intensity on fitness, weight loss, and body composition in overweight adults*. [Paper presentation]. American College of Sports Medicine Annual Meeting, Baltimore, MD.
36. Napolitano, M.A., Lerch, H., & Marcus, B.H. (2001, October). *Worksite and media promotion of a local walking path*. [Poster presentation]. Innovative Approaches to

Understanding and Influencing Physical Activity Conference at the Cooper Institute for Aerobics Research, Dallas, TX.

37. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N. & Marcus, B.H. (2002, April). *Preliminary outcome data from an Internet-based physical activity study*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Washington, D.C. **Citation Award.**
38. Sciamanna, C., Lewis, B., Tate, D., Napolitano, M.A., Fotheringham, M.J., & Marcus, B.H. (2002, April). *Testing the usability of a website promoting physical activity*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Washington, D.C.
39. Jakicic, J.M., Marcus, B.H., Page, M.L., Ferguson, E., Gallagher, K.I., & Napolitano, M. (2002, May). *Effect of exercise duration and intensity on 18-month weight loss and fitness in overweight adults*. [Paper presentation]. American College of Sports Medicine Annual Meeting, St. Louis, MO.
40. Goldberg, J. H., Kingston, S. J., Epel, E., Horgen, E. K., Napolitano, M., & Brownell, K. D. (2002, August). *Taste and stress-induced eating changes*. [Poster presentation]. Society for the Study of Ingestive Behavior Annual Meeting, Santa Cruz, CA.
41. Napolitano, M.A., Marcus, B., Forsyth, L., Friedman, R., Castro, C., & King, A. (2003, March). *Intrinsic motivation and physical activity: Key differences among older adults*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Salt Lake City, UT.
42. King, A.C., Friedman, R., Marcus, B., Napolitano, M.A., Castro, C., & Forsyth, L. (2003, March). *Increasing physical activity via humans or automated technology: The CHAT trial*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Salt Lake City, UT.
43. Whiteley, J.* Marcus, B., Napolitano, M., Gallagher, K & Jakicic, J. (2003, March). Psychosocial correlates of eating and exercise. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Salt Lake City, UT.
44. Marcus, B.H., Napolitano, M.A., & Lewis, B.A. (2003, May). *Print vs. telephone for physical activity promotion among adults: Project STRIDE*. In A. C. King (Chair), Exploring the “Cutting Edge” of Approaches for Promoting Regular Physical Activity. [Paper presentation]. 50th Annual Meeting of the American College of Sports Medicine, San Francisco, CA.
45. Jakicic, J.M., Gallagher, K.I., Ferguson, E., Marcus, B.H., & Napolitano, M. (2003, May). *Dose of exercise to promote long-term weight loss in overweight adults*. [Paper presentation]. 50th Annual Meeting of the American College of Sports Medicine, San Francisco, CA.

46. Gallagher, K.I., Jakicic, J.M., Ferguson, E.S., Marcus, B.H., & Napolitano, M. (2003, May). *Perceived barriers impact exercise participation during long-term weight loss.* [Paper presentation]. 50th Annual Meeting of the American College of Sports Medicine, San Francisco, CA.
47. Farrell, N.C., Napolitano, M.A., Semenyck, C.A., Tripolone, J.E., Whiteley, J.A., Bouchard, M. B. (2004, March). *Speaking the same language: Designing messages that attract volunteers.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
48. Napolitano, M.A., Whiteley, J.A., Farrell, N.C., Marcus, B., Albrecht A., & Bock, B. (2004, March). *Physical activity promotion among women: Evaluating two print-based approaches.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
49. Whiteley, J.A.* Napolitano, M.A., Farrell, N.C., Marcus, B. (2004, March). *Assessing cardiovascular risk factors in women.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
50. King, A.C., Friedman, R., Marcus, B., Napolitano, M.A., Castro, C., & Forsyth, L. (2004, March). *Increasing physical activity via humans or automated technology: 12-month results of the CHAT trial.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
51. Napolitano, M.A., Marcus, B.H., Gallagher, K. & Jakicic, J. (2004, March). *Association between changes in psychosocial variables and weight loss.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
52. Lewis, B.* Napolitano, M.A., & Marcus, B.H. (March 2004). *Preferences for receiving telephone or print physical activity interventions.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
53. Marcus, B., Napolitano, M., King, A., Albrecht, A., Lewis, B., Parisi, A., Pinto, B., Bock, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. (2004, March). *Comparing two innovative channels for physical activity promotion: Project STRIDE.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
54. Emmons, K.M., McBride, C., Puleo, E., Pollak, K., Marcus, B.H., Napolitano, M., Clipp, J., Onken, J., Farraye, F., & Fletcher, F. (2004, March). *Reduction of multiple behavior risk factors for colon cancer: Results from Project PREVENT.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
55. King, A.C., Friedman, R., Marcus, B., Napolitano, M.A., Castro, C., & Forsyth, L. (2004, March). *What interventions work best for whom? Results from the CHAT Trial.* [Paper presentation]. American College of Sports Medicine Annual Meeting, Indianapolis, IN.

56. Polzien, K.M., Jakicic, J.M., Gallagher, K., Marcus, B., & Napolitano, M. (2004, June). *Relationship between desired weight loss and actual weight loss in overweight women.* [Poster presentation]. American College of Sports Medicine Annual Meeting, Indianapolis, IN.
57. Mohr, C.R., Jakicic, J.M., Gallagher, K., Marcus, B.H., & Napolitano, M. (2004, June). *Effect of macronutrient composition on 12-month weight loss in overweight women.* [Poster presentation]. American College of Sports Medicine Annual Meeting, Indianapolis, IN.
58. Marcus, B.H., Lewis, B.A., & Napolitano, M.A. (2004, June). *Promoting physical activity with interactive technologies: Introduction and overview.* [Symposium presentation]. American College of Sports Medicine Annual Meeting, Indianapolis, IN.
59. Whiteley, J.A., Napolitano, M.A., Lewis, B., Albrecht, A., Neighbors, C., Sciamanna, C., Williams, D.M. & Marcus, B.H. (2004, October). *Testing a dissemination model of Commit to Quit, a smoking cessation and physical activity program, in the YMCAs.* [Poster presentation]. Cooper Institute for Aerobics Research Conference: Increasing Physical Activity in World Populations: Understanding Diffusion and Dissemination, Dallas TX.
60. Dutton, G.* Whiteley, J., Marcus, B., & Napolitano, M. (2005, April). *Relationship between physical activity and dietary behaviors among women in a randomized physical activity trial.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Boston, MA.
61. Napolitano, M., Whiteley, J., Lewis, B., Albrecht, A., Parisi, A., Sciamanna, C., Jakicic, J., Papandonatos, G., & Marcus, B. (2005, April). *Objective outcomes of physical activity in an intervention trial.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Boston, MA.
62. Napolitano, M., Lewis, B., Whiteley, J., King, A., Pinto, B., Bock, B., Papandonatos, G., & Marcus, B. (2005, April). *Investigating mediators of physical activity behavior change.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Boston, MA.
63. Whiteley, J.A., Napolitano, M.A., Lewis, B., Albrecht, A., Neighbors, C., Sciamanna, C., Williams, D.M., & Marcus, B.H. (2005, April). *Translating Commit to Quit: A smoking cessation and physical activity program in the YMCAs.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Boston, MA.
64. Lewis, B.*, Napolitano, M.A., & Marcus, B.H. (2005, April). *Individual preferences for receiving physical activity interventions via the Internet or print.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Boston, MA.

65. Napolitano, M.A., Sevick, M.A. & Marcus, B.H. (2005, April). *Cost-effectiveness analyses of a physical activity intervention trial*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Boston, MA.
66. Napolitano, M.A., Whiteley, J.A., Farrell, N.C., & Marcus, B. (2005, October). *Women's perceptions of causes and potential solutions of childhood obesity*. [Poster presentation]. Cooper Institute for Aerobics Research Conference: Childhood Obesity: Updates and Innovations, Dallas, TX.
67. Dutton, G.R.* Napolitano, M.A., Whiteley, J.A., & Marcus, B.H. (2006, March). *Effects of a physical activity intervention on the nutritional practices of women*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA. **Citation Award.**
68. Napolitano, M.A., Dutton, G., Marcus, B., & Hooker, S. (2006, March). *Active Aging: Physical activity in a community-based sample of older adults*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
69. Dutton, G.R.* Rogers, M., Napolitano, M.A., Marcus, B., & Hooker, S. (2006, March). *Racial/ethnic differences in the consistency of self-reported physical activity*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
70. Marcus, B., Lewis, B., Williams, D., Napolitano, M., Whiteley, J., A., Albrecht, A., Bock, B., Hogan, J., Jakicic, J., Neighbors, C., Sciamanna, C., Parisi, A., & Tate, D (2006, March). *Relative efficacy of tailored internet and tailored print-based physical activity interventions: Six-month findings*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA.
71. Hooker, S.H., Napolitano, M.A., Dutton, G., Rogers, M., & Marcus, B. (2006, April). *Factors associated with meeting the national physical activity recommendations for older adults*. [Poster presentation]. International Congress on Physical Activity and Public Health, Atlanta, GA.
72. Napolitano, M.A., Whiteley, J.A., Albrecht, A., Pinheiro, S., & Marcus, B. (2006, June). *Comparison of four Actigraph cutpoints for physical activity*. [Poster presentation]. American College of Sports Medicine Annual Meeting, Denver, CO.
73. Hooker, S.H., Napolitano, M.A., Dutton, G., Rogers, M., & Marcus, B. (2006, June). *Results from a tailored print-based physical activity intervention for older adults delivered via direct mail*. [Paper presentation]. American College of Sports Medicine Annual Meeting, Denver, CO.
74. Lewis, B.A.* Marcus, B.H., & Napolitano, M.A. (2006, June). *The development of a self-report questionnaire assessing barriers to physical activity behavior*. [Poster presentation]. American College of Sports Medicine Annual Meeting, Denver, CO.

75. Napolitano, M.A., Dutton, G., Marcus, B. (2006, November). *Psychosocial characteristics of two samples of women recruited for physical activity interventions*. [Poster presentation]. American Heart Association Annual Research Symposium, Chicago, IL.
76. Lewis, B.*, Williams, D., Napolitano, M.A., Whiteley, J. A. & Marcus, B.H. (2007, March). *The effect of preference for Internet vs. print interventions on physical activity behavior change in a randomized controlled trial*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
77. Lewis, B. Williams, D., Dunsiger, S., Sciamanna, C., Whiteley, J., Napolitano, M., Bock, B., Jakicic, J. & Marcus, B.H. (2008, March). *User attitudes towards physical activity websites in a randomized controlled trial*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
78. Williams, D.M., Lewis, B.A., Dunsiger, S., Whiteley, J.A., Papandonatos, G., Napolitano, M.A., Bock, B.C. Ciccolo, J.T., & Marcus, B.H. (2008, March). *Comparing psychosocial predictors of physical activity adoption and maintenance*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
79. Napolitano, M.A., & Borradaile, K.E. (2008, October). *Barriers to physical activity among women: Differences based on weight status*. [Poster presentation]. The Obesity Society Annual Scientific Meeting, Phoenix, AZ.
80. Oliver, T.*, Napolitano, M.A., & Borradaile, K.E. (2008, October). *Comparison of 3-Day Physical Activity Recalls and Actigraph correlation data by body mass index category over time*. [Poster presentation]. The Obesity Society Annual Scientific Meeting, Phoenix, AZ.
81. Napolitano, M.A., Fava, J., Marcus, B., & Richardson, E. (2009, April). *Tailoring treatments for smoking, body image and weight among college females*. [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Montreal, Canada.
82. McAndrew, L.*, Napolitano, M.A., Albrecht, A., Farrell, N., Marcus, B., & Whiteley, J.A. (2009, April). *Examining the relationship between physical activity and menopause symptom reporting*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Montreal, Canada.
83. Napolitano, M.A. & Himes, S*. *Examining binge eating, obesity and race in female college students*. (2009, October). [Poster presentation.] The Obesity Society Annual Scientific Meeting, Washington, D.C.
84. Napolitano, M.A. & Hayes, S*. *Physical activity, weight, and health-risk behaviors among college students*. (2010, April). [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Seattle, WA.

85. Napolitano, M.A. & Hayes, S*. (2010, April). *Collegiate sports and exercise participation: Protective or harmful for health and eating disorder risk?* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Seattle, WA.
86. Williams, D.M., Jennings, E.G., Papandonatos, G.D., Lewis, B.A., Napolitano, M.A., Whiteley, J.A., Dunsiger, S. & Marcus, B.H. (2010, May). *Testing the efficacy of an enhanced, individually tailored, theory-based, print-delivered exercise promotion intervention.* [Paper presentation]. American College of Sports Medicine Annual Meeting, Baltimore, MD.
87. Napolitano, M.A., Hayes, S.*, & Himes, S*. *Examining smoking and disordered eating behaviors.* (2010, June). [Paper presentation]. American College Health Association Annual Meeting, Philadelphia, PA.
88. Hayes, S.*, & Napolitano, M.A. *Examination of weight management practices in a non-clinical sample of college females.* (2010, June). [Poster presentation]. American College Health Association Annual Meeting. Philadelphia, PA.
89. Patience, N., Napolitano, M.A., & Denys, M. (2010, June). *Student weight loss group: Student feedback and weight loss results.* [Poster presentation]. American College Health Association Annual Meeting. Philadelphia, PA.
90. Napolitano, M.A., & Hayes, S*. (2011, April). *Examination of cycling perceptions at an urban college campus.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
91. Hayes, S.*, Napolitano, M.A., Tantleff-Dunn, S. & Perez, L. *Evaluation of self-efficacy measures for family physical activity and fruit/vegetable intake.* (2011, April). [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
92. Hayes, S.*, Tantleff-Dunn, S., Napolitano, M.A., & Perez, L. (2011, April). *The effects of receiving motivationally-tailored feedback on family nutrition and physical activity.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
93. Nair, U.S.*, Napolitano, M.A., Collins, B.N., & Sachs, M.L. (2011, April). *Evaluating the effects of a novel body image exposure procedure on body and weight concerns and smoking urge among college-age females.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
94. Napolitano, M.A., Hayes, S., Ives, A., & Foster, G.D. (2011, October). *Using Facebook and text messaging to deliver a weight loss program to college students.* [Paper presentation]. The Obesity Society Annual Scientific Meeting, Orlando, FL.
95. Napolitano, M.A., Hayes, S., & Foster, G.D. (2011, October). *Differences in barriers to physical activity by surgical status.* [Poster presentation]. The Obesity Society Annual Scientific Meeting, Orlando, FL.

96. Hayes, S.M.*, Napolitano, M.A., & Ives, A., Howard, J., Halkins, M., Huang, K. (2011, October). *Who wants to lose weight? Examining characteristics of treatment-seeking college students*. [Poster presentation]. The Obesity Society Annual Scientific Meeting, Orlando, FL.
97. Foster, G., Santamore, W., Napolitano, M., Homko, C.J., McConnell, T.R., Still, C., Zamora, L., Kerper, M.M., Byrd, A., Dilks, R., Reyes, N., & Boden, G. (2011, October). *The effects of a church-based and telemedicine program on weight loss maintenance: A randomized trial*. [Paper presentation]. The Obesity Society Annual Scientific Meeting, Orlando, FL.
98. Napolitano, M. A., Hayes, S., Russo, G., Muresu, D., Giordano, A., Recek, K., & Foster, G. D. (2011, October). *Making weight loss reality with virtual technology: Treatment development and initial pilot trial results*. [Poster presentation]. The Obesity Society Annual Scientific Meeting, Orlando, FL.
99. Nair, U.S.*, Napolitano, M.A., Collins, B.N., & Sachs, M.L. (2012, April). *Evaluating the effect of a novel body image exposure procedure on body and weight concerns and smoking urge among college-age females*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
100. Stanton, C.A, Highland, K.B., Napolitano, M., Horn, K., & Tercyak, K. (2013, March). *Smoking susceptibility and physical activity among ethnically diverse preadolescents: does peer smoking in the social network mediate associations?* [Poster presentation]. Society for Research on Nicotine and Tobacco Annual Meeting, Boston, MA.
101. Hayes, S.,* Napolitano, M.A., Wood, G.C., Gerhardt, G., Foster, G.D., Still, C.D. (2013, November). *Medicaid and bariatric surgery: Differing demographics with comparable weight losses*. [Poster presentation]. The Obesity Society Annual Scientific Meeting, Atlanta, GA.
102. Lent, M.*, Hayes, S.*, Wood, G.C., Napolitano, M.A., Argyropoulos, G., Foster, G.D., & Still, C.D. (2013, November). *Smoking and alcohol use in gastric bypass patients*. [Poster presentation]. The Obesity Society Annual Scientific Meeting. Atlanta, GA.
103. Napolitano, M.A., Posey, L., Gutierrez, J., Lynch, S. *, Vargo, K. *, Hufnagel, K.* (2013, November). *Preventing the pounds: Formative work to develop a weight gain prevention eLearning platform for older adolescents*. [Poster presentation]. The Obesity Society Annual Scientific Meeting. Atlanta, GA.
104. Evans, W.D. & Napolitano, M.A. (2013, November). *Randomized controlled trial of Text4baby: Maternal obesity risk factors and weight management outcomes*. [Poster presentation]. The Obesity Society Annual Scientific Meeting. Atlanta, GA.

105. Napolitano, M.A., & Hayes, S.* (2013, November). *New media use, body image and high risk health behaviors among overweight/obese females*. [Poster presentation]. The Obesity Society Annual Scientific Meeting. Atlanta, GA.
106. Highland, K., Napolitano, M., Tercyak, K., & Stanton, C. (2014, March). *Does getting connected, keep youth active? School connectedness, sports, and physical activity, among multiethnic preadolescents*. [Poster presentation]. Society for Research on Adolescence Biennial Meeting, Austin, TX.
107. Napolitano, M.A. Turner, M.M., Lynch, S.* , & Hufnagel, K.* (2014, April). *Perceptions of role models and norms for healthy weight*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting. Philadelphia, PA.
108. Lynch, S.* Hayes, S.* , Hufnagel, K.* , DeCarl, H.* , & Napolitano, M. (2014, April). *Availability and accessibility of student-specific weight loss programs on college campuses*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting. Philadelphia, PA.
109. Napolitano, M.A., Lynch, S.* , Gutierrez, J., Posey, L., & Hufnagel, K.* (2014, April). *Differences between incoming and current college freshmen eating and physical activity behaviors*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting. Philadelphia, PA.
110. Abroms, L., Evans, W.D., & Napolitano, M. (2014, April). *Key issues related to design, dissemination and evaluation of text messaging programs for behavior change*. [Panel Discussion]. Society of Behavioral Medicine Annual Meeting. Philadelphia, PA.
111. Manning, H.* , Visek, A. J., Chandran, A., Napolitano, M., DiPietro, L. (2014, August). *Self-Determination Theory: Exercise causality orientations differ by primary exercise participation*. [Poster presentation]. American Psychological Association Annual Meeting. Washington, DC.
112. Lent, M.R.* , Napolitano, M.A., Wood, G.C., Argyropoulos, G., Gerhard, G.S., Hayes, S.* , Foster, G.D., Collins, C.A., & Still, C.D. (2014, November). *Internalized weight bias in weight-loss surgery patients: Psychosocial correlates and outcomes*. [Poster presentation]. The Obesity Society Annual Scientific Meeting. Boston, MA.
113. Napolitano, M.A., Lynch, S., & Stanton, C. (2015, April). *Examining stress, image, and weight control e-cigarette perceptions among young adults*. [Poster presentation] Society of Behavioral Medicine Annual Meeting, San Antonio, TX.
114. Napolitano, M.A., Lynch, S.* , Rafetto, J.* , Posey, L., (2015, April). *Usability Testing feedback on a theoretically driven elearning platform to prevent college weight gain*. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Antonio, TX.

115. Stanton, C. A., Highland, K. B., Tercyak, K., Anthony, B. & Napolitano, M. (2015, May). *Healthy Families DC: A feasibility pilot of a family centered intervention to improve health outcomes among high-risk urban African-American youth.* [Poster presentation]. Society for Prevention Research Annual Meeting, Washington, DC.
116. Lynch, S.B.*, Napolitano, M.A. & Stanton, C.A. (2016, April). *Stress coping strategies among college students: Associations with e-cigarettes and physical activity.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Washington DC.
117. Lynch, S.B.*, Napolitano, M.A., & Stanton, C.A. (2016, April). *Health behaviors among college students who smoke hookah.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington DC.
118. Napolitano, M.A., Whiteley, J.A., & Turner-McGrievy, G. (2016, April). *Using social media for obesity treatment and prevention programs: Strategies and lessons learned.* [Panel discussion]. Society of Behavioral Medicine Annual Meeting, Washington DC.
119. Mavredes, M., DiPietro, L., Hayman, L.L, Simmens, S., & Whiteley, J., Napolitano, M. (2017, March-April). *Knowledge and awareness of metabolic risk in university students.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
120. Napolitano, M.A., Mavredes, M., Hayman, L.L., Simmens, S.J., & Whiteley, J. (2017, March-April). *Perceptions of social media engagement and social norms for weight loss.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
121. Whiteley, J., Mavredes, M., Faro, J.*, Hayman, L., & Napolitano, M. (2017, March-April). *Effective recruitment channels in an ongoing social media weight loss trial for university students.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
122. Faro, J.*, Whiteley, J., Hayman, L., Simmens, S., & Napolitano, M. (2017, March-April). *Body image and self-efficacy as predictors of achieving physical activity guidelines in university students.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, San Diego, CA.
123. Faro, J.*, Whiteley, J., Hayman L., Simmens, S., & Napolitano, M. (2017, June). *Exercise self-efficacy as a predictor of achieving MVPA guidelines in university students.* [Poster presentation]. American College of Sports Medicine Annual Meeting, Denver, CO.
124. Napolitano, M.A., Whiteley, J.A., Mavredes, M., Hayman, L.L., Simmens, S., & DiPietro, L. (2017, June). *Healthy lifestyle behaviors related to cardiovascular risk among young adults.* [Poster presentation]. American College of Sports Medicine Annual Meeting, Denver, CO.

125. Mavredes, M., DiPietro, L., Hayman, L.L., & Napolitano, M.A. (2018, April). *Cardiometabolic risk in young adults: Do perceptions match reality?* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
126. Napolitano, M.A., Mavredes, M., Whiteley, J.A., & DiPietro, L. (2018, April). *Health behaviors among young adults in the age of social media.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
127. King, A.C., Marquez, D.X., Napolitano, M.A., Buman, M.P., Whitt-Glover, M. (2018, April). Shaping the future of physical activity promotion: Highlights from the 2018 PA Guidelines Scientific Advisory Committee review. [Symposium presentation]. Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
128. Whiteley, J., Hayman, LL., Simmens, S., Faro, J., & Napolitano, M. (2018, April). *Which factors are associated with underestimation of body mass index?* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
129. Faro, J.,* Whiteley, J., Hayman, L.L., & Napolitano, M. (2018, April). *Low body image associated with fewer minutes of MVPA in University students.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
130. Napolitano, M.A., Whiteley, J.A., Mavredes, M., Hayman, L.L., Faro, J., DiPietro, L. (2018, May). *Physical activity and cardiometabolic risk in young adults: Baseline results from the Healthy Body Healthy U Trial among young adults.* [Poster presentation]. American College of Sports Medicine Annual Meeting, Minneapolis, MN.
131. King, A.C., Marquez, D.X., Napolitano, M.A., Buman, M.P., Whitt-Glover, M. (2018, May). *Promoting physical activity across levels of impact: Review and synthesis for the Physical Activity Guidelines.* [Symposium presentation]. American College of Sports Medicine Annual Meeting, Minneapolis, MN.
132. Napolitano, M.A., DiPietro, L., Hayman, L., & Sacheck, J. (2019, March). *Physical activity and cardiometabolic risk across the lifespan.* [Symposium presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
133. Mavredes, M., Shambon, B., Hayman, L.L, Napolitano, M. (2019, March). *Examining caloric intake, diet quality and components in young adults enrolled in a weight management trial.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
134. Schindler-Ruwisch, J., Roess, A., Robert, R., Napolitano, M., Woody, E., Thompson, P. & Ilakkuvan, V. (2019, March). *Determinants of breastfeeding initiation and duration among African American DC WIC Recipients: Perspectives of recent mothers.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.

135. Faro, J., Whiteley, J.A., Hayman, L.L., Malin, S.K., & Napolitano, M.A. (2019, March). *Poor body image associated with low levels of light physical activity in overweight and obese young adults.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
136. Lepping, K., Mavredes, M., & Napolitano, M.A. (2019, March). Examining the *Relationship between physical activity and active stress management strategies among young adults.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
137. Ingersoll, R., Mavredes, M., & Napolitano, M.A. (2019, March). *Exploring the relationship among role models, physical activity, and dietary behaviors among young adults enrolled in a weight management trial.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Washington, DC.
138. Napolitano, M.A., Mavredes, M., Whiteley, J.A., Tjaden, A.*., Simmens, S., DiPietro, L., Hayman, L.L., Faro, J., Winston, G. (2020, April). *What level of personalization matters in digital weight loss treatment for young adults?* [Paper accepted for presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA. *Annual meeting was cancelled due to COVID-19.*
139. Tjaden, A.H.*., Berg, C.J, Mavredes, M., & Napolitano, M. (2020, April). *Use of cigarettes and e-cigarettes for weight control among young adults with overweight or obesity.* [Virtual poster presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA. *Annual meeting was cancelled due to COVID-19.*
140. Tjaden, A.H.*., Hayman, L.L., Simmens, S., Whiteley, J.A. & Napolitano, M. (2020, April). *Baseline predictors of engagement in a digital weight management intervention for young adults.* [Virtual poster presentation]. Society of Behavioral Medicine Annual Meeting, San Francisco, CA, *Annual meeting was cancelled due to COVID-19.*
141. Evans, W.D., Harrington, C., Napolitano, M., & Gaminian, A. *Digital health weight intervention to reduce disparities in African American mothers: BeFAB.* (2020, October). [Virtual paper presentation]. American Public Health Association Annual Meeting. *Annual meeting was virtual due to COVID-19.*
142. Bailey, C.P.*, DiPietro, L., Hayman, L.L., Ahmed, Z. & Napolitano, M.A. (2022, April). *Meeting specific 24-Hour Movement Guidelines is associated with BMI among college/university students.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
143. Bailey, C.P.*, Qian, J., DiPietro, L., & Napolitano, M.A. (2022, April). *The 24-hour distribution of activity counts in young adults: a proposed measure of “activity chronotype.”* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.

144. Cuccia, A.F.*, DiPietro, L., Hayman, L.L., & Napolitano, M.A. (2022, April). *Differences in the Simple 7 Index for cardiovascular health by demographic characteristics and weight status among young adults.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
145. Napolitano, M.A., Bailey, C.P.*, Mavredes, M., Neighbors, C., Whiteley, J.A., Malin, S., Wang, Y., & Hayman, L.L. (2022, April). *Tailored versus targeted digital weight loss interventions on university campuses: 6-month cardiometabolic and cost outcomes.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
146. Abroms, L., Koban, D., Krishnan, N. Napolitano, M., Simmens, S., Caskey, B., Wu, T.C., Broniatowski, D.A. (2022, October). *Empathic engagement with the COVID-19 vaccine hesitant in private Facebook groups: A randomized trial.* [Paper presentation]. Society for Medical Decision Making Annual Meeting, Seattle, WA.
147. Bailey, C.P.*, DiPietro, L., Malin, S.K., Hayman, L.L., & Napolitano, M.A. (2023, April). *Cardiometabolic outcomes among responders vs non-responders of a weight management trial for young adults.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Phoenix, AZ.
148. Bailey, C.P.*, Qian, J., DiPietro, L., & Napolitano, M.A. (2023, April). *Timing of exercise among young adults previously enrolled in a randomized controlled weight management trial.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Phoenix, AZ.
149. DiPietro, L., Malin, S.K., Barberio, M., Heinz, E., & Napolitano, M. (2023, May-June). *Hormonal drivers of energy regulation following acute exercise in weight-loss treatment responders vs. non-responders.* [Thematic oral poster presentation]. American College of Sports Medicine Annual Meeting, Denver, CO.
150. Napolitano, M.A., Bailey, C.P., Malin, S.K., & DiPietro, L. (2023, May-June). *Is the maintenance or adoption of physical activity associated with cardiometabolic risk reduction among young adults with overweight and obesity?* [Poster presentation]. American College of Sports Medicine Annual Meeting, Denver, CO.
151. Bailey, C.P.*, Qian, J., DiPietro, L., Elmi, A., & Napolitano MA. (2024, March). *Physical activity time-of-day and health outcomes in young adults.* [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Philadelphia, PA.
152. Cuccia, A., DiPietro, L., Hayman, L., Whiteley, J., & Napolitano, M. (2024, March). *Longitudinal changes in cardiovascular health among young adults with overweight and obesity measured by Life's Essential 8.* [Paper presentation]. Society of Behavioral Medicine Annual Meeting, Philadelphia, PA.
153. Cuccia, A., DiPietro, L., Wang, Y., Hayman, L., Whiteley, J., & Napolitano, M. (2024, March). *Weight loss online health community use and associations with social norms and*

social media use. [Poster presentation]. Society of Behavioral Medicine Annual Meeting, Philadelphia, PA.

Coordinated Symposia, Sessions, and Webinars

154. Napolitano, M.A. (2016, April). *Innovative strategies to assess and target sedentary behavior across the lifespan*. [Organized symposia of speakers for presentation]. Society of Behavioral Medicine Annual Meeting, Washington DC.
155. Napolitano, M.A. (2016, April). *Meet the Physical Activity Expert*. [Organized a mentoring opportunity in which a panel of physical activity experts were matched with junior faculty and students]. Society of Behavioral Medicine Annual Meeting, Washington DC.
156. Napolitano, M.A. (2017, April). *Meet the Physical Activity Expert*. [Organized a mentoring opportunity in which a panel of physical activity experts were matched with junior faculty and students]. Society of Behavioral Medicine Annual Meeting, San Diego, CA. April 2017.
157. Napolitano, M.A. (2017, April). *Wearables, apps and accelerometers: How to assess and intervene using wearables and how to make sense of the big world of data*. [Co-coordinated session in which experts in field of objectively measured physical activity presented on use of devices and best practices]. Society of Behavioral Medicine Annual Meeting, San Diego, CA. April 2017.
158. Katzmarzyk, P.T. & Napolitano, M.A. (2020, July). *The intersection among physical activity, climate change and sustainability*. [Co-coordinated a session in which experts in the field discussed climate, health and physical activity with to explore potential policy and communication implications]. Webinar on behalf of the Physical Activity Innovation Collaborative, convening activities associated with the Roundtable on Obesity Solutions at the National Academies of Sciences, Engineering, and Medicine.

International Presentations

159. Marcus, B.H., Lewis, B. & Napolitano, M. (2004, August). *Using Email and Internet to promote physical activity*. [Paper presentation]. International Society of Behavioral Medicine Annual Meeting, Mainz, Germany.
160. Marcus, B., Napolitano, M., Lewis, B.*, King, A., Albrecht, A., Parisi, A., Pinto, B., Bock, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. (2004, August). *Comparing print and telephone channels for physical activity promotion*. [Poster presentation]. International Society of Behavioral Medicine Annual Meeting, Mainz, Germany.
161. Napolitano, M.A., Mavredes, M., Hayman, L.L., Simmens, S.J., & Whiteley, J. & DiPietro, L. (2018, October). *Smoking and objectively assessed physical activity among young adults*. [Poster presentation]. 7th International Society for Physical Activity and Health Congress, London England.

Conference Workshops

1. Evans, W.D. & Napolitano, M.A. (2014, March). *Using communications and marketing techniques to promote healthy eating and active living behaviors*. [Preconference workshop]. Active Living Research Annual Meeting, San Diego, CA.

INVITED PRESENTATIONS, WORKSHOPS, AND PROGRAM COMMITTEES

Regional

<i>Women and physical activity: Status and challenges</i> Rhode Island Department of Health	August 2005
<i>Physical activity and weight control: Steps toward improving public health</i> Obesity Conference, Temple University. Philadelphia, PA	June 2006
<i>Obesity, exercise, and smoking: Implications for public health</i> Temple University College of Health Professions Philadelphia, PA	April 2008
<i>Moving beyond the clinic: Behavioral weight control and technology</i> University of Pennsylvania	September 2011
<i>Weight loss and exercise interventions: Moving beyond the clinic and the gym</i> The George Washington University EXSC/PCH Research Seminar	February 2013
<i>Objective measurement of physical activity in adults</i> Georgetown University Medical Center	May 2013
<i>Physical activity and weight interventions: Moving beyond the clinic</i> Children's National Medical Center	May 2013
<i>Moving beyond the clinic: Weight loss and technology</i> Uniformed Services University of the Health Sciences	April 2014
<i>Healthy Body Healthy U: A social media weight loss intervention for college students</i> Colloquium, Milken Institute School of Public Health Department of Prevention and Community Health	October 2014
<i>Weight loss after the league</i> The George Washington University ENS Research Seminar	April 2015
<i>Obesity and physical activity through a public health lens</i> Keynote speaker for the Milken Institute School of Public Health Admitted Students Preview Day.	April 2016
<i>Bachelors in wellness @ GW: Developing a personalized online obesity prevention program</i> Clinical Psychology Program Colloquium	January 2017

Cardiometabolic health among young adults: Who is at risk, do they know, and what can be done?

GW Biostatistics Center

June 2019

Call-to-action for campus communities to address physical activity weight, and health risk

Colloquium, Milken Institute School of Public Health Department of Exercise and Nutrition Sciences

September 2019

Using social media to deliver weight loss treatments on college campuses

Seminar delivered to the Technology Center to Promote Healthy Lifestyles (TecHealth) at the University of South Carolina

October 2020

Do's and Don'ts for NIH-R01 Applications

Webinar, The Office of Research Excellence GW School of Public Health

April 2021

National

The effectiveness of alternative delivery channels for promoting physical activity

The Annual Meeting of the American College of Sports Medicine. Indianapolis, IN

June 2004

Depression in the context of behavioral weight loss

8th Annual Conference on the Prevention and Treatment of Overweight and Obese Individuals

University of Kansas

September 2006

Physical activity and public health: Strategies for reaching individuals and communities

American Heart Association. Chicago, IL

November 2010

Engagement in a social media weight loss intervention.

February 2024

Digital-Human Public Health Interventions. Digital Media for Behavior Change Webinar Series. George Washington University (virtual presentation).

International

Exercise and smoking cessation in women

October 2004

Swiss Federal Office for Public Health and the University of Lausanne. Lausanne, Switzerland.

UNIVERSITY SERVICE

COMMITTEE SERVICE

Departmental: Brown Medical School/The Miriam Hospital

Member, Centers for Behavioral and Preventive Medicine Teaching and Training Committee

2001-2003

Member, Centers for Behavioral and Preventive Medicine Policies and Procedures Committee

2001-2003

Member, Centers for Behavioral and Preventive Medicine Data Management and Information Services Departmental Restructuring Committee 2003

Member, Centers for Behavioral and Preventive Medicine Mentoring Committee 2003-2006

Member, Centers for Behavioral and Preventive Medicine Administrative Review Restructuring Committee 2004-2005

Member, Brown Medical School Department of Psychiatry Mentoring Committee 2004-2006

Coordinator, Centers for Behavioral and Preventive Medicine Monthly Physical Activity Journal Club 2005-2006

Departmental: Temple University

Member, Search Committee for Exercise Psychology/Behavioral Science position in the Department of Kinesiology 2006

Member, Search Committee for Exercise Physiology position in the Department of Kinesiology and at the Center for Obesity Research and Education 2006

Member, Search Committee for faculty position in the Department of Public Health and at the Center for Obesity Research and Education 2006

Member, Search Committee for Exercise Physiology position in the Department of Kinesiology and at the Center for Obesity Research and Education 2007

Member, Search Committee for faculty position in the Department of Public Health and at the Center for Obesity Research and Education 2007

Member, Search Committee for faculty position in the Department of Kinesiology 2007

Member, Department of Kinesiology Personnel Committee 2008-2010

Member, Search Committee for faculty position in the Department of Kinesiology 2008

Chair, Search Committee for Exercise Physiology position in the Department of Kinesiology and at the Center for Obesity Research and Education 2008-2009

Departmental: The George Washington University

Admissions Committee, School of Public Health
Maternal and Child Health Track Application Reviewer Fall 2012-present

Chair, Awards Committee for Prevention and Community Health Spring 2014-2015

Member, Doctoral Admissions and Advisory Committee, DrPH in Health Behavior
Spring 2014/Spring 2016

Member, PCH Appointment, Promotions and Tenure Committee Summer 2014-present

Member, Search Committee for faculty position in the Public Health Communications
and Marketing Program Fall 2014-Spring 2015

Member, Search Committee for faculty position in the Department of Exercise and
Nutrition Sciences Fall 2015

Member, Subcommittee to review and draft Interim Faculty Review Policies Fall 2015

EXNS Promotions and Tenure Committee 2015-2021

Admissions and Advisory Committee, PhD in Social and Behavioral Sciences
Spring 2016

Member, Subcommittee to review and draft revised Prevention and Community Health
Department appointments and promotion criteria Spring/Summer 2017

Chair, Doctoral Admissions and Advisory Committee Summer 2016-2022

Chair, Search Committee for Social and Behavioral Methods, Research Design and
Analytics position Fall 2017—Spring 2018

Departmental Curriculum Committee August 2016-June 2019

Member, Search Committee for Cardiometabolic Exercise
Physiology Position Spring 2017-Fall 2017

Member, Subcommittee to review and draft departmental rules 2023

School/College: The George Washington University

Admissions Committee, School of Public Health (SPH)
Prevention and Community Health Representative Summer 2014-Spring 2018

SPH Admissions Committee Co-Chair Summer 2014-Summer 2017

Member, Search Committee for Sanofi Professor of Prevention and Wellness
faculty search Spring 2015

DrPH Leadership Committee 2016-2021

Member, Search Committee for Senior Associate Dean for Academic,
Student and Faculty Affairs Spring 2017-Fall 2017

Member, Milken Institute School of Public Health Appointment, Promotions and Tenure
Committee July 2020-present

University: The George Washington University

Member, Center for Student Engagement: Student Organization Internal Program
review committee. Spring 2015

Faculty, Student Association Health and Wellness Task Force Spring 2014-Spring 2015

Chair, Organizing Committee for GW's National Eating Disorders
Awareness Week Fall 2014-Spring 2015

Member, Selection Committee for Excellence in Student Life Awards Spring 2015

Chair, Organizing Committee for GW's National Eating Disorders
Awareness Week Fall 2015-Spring 2016

Invited member, Office of the Vice President for Research University Advisory Council
for Research 2015-2017

Reviewer, Proposals submitted to the Office of the Vice President for Research
University Facilitating Fund 2015-2016

Member, Strategic Planning Committee for Distinguished and Distinctive Graduate
Education Fall 2019-Spring 2020

ADMINISTRATIVE ASSIGNMENTS

Departmental: Temple University

Coordinator, Center for Obesity Research and Education's Research
Lecture Series 2006-2008

Coordinator, Center for Obesity Research and Education's Staff and Faculty
Clinical Supervision 2007-2009

School/College: The George Washington University

Co-Organizer (with DiPietro and Hudson) of the EXSC/PCH Research
Seminar 2013-2014

University: The George Washington University

Faculty Advisor, Student Organization: Students Promoting Eating Disorder Awareness
and Knowledge at The George Washington University (SPEAK-GW) 2014-2016

SERVICE TO ADMISSIONS, ALUMNI, OR OTHER GROUPS

School/College: Temple University

Member, Interdisciplinary Judging Team for the College of Health Professions
and Social Work Research Day Spring 2009

Member, Interdisciplinary Judging Team for the College of Health Professions
and Social Work Research Day Spring 2010

School/College: The George Washington University

Reviewer, Internal Grants Program Summer 2014

Reviewer, Applications for Tauber Scholarship Spring 2015

Seminar to DrPH students, "Managing large clinical trials" Spring 2015

University: The George Washington University

Academic Experience Presentations (3) for Colonial Inauguration Summer 2013

"Classes from GW's Best" faculty lecture during Parents Weekend Fall 2013

Presentation at the Board of Trustees Spouses Event Fall 2013

"Classes from GW's Best" faculty lecture during Parents Weekend Fall 2019

SERVICE TO COMMUNITY

Campus and Community Outreach

Featured discussion: The connection between sexual abuse and eating disorders.

Rape Awareness Week at Yale University, New Haven, CT November 1993

Invited presentation: Benefits of pulmonary rehabilitation.

"Better Breathers" Pulmonary Disease Support Group
Warwick, RI September 2000

Invited presentation: Benefits and barriers to physical activity: What's a workplace to do?

Worksite Wellness Council of Rhode Island
Providence, RI September 2002

Invited presentation: Motivating people to be physically active

14th Annual Diseases of Summer Conference. South County Hospital.
Wakefield, RI. July 2004

*Invited information session: Importance of school-based physical education for lifelong
healthy habits*

Rhode Island State House of Senate March 2005

Invited presentation: Prevention Avenues for Women and Heart Disease

Rhode Island Chapter of the American Heart Association's Live and Learn Series	April 2005
<i>Invited presentation: The role of exercise in weight loss and maintenance</i> The Miriam Hospital Wellness Week Providence, RI.	May 2006
<i>Invited presentation: Exercise and weight loss: Steps to a healthier you</i> Temple University Staff Appreciation Week Philadelphia, PA	April 2007
<i>Panelist, Eating Disorders Awareness Week. Organized by SPEAK-GW</i> The George Washington University	February 2013
<i>Presenter, Nutrition and Food Expo</i> The George Washington University	March 2013
<i>Invited Speaker, Topic: Childhood Obesity</i> Kiwanis Club Washington, DC.	May 2013
<i>Panel Moderator: More than a Body: Celebrate You</i> Eating Disorders Awareness Week. The George Washington University	February 2014
<i>Panel Moderator: More than a Body: Celebrate You</i> Eating Disorders Awareness Week. The George Washington University	February 2015
<i>Panel Moderator: More than a Body: Celebrate You</i> Eating Disorders Awareness Week. The George Washington University	February 2016
Coalitions and Workgroups	
<i>Regional</i>	
Member of the Rhode Island Prevention Coalition Obesity Task Force	2000
Member, "Healthy Schools Summit" Council in the state of Rhode Island	2002
<i>National</i>	
Miriam Hospital Representative National Institutes of Health sponsored Behavior Change Consortium	1999-2003
Member, Physical Activity and Nutrition Workgroup National Institutes of Health sponsored Behavior Change Consortium	1999-2003

Participant, "Creating a Culture of Health and Wellness" forum at the Great Think Series conference in Washington, DC. The series is sponsored by the Boys and Girls Clubs of America, and the September 30 event focused on Health and Wellness. 2015

PROFESSIONAL SOCIETY MEMBERSHIP AND LEADERSHIP

MEMBERSHIP

Member, American College of Sports Medicine

Member, American Psychological Association

Member, Society of Behavioral Medicine

LEADERSHIP

American College of Sports Medicine, New England Chapter
State Representative for Rhode Island 2000-2002

Member of the Program Committee, American College of Sports Medicine,
New England Chapter 2002

Elected Member-At- Large, American College of Sports Medicine
New England Chapter 2002-2004

Member, American College of Sports Medicine Strategic Health Initiative
on Behavioral Strategies 2002-2005

Chair of the "Health Communication and Technology Track" Program
Submissions for the Society of Behavioral Medicine annual meeting 2006

Elected Co-Chair, "Physical Activity Special Interest Group" for the Society of Behavioral
Medicine 2015-2017

Member, Board of Directors
International Society for Physical Activity and Health 2016-2018

Member, American College of Sports Medicine
Strategic Health Initiative on Obesity June 2017-current

SERVICE

Reviewer, Professional Society Annual Meetings

Reviewer of program submissions for the Society of Behavioral Medicine
annual meeting 1999

Reviewer of program submissions for the American Psychological Association
Women's Health Conference 2000

Reviewer of "Physical Activity, Obesity, and Diabetes" track submissions
for the Society of Behavioral Medicine annual meeting 2002

Reviewer of “Translational-research” track submissions for the Society of Behavioral Medicine annual meeting	2003
Reviewer of “Psychological and Person Factors in Health and Behavior Change” track submissions for the Society of Behavioral Medicine annual meeting	2004
Reviewer of “Statistical and Methods” track submissions for the Society of Behavioral Medicine annual meeting	2005
Reviewer of “Prevention” track submissions for the Society of Behavioral Medicine annual meeting	2008
Reviewer for submissions to the Society for Research on Nicotine and Tobacco annual meeting	2009
Reviewer of “Prevention” track submissions for the Society of Behavioral Medicine annual meeting	2009
Reviewer of “Prevention” track submissions for the Society of Behavioral Medicine annual meeting	2010
Reviewer for submissions to The Obesity Society annual meeting	2011
Reviewer of “Prevention” track submissions for the Society of Behavioral Medicine annual meeting	2011
Reviewer of “Health Promotion” track submissions for the Society of Behavioral Medicine annual meeting	2012
Reviewer of “Psychological and Person Factors in Health and Behavior Change” track submissions for the Society of Behavioral Medicine annual meeting	2013
Reviewer of “Psychological and Person Factors in Health and Behavior Change” track submissions for the Society of Behavioral Medicine annual meeting	2014
Reviewer of abstracts for the Active Living Research Conference	2015
Coordinated sessions to be sponsored or co-sponsored by the SBM PA SIG: 2 symposia, 4 paper sessions	2016
Coordinated sessions to be sponsored or co-sponsored by the SBM PA SIG: 1 symposium, 3 mid-day sessions, 1 panel discussion, and 1 pre-conference workshop	2017

Coordinated virtual webinar on Physical Activity, Climate Change, and Health sponsored by Physical Activity Innovation Collaborative, an activity of Roundtable on Obesity Solutions at the National Academies of Sciences, Engineering, and Medicine 2020

EDITORIAL PEER REVIEW ACTIVITIES

EDITORIAL ACTIVITIES

Senior Associate Editor: *Journal of Physical Activity and Health* 2016-2020

Invited Guest Editor: *Journal of Obesity*, Special Section: Social Networks and Obesity 2012-2013

Editorial Board Member: *Journal of Physical Activity and Health* 2004-2006

Journal Peer Review (Sample Listing) 1998-present

American Journal of Preventive Medicine

Annals of Behavioral Medicine

Behavior Modification

Health Psychology

Journal of Physical Activity and Health

Obesity

GRANT PEER REVIEW

National

Member of American Cancer Society “Targeted Intervention Opportunity Grants” Study Section, Atlanta, GA. 2001

Ad-hoc member of American Cancer Society “Psychosocial, Behavioral and Policy” Grant Review Study Section 2001-2002

Ad hoc Member of NIH/NIDDK “Translational Research in Diabetes” Study Section, Bethesda, MD. 2002, 2004-2006

Standing Member, American Cancer Society “Cancer Control and Prevention: Psychosocial and Behavioral Research” Study Section 2002-2006

Ad Hoc Member, National Institute of Mental Health Special Emphasis Review Panel: Treatment for Children 2005

Member of the NIH RFA OD-09-003: Challenge Grants Review Panel ZRG1 RPHB-E (58) 2009

Ad Hoc Member of NIH Psychosocial Risk and Disease Prevention Study Section, San Francisco, CA 2010

- Ad Hoc Member of NIH Special Emphasis Panel, ZRG1 RPHB-N (03). October. 2012
- Ad Hoc Member of NIH Special Emphasis Panel, ZRG1 RPHB-N (03). March. 2013
- Ad Hoc Member of NIH Psychosocial Risk and Disease Prevention Study Section,
San Francisco, CA 2014
- Ad Hoc Member of NIH Special Emphasis Panel (ZRG1 RPHB-W 02) "Member Conflict:
Psychosocial Risk and Disease Prevention" 2014
- Ad Hoc Member of NIH Special Emphasis Panel (ZCA1 RPRB-M (J2), "Fundamental
Mechanisms of Affective and Decisional Processes in Cancer Control". 2014
- Ad Hoc Member of NIH Special Emphasis Panel (ZRG1 RPHB-W 02) "Member Conflict:
Psychosocial Risk and Disease Prevention" 2015
- Member of NIH Psychosocial Risk and Disease Prevention Study Section 2015-2019

International

- Grant Reviewer for the Health Research Board of Ireland. Research Project Grants
*The Health Research Board is the main government agency in Ireland
for the support of health research* 2002
- Grant Reviewer for the *Netherlands Organisation for Health Research and
Development* which promotes quality and innovation in the field of health
research and health care, initiating and fostering new developments 2006

TEACHING AND LEARNING PORTFOLIO

EDUCATIONAL PROGRAM LEADERSHIP

- Director, PhD in Social and Behavioral Sciences and DrPH in Health Behavior
Summer 2016-Summer 2022

COURSES TAUGHT

As Primary or Co-Instructor at Duke, Brown and Temple University

- Instructor, *PSY109 Health Psychology* Summer 1996
Duke University
- Instructor, *PY197 Special Topics in Psychology* Fall 2002
Supervised senior psychology major Sarah Keil
Brown University
- Co-Instructor, *PY130 Behavioral Medicine* Spring 2003
Brown University
- Instructor, *PY199 Experimental Problems* Spring 2004

Supervised senior psychology major Meaghan Harwood
Brown University

Instructor, *PY197 Special Topics in Psychology* Fall 2004
Supervised senior psychology major Holly Escudero
Brown University

Instructor, *KIN595 Seminar in Kinesiology* Spring 2007
Topic: Clinical Sport and Exercise Psychology
Temple University

Instructor, *KIN956 Independent Research* Fall 2007
Student – Uma Nair, M.S.
Temple University

Instructor, *KIN9882 Independent Research* Fall 2007
Student – Tracy Oliver, M.Ed., R.D.
Temple University

Instructor, *KIN9407 / PSY8430 Obesity and Eating Disorders* Fall 2008
(Developed Course and Curriculum)
Temple University

Instructor, *KIN3386 Diamond Scholar Research* Fall 2008
Diamond Scholar Student – Melanie Foxx
Temple University

Instructor, *KIN9683 Mentored Research I: Writing a Successful Grant* Spring 2008
(Developed New Curriculum)
Temple University

Instructor, *KIN4242 Exercise, Nutrition and Behavior* Fall 2009,
(Developed Course and Curriculum) Fall 2010,
Temple University Fall 2011

Instructor, *KIN4282 Independent Study in Kinesiology: Capstone for Majors* Fall 2010
(Developed New Curriculum)
Temple University

Instructor, *KIN9407 Obesity and Eating Disorders* Spring 2011
Temple University Spring 2012

As Primary or Co-Instructor at The George Washington University

Course Number and Role	Course Title	Term(s) Taught
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Undergraduate

PubH 4140W, Instructor *Undergraduate Senior Seminar, Writing in the Discipline* Spring 2022, Spring 2023, Spring 2024

MPH

PubH 6500, Instructor *Planning and Administration of Health Promotion Programs (2 credit)* Spring 2013, Fall 2013, Spring 2014

PubH 6500, Instructor *Planning and Implementing Health Promotion Programs (3 credit)* Fall 2014, Spring 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2019, Fall 2019, Spring 2020, Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023, Fall 2023, Spring 2024

PubH 6550, Co-Instructor *Maternal and Child Health I* Spring 2013, Spring 2014, Spring 2015, Fall 2015

PubH6599, Instructor *Physical Activity and Obesity Interventions: From the Individual to the Environment* Summer 2013

- Summer Topics course
- Developed Course and Curriculum

PubH6562, Instructor *Physical Activity and Obesity Interventions: From the Individual to the Environment* Summer 2014, Summer 2015, Summer 2016, Summer 2023

- Developed Course and Curriculum

PubH6562, Instructor *Physical Activity and Dietary Interventions for Promoting Healthy Weight* Summer 2024

- Course updated and name changed

Doctoral

PubH 8434, Co-Instructor *Behavioral Medicine and Public Health* Spring 2018, Fall 2018

- Developed Course and Curriculum

PubH 8527, Co-Instructor	<i>Scientific writing and training grant development</i>	Summer 2023
	<ul style="list-style-type: none">• Developed Course and Curriculum	
PubH 8527, Instructor	<i>Scientific writing and training grant development</i>	Summer 2024

As Teaching Assistant

<i>PSYC 252 Human Sexuality</i> Taught by Kelly Brownell, Ph.D.; Yale University	Spring 1994
<i>PSY109 Health Psychology</i> Taught by Francis Keefe, Ph.D.; Duke University	Fall 1995
<i>PSY119 Abnormal Psychology</i> Taught by Clive Robins, Ph.D.; Duke University	Fall 1997

Guest Lectures

<i>PY130 Behavioral Medicine</i> Taught by Teresa King, Ph.D.; Brown University	Summer 1999
<i>PY132 Health Psychology</i> Taught by Teresa King, Ph.D.; Brown University	Spring 2000
<i>AEXS311 Exercise and Public Health</i> Taught by Tina Manos, Ed.D.; Springfield College	Fall 2000
<i>SB821 Principles and Strategies in Disease Prevention</i> Taught by Barbara Millen, Dr. P.H., R.D., and John Hermos, M.D.; Boston University School of Public Health.	Spring 2001
<i>PY130 Behavioral Medicine</i> Taught by Teresa King, Ph.D.; Brown University	Summer 2001
<i>SB821 Principles and Strategies in Disease Prevention</i> Taught by Barbara Millen, Dr. P.H., R.D., and John Hermos, M.D.; Boston University School of Public Health.	Spring 2002
<i>PY130 Behavioral Medicine</i> Taught by Teresa King, Ph.D.; Brown University	Summer 2002
<i>SB821 Principles and Strategies in Disease Prevention</i>	Fall 2002

Taught by Barbara Millen, Dr. P.H., R.D., and John Hermos, M.D.;
Boston University School of Public Health.

Use of Technology in Health Behavior Change. Advanced seminar: Fall 2004
Clinical Psychology Internship Consortium; Brown University

BC0168 e-Health: Computers, the Internet, and Health Care Fall 2004
Taught by Beth Bock, Ph.D. and Amanda Graham, Ph.D.; Brown University

Member of the Faculty, “Physical Activity and Public Health Research
Training Seminar,” a post-graduate training course sponsored by the CDC
and the University of South Carolina. Park City, UT 2004

*Interactive Health Communications, Technology, and Health Behavior
Change.* Advanced seminar: Clinical Psychology Internship Consortium.;
Brown University 2000-2006

KIN507 Psychology of Human Motivation and Development Fall 2006
Taught by Michael Sachs, Ph.D.; Temple University

PH671 Epidemiologic Research Methods II Spring 2007
Taught by Deborah Nelson, Ph.D.; Temple University

KIN9402 Psychology of Human Motivation and Development Fall 2007
Taught by Michael Sachs, Ph.D.; Temple University

KIN9402 Psychology of Human Motivation and Development Fall 2008
Taught by Michael Sachs, Ph.D.; Temple University

PH1104 Nutrition and Health Spring 2009
Taught by Jennifer O. Fisher, Ph.D.; Temple University

KIN9402 Psychology of Human Motivation and Development Fall 2009
Taught by Michael Sachs, Ph.D.; Temple University

PH1104 Nutrition and Health Fall 2009
Taught by Jennifer O. Fisher, Ph.D.; Temple University

KIN9402 Psychology of Human Motivation and Development Fall 2010
Taught by Michael Sachs, Ph.D.; Temple University

PH1104 Nutrition and Health Fall 2010
Taught by Jennifer O. Fisher, Ph.D.; Temple University

PubH 6503 Introduction to Public Health Communication &Marketing Fall 2012
Taught by Lorien Abrams, Sc.D.; The George Washington University

<i>EXSC6208 Physical Activity: Physiology & Epidemiology</i> Taught by Loretta DiPietro, Ph.D.; The George Washington University	Spring 2013
<i>EXSC6208 Physical Activity: Physiology & Epidemiology</i> Taught by Loretta DiPietro, Ph.D.; The George Washington University	Spring 2014
<i>HON5707 World on a Plate</i> Course Creator and Lecturer: José Andrés Course Director: Kim Robien, PhD, RD The George Washington University	Spring 2014
<i>PUBH6501 Evaluating Health Promotion and Disease Prevention Programs</i> Taught by Amita Vyas, Ph.D. The George Washington University	Spring 2015
<i>EXSC6208 Physical Activity: Physiology & Epidemiology</i> Taught by Loretta DiPietro, Ph.D.; The George Washington University	Spring 2015
<i>EXNS 2114, Nutrition Sciences I.</i> Taught by Allison Meni, Ph.D.; The George Washington University	Fall 2015
Guest lecturer, <i>PUBH6501 Evaluating Health Promotion and Disease Prevention Programs</i> Taught by Amita Vyas, Ph.D.; The George Washington University	Spring 2016
<i>PubH 8401 Foundations of Public Health Leadership and Practice- Doctoral Seminar</i> Taught by Marsha Regenstein, Ph.D.; The George Washington University	Fall 2016
<i>PubH 8401 The Edge of Information Technology</i> Taught by Joseph Mortati, MBA; American University	Fall 2016
<i>PSYC 3128 Health Psychology</i> Taught by Sharon Lambert, Ph.D.; The George Washington University	Spring 2017
<i>PSYC 3170 Clinical Psychology</i> Taught by Christina Gee, Ph.D.; The George Washington University	Spring 2017
<i>PUBH 8434 Behavioral Medicine</i> Taught by David Huebner, Ph.D. MPH; The George Washington University	Fall 2021

NEW COURSES OR PROGRAMS DEVELOPED

New Courses and Curricula:

Temple University-Undergraduate level

Exercise, Nutrition and Behavior.

Developed new course and curriculum focused on lifestyle, health, and psychosocial aspects related to exercise, nutrition, and behavior. Initially offered Fall 2009

Independent Study in Kinesiology: Capstone for Majors.

Developed curriculum focused on professional development, ethics, professional writing, and completion of independent and experiential projects in the area of human movement. Initially offered Fall 2010

Temple University-Graduate level

Mentored Research I: Writing a Successful Grant.

Developed new curriculum focused on the essentials of grant writing. Initially offered Spring 2008

Obesity and Eating Disorders.

Developed new course and curriculum with topics including measurement, epidemiology, behavioral and environmental aspects, and treatment related to obesity and eating disorders. Initially offered Fall 2008

The George Washington University-MPH Level

Physical Activity and Obesity Interventions: From the Individual to the Environment

Developed new course and curriculum focusing on public health issues related to physical activity and obesity, particularly as they relate to solutions for addressing individual factors and the obesogenic environment.

Initially offered as a summer topics class in 2013
Approved as an elective beginning Summer 2014

The George Washington University-PhD Level

Behavioral Medicine and Public Health

This course will provide an in-depth investigation of the field of behavioral medicine with specific applications to public health.

Submitted for approval in Spring 2017
Approved as a core class beginning Fall 2018

Scientific Writing and Training Grant Development

This course will prepare students with the relevant content knowledge needed to pursue NIH training-grant funding, including identifying research gaps, training needs and presentation skills.

Submitted for approval in Fall 2021
Approved as a core class beginning Fall 2022

New Programs:

Bariatric Surgery Nutrition and Psychological Program. Developed bariatric surgery nutrition and psychological program at the Center for Obesity Research and Education at Temple University. Including new psychosocial, nutrition, and medical assessment format to be administered to bariatric surgery candidates, revised structure and content

for nutrition and psychological pre-surgical evaluations, and co-lead post-surgical support groups. 2007-2012

STUDENTS AND TRAINEES

Advising and Mentoring

Graduate Students Supervised

The George Washington University (MPH Academic Advisees)

Rana Abdel-Rahman	2019-2021
Tamika Akhidenor	2022
Adelaide Appiah	2018-2019
Alyssa Baer	2021-2023
Sultana Begum	2016-2019
Aly Brennan	2013-2014
Carolyn Brown-Kaiser†	2022-2024
Roneika Carr	2012-Fall 2015
Odera Ekwunife	2013-Fall 2015
Basma Elharabi	2012-2015
Caitlin Farrell	2022-2024
Kelsey Donnellan	2015-2017
Cara Dufresne†	2022-2024
Udoka Durunna	2018-2020
Corina Galindo	2021-2023
Jordan Genovese	2015-2016
Christa Goldmon	2013-2015
Adjoa Gyasi	2024-present
Alandrea Harris	2023-present
Tiara Haynesworth	2021-2024
Nicole Hill	2017-2018
Madeline Hunsinger	2023-present
Evalina Ikpoh	2014-2017
Susie Johnson	2020-2022
Oshoze Kadiri	2017-2020
Hannah Katz	2023-present
Mekedes Kidnemariam	2013-2014
Alyssa Martin	2023-2024
Meghan Mavredes	2013-2014
Erin McElderry	2012-2014
Carlos Morales	2013-2014
Patience Mhlanga	2019-2021
Risa Nakajima	2012-2014
Irene Okpaghoro	2017-2018
Onize Oniwon	2012-2014
Yusser Ouederni	2023-present
Anna Papazian	2014-2016
Kim Rogers	2021-present
Jennifer Schrum	2013-2014

Payton Sciarratta	2016-2018
Ajayi Scott-Robinson	2022-present
Crystal Sampson	2023-present
Tasnia Shahjahan	2024-present
Pavithra Srinivasan	2019-2021
Hannah Sprinkle	2022-2024
Botamina Sorial	2024-present
Shaghayegh Tabarroki	2014-Fall 2015
Elyshe Voorhees	2013
Snigda Velugu	2015-2017
Tanisha P. Wandhare	2023-present
Ahmed Warsame	2022-present
Emma Walker	2022-2023
Audrey Walbridge	2019-2022
Deja Wortham†	2019-2021
Zhuyin Wang	2014-2016

‡ Recipient of the competitive GW Maternal and Child Health Center of Excellence Research Award for Culminating Experience Project

† 2022 Milken Institute School of Public Health HRSA Public Health Scholar

Total number of GW MPH Academic Advisees=55

The George Washington University Culminating Experience (CE) Advisees

- Prevention and Community Health program areas: Health Promotion (HP), Maternal and Child Health (MCH), Public Health Communication and Marketing (PHCM), and Community Oriented Primary Care (COPC).
- Other departments: Epidemiology (EPI) and Exercise and Nutrition Sciences (EXNS).

Hannah Lane (HP)	Spring 2013
Elyshe Voorhees (MCH)	Winter 2013
Tatiana Elghossain (MCH)	Spring 2014
Meghan Mavredes (MCH)	Spring 2014
Risa Nakajima (MCH)	Spring 2014
Kelley Vargo (PHCM)	Spring 2014
Craig Czelusta (HP)	Spring 2014
Onize Oniwon (MCH)	Summer 2014
Sarah Lynch (HP)	Summer 2014
Erin McElderry (MCH)	Summer 2014
Basma Elharabi (MCH)	Spring 2015
Christa Goldmon (MCH)	Spring 2015
Mekedes Kidnemariam (MCH)	Spring 2015
Carlos Morales (MCH)	Spring 2015
Jennifer Schrum (MCH)	Spring 2015

Caitin Howe (HP)	Summer 2015
Odera Ekwunife (MCH)	Fall 2015
Sasha Tabarroki(MCH)	Fall 2015
Roneika Carr (MCH)	Fall 2015
Madeline Kirch (EXNS)	Spring 2016
Anna Papazian (MCH)	Summer 2016
Zhuyin Wang (MCH)	Summer 2016
Colleen Sideck (PHCM)	Spring 2017
Chelsey DuBois (HP)	Spring 2018
Chloe Diamond (PHCM)	Spring 2018
Krista Lepping (HP)	Spring 2018
Rachel Ingersoll (PHCM)	Spring 2018
Ilse Argueta (HP)	Spring 2018
Shaina Cales (PHCM)	Spring 2018
Yuqing Zhang (EPI)	Fall 2018
Alexis Latifi (HP)	Summer 2019
Elizabeth McHugh (HP)	Fall 2019
Jeanie Arnold (PHCM)	Spring 2020
Azar Gaminian (MCH)	Spring 2020
Micaela Manley (HP)	Spring 2020
Darsheeka Patel (PHCM)	Spring 2020
Po-ying Tseng (HP)	Summer 2020
Mira Agneshwar (MCH)	Spring 2021
Connor Galvin (PHCM)	Spring 2021
Alexis Hooper (MCH)	Spring 2021
Kaiulani Kamau (PHCM)	Spring 2021
Deja Wortham (MCH)	Spring 2021
Ebony Eddy (MCH)	Spring 2022
Bailey Hoglin (MCH)	Spring 2022
Laurel Holmes (HP)	Spring 2022
Elizabeth Cassidy (MCH)	Spring 2022
Diletta Mittone (MCH)	Spring 2022
Katherine Starr (MCH)	Spring 2022
Laura Tiffany (MCH)	Spring 2022
Zeinab Hamdan (MCH)	Fall 2022
Meghin Brooks (HP)	Fall 2022
Catrisse McDowell (PHCM)	Spring 2023
Jenna Stribling (HP)	Spring 2023
Jadyn Dunning (MCH)	Spring 2023
Niaja Nolan (MCH)	Spring 2023

Jonathan Argetsinger (HP)	Summer 2023
James Carranco (PHCM)	Summer 2023
(Quynh-Nhu) Kristen Nguyen (PHCM)	Fall 2023
Olivia SaoBento (COPC)	Fall 2023
Zarah Akrami (MCH)	Spring 2024
Jonel Emlaw (COPC)	Spring 2024
Caitlin Farrell (MCH)	Spring 2024
Yulia Groysman (MCH)	Spring 2024
Madison Hartsell (MCH)	Spring 2024
Sabrina Lasch (HP)	Spring 2024
Lina Lim (MCH)	Spring 2024
Lake Murray (HP)	Spring 2024
Larkin O’Gorman (MCH)	Spring 2024
Cassandra Navalta (MCH)	Spring 2024
Jazzmine Parliyan (MCH)	Spring 2024
Rosaline Ruiz (HP)	Spring 2024
Chloe Lampros-Monroe (MCH)	Summer 2024

Total number of GW CE Advisees=72

Exercise and Nutrition Sciences Undergraduate Senior Project Advisees

Katrina Hufnagel	Spring 2014
Timothy Tsung	Spring 2019
Tamarandobra Ogeh	Spring 2019

Total number of GW Undergraduate Senior Project Advisees=3

Master’s Committee: Temple and Drexel University

Chad Hayes, M.A. (Temple)	2007
Caitlin LaGrotte, M.A. (Temple)	2007
Toni Marousek, M.A. (Temple)	2007
Jenné Massie, M.A. (Temple)	2008-2009
Erin Andrews, M.P.H. (Drexel)	2010
Allison Ives, M.S. (Temple)	2010-2011
Matthew Wright, M.S. (Temple)	2011

Master’s Committee: The George Washington University

Exercise Science Master’s Committees

Heather Manning	2012-2013
Madison Mullen	Spring 2016

Doctoral Dissertation-Primary: Temple University

Tracy Oliver, R.D., M.S., Ph.D.	2008
Uma Nair, M.S. Ph.D.	2006-2010

Doctoral Dissertation-Primary: The George Washington University

Laura Major, MPH (DrPH May 2022). Dissertation Co-Chair	2019-2022
Erin Wentzell, DPT (DrPH May 2023). Dissertation Co-Chair	2019-2023
Caitlin Bailey, MPH (PhD expected May 2024). Dissertation Chair	2020-2024
• Recipient of Society of Behavioral Medicine (SBM) student researcher awards:	
• 2024 SBM Karen Calfas Physical Activity Student Research Excellence Award	
• GW 3-Minute-Thesis (3MT) competition 3 rd place for her presentation, “ <i>The Future of Physical Activity Guidelines</i> ”	
• 2021 SBM Distinguished Student Researcher Award	
Alison Cuccia, MPH (DrPH May 2024). Dissertation Chair	2022-2024
Monica Forquer, MS (DrPH May 2024). Dissertation Chair	2022-2024
Laura Santacrose, MPH (DrPH May 2024). Dissertation Chair.	2023-2024
Gregory Maxson, MPH (DrPH expected May 2025). Dissertation Chair.	2022-Present

Total number of GW Doctoral Dissertation Committees Chaired=7

Doctoral Dissertation Committee: Temple University

Megan Spokas, Ph.D.	2007
Chad Hayes, M.A.	2007
Colin Guthrie, Ph.D.	2008
Heidi Freeman, Ph.D.	2008
Nicole Wood, Ph.D.	2008
Elizabeth Loughren, Ph.D.	2008-2009
Stuart Shore, Ph.D.	2008-2009
Rolf Wagschal, Ph.D.	2008-2009
Gloria Park, Ph.D.	2009-2010
Jamie Mansell, Ph.D.	2010-2012

Doctoral Dissertation Committee: The George Washington University

Jennifer Schindler-Ruwisch	2017-2018
Yasir Shah	Spring 2018-Summer 2018
Ghada Khan	Summer 2018
Xahur Gul	Summer 2021

Doctoral Dissertation Committee

Jennifer Schrum, MPH MSW (PhD expected May 2023, Rutgers University).	2021-2023
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Master’s or Doctoral thesis reader

School of Media and Public Affairs Strategic Communication Capstone, <i>Reader</i>	
Fabiola Joubert	2012-2013

International External Examination Committees

Callie Davies (PhD 2011); CQAustralia University	2011
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Pre/Post-Doctoral Fellows: Temple University

Melissa S. Xanthopoulos, Ph.D. (post-doctoral fellow)	2006-2007
Elicia Nadimin, M.A. (pre-doctoral intern)	2006-2007
Peter Thunfors, M.Ed. (pre-doctoral intern)	2007
Cindy Buchanan, M.S. (pre-doctoral intern)	2008
Lisa House, M.S. (pre-doctoral intern)	2008
Lisa Dunbar, M.S. (pre-doctoral intern)	2007-2008
Eddie Goldbacher, Ph.D. (post-doctoral fellow)	2008-2010
Paul Wachowiak, M.S. (pre-doctoral intern)	2008-2009
Susan Himes, M.A. (pre-doctoral intern)	2008-2009
Kimberly Dasch, M.A. (pre-doctoral intern)	2008-2009
Sharon M. Hayes, M.A. (pre-doctoral intern)	2009-2010
Sharon M. Hayes, Ph.D. (post-doctoral fellow)	2010-2013

Pre/Post-Doctoral Fellows: Brown University

Beth Lewis, M.A (pre-doctoral intern)	2000-2001
Beth Lewis, Ph.D. (post-doctoral fellow)	2001-2003
Jessica Whiteley, Ph.D. (post-doctoral fellow)	2001-2003
David Williams, Ph.D. (post-doctoral fellow)	2004-2005
Gareth Dutton, M.A. (pre-doctoral intern)	2004-2005
Jessica Whiteley, Ph.D. (faculty)	2004-2005
Ernestine Jennings, M.A. (pre-doctoral intern)	2005-2006
Ronesia Gaskins, M.A. (pre-doctoral intern)	2005-2006

Research Supervision: Temple and Drexel University

Graduate Students

Tracy Oliver, M.Ed., R.D. (Kinesiology-Exercise Physiology)	2008
Uma Nair, M.S. (Kinesiology-Sport and Exercise Psychology)	2006-2010
Adam Wright, M.A. (Kinesiology-Sport and Exercise Psychology)	2007-2011
Allison Ives, B.S. (Kinesiology-Sport and Exercise Psychology)	2010-2011
Michael Hoffman B.A (Kinesiology-Sport and Exercise Psychology)	2011-2012
Christine McNutt, B.A., (Kinesiology-Sport and Exercise Psychology)	2011-2012

Undergraduate Students

Chi Chan (Undergraduate Research Assistant)	2007- 2008
Rebecca Molotsky (Undergraduate Research Assistant)	2008
Melanie Foxx (Summer Research Opportunity Fellowship)	Summer 2008
Melanie Foxx (Diamond Research Scholar Program)	2008-2009
Melissa Brinckman (Undergraduate Research Assistant)	2009-2010
Lovemine Jeannott (Public Health Internship)	Spring 2010
Jessica Colucci (Public Health Internship)	Summer 2010
Megan Halkins (Public Health Internship)	Fall 2010
Janna Howard (Drexel University; Co-operative Student)	Fall-Spring 2010
Kenneth Huang (Drexel University; Co-operative Student)	Fall-Spring 2010
Taylor Mullens (Undergraduate Research Assistant)	Spring 2011

Karoline Recek (Public Health Internship)	Spring 2011
Susan Kavulich (Public Health Internship)	Spring 2011
Mika Miyake (Exercise Physiology Intern)	Spring 2011

Michael Cronin (Drexel University; Co-operative Student)	Spring-Summer 2011
Megan Quarmley (Drexel University; Co-operative Student)	Fall-Spring 2011
Joann Akpan (Public Health Internship)	Fall 2011
Stephanie Goldstein (Drexel University; Co-operative Student)	Spring-Summer 2012
Gina D'Aloisio (Exercise Physiology Intern)	Summer 2012
Victor Ahuruonye (Public Health Internship)	Summer 2012

Brown University

Undergraduate Students

Sarah Keil	Fall 2002
Meaghan Harwood	Spring 2004
Holly Escudero	Fall 2004

Research Supervision: The George Washington University

Doctoral Level Graduate Students

Jennifer Schindler-Ruwisch (Doctoral Research Leadership Credits)	Fall 2014-Summer 2015
Laurel Curry (Doctoral Instructional Leadership Credits)	Summer 2015
Morgane Bennett (Doctoral Instructional Leadership Credits)	Summer-Fall 2019
Jiayan Gu (Doctoral Research Assistant)	Summer 2019
Alison Cuccia (Doctoral Research Leadership Credits)	Summer 2021-Fall 2022
Gregory Maxson (Doctoral Research Leadership Credits)	Summer 2021-present
Caitlin Bailey (Doctoral Research Assistant)	Summer 2020-2024
Ashley Tjaden (Epidemiology PhD Biostatistics Consulting Practicum)	2019-2020
Victoria Trapani (Epidemiology PhD Biostatistics Consulting Practicum)	Summer 2021

Total number of GW doctoral students supervised in research=9

Master's Level Graduate Students

Sarah Lynch (Graduate Student Research Assistant)	2012- 2014
Kelley Vargo (Graduate Student Research Assistant)	2012- 2013
Meghan Mavredes (Graduate Student Research Assistant)	2013- 2014
Madeline Kirch (Graduate Student Research Assistant)	2014- 2016
Jessica Rafetto (Graduate Student Research Assistant)	2014
Mira Kahn (Graduate Student Research Assistant)	2014-2015
Allison Rubinoff (Graduate Student Research Assistant)	Spring 2015
Sara Pellegrino (Graduate Student Research Assistant)	Fall 2015- Summer 2016
Jocelyn Resnick (Graduate Student Research Assistant)	Fall 2015-Spring 2016
Rachel Ingersoll (Graduate Student Research Assistant)	Summer 2016-2018
Jennifer Reiner (Graduate Student Research Assistant)	Summer 2016-Fall 2016
Erika Blankenship (Graduate Student Research Assistant)	Summer 2016-2018
Nicholas Ryan (Graduate Student Research Assistant)	Spring 2017-Summer 2017

Mary Moran (Graduate Student Research Assistant)	Spring 2017-Summer 2017
Virginia Andrews (Graduate Student Research Assistant)	Spring 2018-Fall 2018
Yuqing Zhang (Practicum Student)	Fall 2018
Azar Gaminian (Graduate Student Research Assistant)	Summer 2018-Summer 2020
Sanchita Narayan (Practicum Student)	Fall 2021

Total number of GW graduate students supervised in research=27

Undergraduate Students

Katrina Hufnagel (Undergraduate Research Assistant)	2012- 2014
Hillary DeCarl (Undergraduate Research Assistant)	2013-2014
Meghan Culhane (Undergraduate Research Assistant)	2014
Mahathi Nagarur (Undergraduate Research Assistant)	2014
Caitlin Sirianni (Undergraduate Research Assistant)	2014-2015
Juliet Schear (Undergraduate Research Assistant)	2014
Stephanie Bono (Undergraduate Research Assistant)	2014-2015
Kyle Calder (Undergraduate Research Assistant)	Spring 2015
Elena Clark (Undergraduate Research Assistant)	Spring 2015
Marissa Young (Undergraduate Research Assistant)	Spring 2015
Julian Gaitan (Undergraduate Research Assistant-UVA)	Summer 2015
Ranjit Bhangu (Undergraduate Research Assistant)	Summer 2015-Spring 2016
Gabrielle Hull (Undergraduate Research Assistant)	Spring 2016
Sarah Weinbrom (Undergraduate Research Assistant)	Spring 2016
Phyllis Morral (Undergraduate Research Assistant)	Spring 2016
Jennifer Kranjec, (Undergraduate Research Assistant)	Spring 2016
Ameer Khalek (Undergraduate Research Assistant)	Spring 2016
Sarah Gleysteen (Undergraduate Research Assistant)	Summer 2016
Timothy Tsung (Undergraduate Research Assistant)	Summer 2017-2019
Lesley Fatica (Undergraduate Research Assistant)	Summer 2018-Spring 2019
Tamarandobra Ogeh (Undergraduate Research Assistant)	Summer 2018-2018
Stephanie Shimoda (Undergraduate Research Assistant)	Fall 2018
Caleb Delisle (Undergraduate Research Assistant)	Fall 2018
Mohmeet Choudhary (Undergraduate Research Assistant)	Spring 2019
Ali Sarhan (Undergraduate Research Assistant)	Fall 2020
Zohaa Ahmed (Undergraduate Research Assistant)	Summer -Fall 2021

Total number of GW undergraduate students supervised in research=26

PUBLIC HEALTH PRACTICE PORTFOLIO

PARTICIPATION ON ADVISORY PANELS

Consultant (unpaid) to the 2018 Physical Activity Guidelines Advisory Committee
Physical Activity Promotion Subcommittee
U.S. Department of Health and Human Services

April 2017-March 2018

Official Representative on Behalf of the Society of Behavioral Medicine

Roundtable on Obesity Solutions, National Academies of Sciences, Engineering, and Medicine
May 2019-April 2024

Member

The Physical Activity and Health Innovation Collaborative, associated with the Roundtable on
Obesity Solutions at the National Academies of Sciences, Engineering, and Medicine
May 2019-present