

Let's Talk About PrEP

Pre-Exposure Prophylaxis (PrEP) is FDA approved and can decrease the chance of getting HIV from sex by about 99% when taken properly¹. Oral and injectable PrEP give you options to meet your preferences and needs.¹⁻⁴

Let's compare oral and injectable forms of PrEP so that you know what each involves.

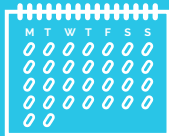


Oral PrEP³⁻⁵



Pill taken by mouth

How do I use it?



1 pill daily

When do I use it?



Anywhere

Where do I use it?

What are the side effects?

Both oral and injectable PrEP can cause side effects.



Headache



Gastrointestinal issues
diarrhea, nausea,
stomach area pain, etc.



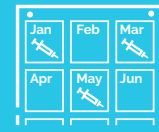
Weight changes

Injectable PrEP²

Injected into the muscle of the butt by a healthcare provider



1 injection every 2 months*



*after 2 initiation injections administered 1 month apart

Clinic from a healthcare provider



How well does it work?

Studies found oral and injectable PrEP both work very well when used as prescribed. Using PrEP as agreed upon with your prescriber is directly linked to how well PrEP can work.

Find out more important details about how well PrEP works from your healthcare provider.

How well I use PrEP



How well PrEP works

99%

What questions come to mind so far?

References: 1. Centers for Disease Control and Prevention. U.S. Public Health Service. Preexposure prophylaxis for the prevention of HIV infection in the United States—2021 Update: a clinical practice guideline. <https://www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-prep-guide-lines-2021.pdf>. Accessed 02 Jan 2024. 2. Apretude [US Prescribing Information]. Durham, NC: ViiV Healthcare. December 2023. 3. Truvada [US Prescribing Information]. Foster City, CA: Gilead Sciences. October 2023. 4. Descovy [US Prescribing Information]. Foster City, CA: Gilead Sciences. January 2022. 5. Descovy for PrEP (FTC/TAF) Weight Change. Gilead Medical Information. 16 January 2024.

Funding for the development of this tool was provided by ViiV Healthcare

Now let's think through
which form of PrEP
is right for you.



Oral PrEP³⁻⁵

Injectable PrEP²

Would you prefer to...



...swallow a pill?

...receive an injection?



Is it easier for you to...



...remember to take
a pill everyday?

...get to the clinic every
2 months* to receive
an injection?



*after 2 initiation injections
administered 1 month apart

Would you be
more comfortable...



...with others discovering
your pills?

...being seen at the clinic
waiting to get an injection?



Now it's time to talk with your healthcare provider about
which PrEP option is best for your preferences and needs.



Oral PrEP

or



Injectable PrEP

You can let them know if you have questions about any of the topics below:

☐ How HIV testing works and getting started on PrEP

☐ How HIV testing works while on PrEP

☐ Time from starting PrEP to protection from HIV

☐ Missed doses

☐ Long term side effects

☐ Interactions with other medicines

☐ Cost, coverage, and resources available

☐ Reproductive health considerations

☐ Other HIV and STI prevention methods

References: **1.** Centers for Disease Control and Prevention. U.S. Public Health Service. Preexposure prophylaxis for the prevention of HIV infection in the United States—2021 Update: a clinical practice guideline. <https://www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-prep-guide-lines-2021.pdf>. Accessed 02 Jan 2024. **2.** Apretude [US Prescribing Information]. Durham, NC: ViiV Healthcare. December 2023. **3.** Truvada [US Prescribing Information]. Foster City, CA. Gilead Sciences. October 2023. **4.** Descovy [US Prescribing Information]. Foster City, CA. Gilead Sciences. January 2022. **5.** Descovy for PrEP (FTC/TAF) Weight Change. Gilead Medical Information. 16 January 2024.

**Funding for the development
of this tool was provided by
ViiV Healthcare**