

# Milken Institute School of Public Health

THE GEORGE WASHINGTON UNIVERSITY

**MELISSA A. NAPOLITANO, PH.D.**

## PERSONAL DATA

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## EDUCATION AND TRAINING

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UNDERGRADUATE EDUCATION	DATES	DEGREE/YR/SUBJECT
Yale University New Haven, CT 06520	1989-1993	B.A., 1993, Psychology

### GRADUATE EDUCATION

Duke University ( <i>APA Accredited</i> ) Durham, NC 27710	1994-1996	M.A., 1996, Clinical Psychology
Duke University ( <i>APA Accredited</i> ) Durham, NC 27710	1996-1999	Ph.D., 1999, Clinical Psychology

### POSTGRADUATE TRAINING

**Psychology Intern, Brown University Clinical Psychology Training Consortium.**  
(*APA Accredited*)  
Providence, Rhode Island.  
*Specialized in Health Psychology/Behavioral Medicine* 1998-1999

**Post-doctoral Fellow, Brown University Clinical Psychology Fellowship Program.**  
Providence, Rhode Island.  
*Specialized in Health Psychology/Behavioral Medicine* 1999-2000

**Physical Activity and Public Health Research Training Seminar.**  
*A post-graduate course devoted to research directions in physical activity and public health.*  
*Sponsored by the CDC and University of South Carolina School of Public Health* 1999

**GW Academic Leadership Academy**

Nominated and accepted to participate in the inaugural class of the academy 2019-2020

**PROFESSIONAL LICENSURE**

Rhode Island (Psychologist)	PS 00731	2000-2006
Pennsylvania (Psychologist)	PS 016123	2006-present

**PROFESSIONAL EMPLOYMENT**

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**ACADEMIC APPOINTMENTS**

Professor Department of Prevention and Community Health <i>Secondary appointment</i> , Department of Exercise and Nutrition Sciences Milken Institute School of Public Health The George Washington University	2017-present
Associate Professor (with Tenure since July 1, 2014) Department of Prevention and Community Health <i>Secondary appointment</i> , Department of Exercise and Nutrition Sciences Milken Institute School of Public Health The George Washington University	2012-2017
Associate Professor, Department of Kinesiology Temple University, Philadelphia, PA	2006-2012
Research Scientist, Center for Obesity Research and Education Temple University, Philadelphia, PA	2006-2012
Secondary appointment, Department of Public Health Temple University, Philadelphia, PA	2007-2012
Adjunct Associate Professor, Department of Biology College of Science and Technology Temple University, Philadelphia, PA	2011-2012
Assistant Professor, Psychiatry and Human Behavior (Research) Brown Medical School, Providence, RI	2000-2006
Adjunct Assistant Professor, Department of Psychology Brown University, Providence, RI	2003
Post-doctoral Fellow, Centers for Behavioral and Preventive Medicine Brown University/ The Miriam Hospital, Providence, RI	1999-2000

**HOSPITAL APPOINTMENTS**

Staff Psychologist	2000-2006
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The Miriam Hospital, Providence, RI

### OTHER APPOINTMENTS

STOP Obesity Alliance, Associate Member	2013-present
Temple University Clinical Psychology Internship Faculty	2010-2011
Director, Behavioral Medicine Clinical Psychology Internship Rotation Temple University College of Health Professions and Social Work/ Center for Obesity Research and Education, Philadelphia, PA <i>APA Accredited Internship</i>	2006-2010
Brown University Clinical Psychology Internship Consortium Faculty, Behavioral Medicine Track	2000-2006
Project Director, Exercise Studies. Centers for Behavioral and Preventive Medicine Brown Medical School/The Miriam Hospital	2000-2002
Site Coordinator, National Institute on Aging Grant. <u>Exercise Advice by Human or Computer: Testing 2 Theories</u> (#AG16587; Abby King, PI; Bess Marcus, PI of Subcontract)	1999-2004

### HONORS AND AWARDS

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Distinction in the Psychology Major	Yale University	1993
Graduate Fellowship/Assistantship	Duke University	1994-1999
<i>Association for the Advancement of Behavior Therapy</i> Obesity and Eating Disorders Graduate Student Researcher Award		1996
<i>Society of Behavioral Medicine</i> Citation Award		2002
Elected Fellow, Society of Behavioral Medicine		2018

### GRANTS

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#### AWARDED

*Translation of social media obesity treatment into two college campus communities*  
National Institute of Diabetes and Digestive and Kidney Disease (R01DK100916)  
Total direct costs: \$2,305,488 5/1/2014-4/30/2019 (no cost extension through 2022)  
Main objective: We will build on our expertise and technological platforms to translate and deliver a social media weight loss program to college students on two campuses. This randomized controlled trial of 450 college students will examine the efficacy of the weight loss treatment, as well as the sustainability infrastructure.  
Role: Principal Investigator

#### UNDER REVIEW (2022-2023)

*Evaluating the efficacy of a multilevel interactive digital physical activity and diet program for college students*  
National Cancer Institute

Main objective: This study builds upon successfully completed preliminary work to develop and evaluate a brief, interactive self-assessment and feedback intervention to promote activity and healthy diet behaviors among college students. We will enroll 550 college students (ages 18-29, at risk/have obesity, and insufficiently active) enrolled at two institutions (a private 4-year university and public 4-year minority serving institution). The primary outcome is moderate-to-vigorous physical activity with secondary outcomes including sedentary behavior, diet quality, and weight. This study is novel as it addresses multiple levels of the ecological model, and includes a partnership with a University Stakeholders Advisory Board, including members from the American College Health Association (ACHA), who will provide information for future implementation.

*Total direct costs:* \$3,958,762

*Role:* PI

## **CONCLUDED**

### **Principal Investigator:**

*Psychological Intervention for Patients Awaiting Lung Transplantation* 1998

Lung Health Research Dissertation Grant. #LH-007

North Carolina affiliate of the American Lung Association

Total award: \$12,500

Main objective: This study evaluated the efficacy of a telephone-based psychosocial intervention for patients awaiting lung transplantation. This study was the first to examine a telephone-based intervention to assist patients during the pre-surgical process.

*Tailored Exercise Intervention for Older Adults* 2000-2002

California Department of Health and the University of California at San Francisco.

Total award: \$54,845

Main objective: The overall purpose of this program is to increase the levels of physical activity among senior citizens in the state of California, by delivering a print-based program.

*Worksite and Media Promotion of the Path to Health in Providence* 2000-2001

Rhode Island Prevention Coalition and Rhode Island Department of Health.

Total award: \$23,177

Main objective: The purpose of this project is to expand upon the Path to Health model and develop a health promotion campaign in order to maximize the effectiveness of the Paths. The objective of this campaign is to increase awareness of the benefits of being physically active, increase awareness of lifestyle (e.g., walking for errands, stair use) and environmental (e.g., Path to Health) opportunities for being active.

*Evaluating Self-Help Programs for Exercise Adoption and Maintenance in Women*

Robert Wood Johnson Foundation. #044224 2002-2004

Total award: \$749,343. *No cost extension through 2005.*

Main objective: This study evaluated two non-face-to face programs for increasing physical activity among women. The RCT had community-focused approach and evaluated the programs when disseminated via a public health context.

*Development and Evaluation of a Tailored Exercise Intervention for Women* 2003-2006

Scientist Development Grant from the American Heart Association. #0330255N

Total award: \$258,485

Main objective: Major goal of this project is to develop and refine existing tailored physical activity materials to target the barriers and facilitators of women. The second phase will be to conduct an RCT to determine the efficacy of these print materials for physical activity adoption and short-term maintenance in previously sedentary women.

*Tailored Exercise Intervention for Older Adults. Part II: Analysis*

2005

University of South Carolina

Total award: \$6,000

Main objective: An evaluation of the public health intervention to increase physical activity among senior citizens in the state of California, by delivering a print-based program.

*Exercise to Aid Smoking Cessation in Adolescent Girls*

2005-2007

National Cancer Institute #R03CA119712

Total award: \$146,060 *No cost extension through Aug 2008*

Main objective: In this proposal, we seek to: 1) conduct the formative work to adapt the cessation materials and exercise protocol from focus on adult women to college females, and 2) conduct a small randomized pilot trial to determine the preliminary efficacy of the intervention in a sample of college females.

*Combining Treatment Approaches for Obesity and Depression*

2007-2008

Temple University Faculty Grant Award

Total award: \$30,000

Main objective: This was a pilot project to develop and evaluate a weight loss program for adults with clinical depression.

*Active Owls: Promoting Active Commuting and Physical Activity at Temple University*

Department of Health, State of PA.

2009-2010

Total award: \$100,000

Main objective: This project evaluated a multi-pronged project aimed at promoting physical activity, primarily via cycling. Phase 1 assessed a social marketing campaign ("Bike Temple") designed to promote active commuting via cycling among Temple University community members. Phase II evaluated a weight loss intervention aimed at college students using a technology-based approach that included social networking and text messaging.

*Virtual World Technology and Behavioral Weight Loss*

2010

Temple University Interdisciplinary Research Grant

Total award: \$4,979

Main objective: Virtual reality (VR) and other avatar-based technologies are potential methods for demonstrating and modeling weight loss behaviors. This study consisted of two phases: 1) an online survey to obtain feedback about using avatars for modeling weight loss behaviors; 2) technology development and usability testing to create an avatar-based technology program for modeling weight loss behaviors.

*EatRight.Edu: Development and usability testing of a nutrition and healthy eating educational platform* (Posey, Co-PI) 1/1/2013-12/31/2013

The George Washington University, Food For Thought Research Grant

Total award: \$35,500

Main objective: The goal of this research grant was to conduct the formative work to develop and usability test an eLearning platform to promote healthy eating and ultimately prevent weight gain among college freshman.

*Weight Loss After the League:*

*A Program for Retired NFL Football Players*

10/1/2013-9/30/2013

Living Heart Foundation

Total award: \$54,010

Main objective: The proposed weight loss program will involve two phases. Phase 1 will be to conduct the formative work to customize George Washington University's state-of-the-art weight loss and exercise program for retired NFL players and their support. Phase 2 will consist of delivering the NFL-customized 6 month weight loss program to 10 retired players and their support person.

**Co-Investigator:**

*Exercise Instruction Via Phone and Print*

2000-2004

National Heart, Lung, and Blood Institute #HL64342.

Total award: \$1,600,511. *No cost extension though 2006*

Main objective: The objective of this RCT is to determine the differential effect of intervention delivery channel (phone versus print versus wait list control) on physical activity adoption and maintenance in previously sedentary adults.

*Interactive Technologies to Increase Exercise Behavior*

2003-2006

National Heart, Lung, and Blood Institute # HL069866

Total award: \$1,869,710

Main objective: The purpose of this RCT is to compare an Internet-based tailored physical activity intervention to the print-based tailored physical activity intervention in healthy, sedentary adults.

*Exercise to Aid Smoking Cessation in Women (Supplement)*

2003-2004

National Cancer Institute #CA77249S

Total award: \$183,232.

Main objective: Weight concerns and the fear of weight gain following smoking cessation may contribute to women continuing to smoke and to the unsuccessful maintenance of a quit attempt. Therefore, this study evaluated a cognitive-behaviorally based smoking cessation program plus exercise delivered through a community setting (i.e., the YMCA).

*Achieving Physical Activity Guidelines Through an Enhanced Print Intervention*

2006-2009

National Heart, Lung, and Blood Institute #HL64342S

Total award: \$2,016,397

Main objective: This RCT tested an enhanced version of our individually tailored print intervention in an attempt to help a larger percentage of participants achieve the national recommendations for physical

*Treating Obesity and Its Consequences in Underserved Populations*

2006-2009

Department of Health, State of PA.

Total award: \$4,151,920

Main objective: This RCT compared the relative efficacy of an Internet vs. an In-Person maintenance program for participants who have undergone a behavioral weight control program. Recruitment and treatment delivery will occur in faith-based organizations in rural and urban underserved populations.

*Low Intensity Post Meal walking and Glycemic Control in Older People*

National Institute on Aging (R56 AG050661:DiPietro PI)

Total direct costs: \$240,014 (15% effort)

09/30/2015 – 9/29/17

Main objective: The purpose of this proposal is to examine whether low-intensity post-meal walking is an effective counter-measure to prolonged sitting for improving glycemic control and metabolic flexibility in older people at risk for type 2 diabetes

*Role:* Co-Investigator*Calculation of Percent Body Fat by Analyzing Virtual Body Models*

National Heart Lung and Blood Institute (R21 HL124443: Hahn PI)

Total direct costs: \$275,000 (7% effort)  
extension)

07/01/2015 – 6/30/17 (no cost

Main objective: The project will develop a new method to capture the 3D surface and shape of a human body and a new method to use these data to calculate percent body fat. By making these tools widely available and economical, the proposed approach has the potential for major contributions in the assessment and treatment of obesity.

*Role:* Co-Investigator*Fit4Mom: Digital Healthy Weight Program for African American Postpartum Women*

NIH National Institute on Minority Health and Health Disparities (NIMHD) (R21 MD011652)

Total direct costs: \$275,000

7/01/2017 – 06/30/2019

Main objective: The *Fit4Mom* project will pilot test the feasibility and acceptability of mobile and social media to reduce GWG among African American postpartum women

*Role:* Multi-PI (along with Evans and Harrington)*Examining appetite regulation in weight loss treatment responders versus non-responders*  
GW OVRP

Total direct costs: \$49,653

7/1/2019-6/30/2020, no cost extension through 2021

Main objective: Examine behavioral and the physiological mechanisms of appetite and weight regulation to understand how these factors affect treatment responsiveness.

*Role:* MPI (with DiPietro)*Center for Translational Science Institute at Children's National (CTSI-CN)*

National Center for Advancing Translational Sciences (U54 TR001359: Guay-Woodford PI)

Year 1 Total direct costs: \$3,423,123

07/01/2016-05/31/2021

Main objective: The mission of the Clinical and Translational Science Institute at Children's National (CTSI-CN) is to address the barriers and serve as a hub within the CTSA Network that is focused on the promotion of child health-related clinical and translational research.

*Role:* Co-Investigator and Co-Lead Participant and Clinical Interaction Module

### **Grants Concluded (as Mentor):**

*Tailored parent training for pediatric weight management.* (PI: Hayes)

National Institute of Child Health and Human Development F32 HD066939

Total award=\$100,430

2011-2013

Main objective: The research component of this training award aimed to develop and conduct a feasibility assessment of a tailored weight management program for overweight/obese children and parents. The program will be adapted from evidence-based parenting interventions.

### **Grants Concluded (as Consultant):**

*Promoting Health and Pediatric Cancer Survivorship* (PI: Tercyak)

Hyundai Hope on Wheels (Funder)

Georgetown University Medical Center

2013

*AHA Strategically Focused Research Network: mHealth Intervention to Preserve and Promote Ideal Cardiovascular Health* (PI: Spring)

American Heart Association

Northwestern University

2014-2017

## **PUBLICATIONS**

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### **ARTICLES IN REFEREED JOURNALS**

1. Brownell, K. D., & Napolitano, M. A. (1995). Distorting reality for children: Body size proportions of Barbie and Ken dolls. *International Journal of Eating Disorders, 18*, 295-298.
2. Szczepanski, R., Napolitano, M., Feaganes, J. R., Barefoot, J. C., Luecken, L., Swoap, R., Kuhn, C., Suarez, E., Siegler, I. C., Williams, R. B., & Blumenthal, J. A. (1997). Relation of mood ratings and neurohormonal responses during daily life in employed women. *International Journal of Behavioral Medicine, 4*, 1-16.
3. Slay, H. A., Hayaki, J., Napolitano, M. A., & Brownell, K. D. (1998). Motivations for running and eating attitudes in obligatory versus nonobligatory runners. *International Journal of Eating Disorders, 23*, 267-275.
4. Moore, K. A., Babyak, M. A., Wood, C. E., Napolitano, M. A., Khatri, P., Craighead, W. E., Herman, S., Krishnan, R., & Blumenthal, J. A. (1999). The association between physical activity and depression in older depressed adults. *Journal of Aging and Physical Activity, 7*, 55-61.
5. Blumenthal, J. A., Babyak, M. A., Moore, K. A., Craighead, W. E., Herman, S., Khatri, P., Waugh, R., Napolitano, M. A., Forman, L. M., Appelbaum, M., Doraiswamy, P. M.,



- & Krishnan, K. R. (1999). Effects of exercise training on older patients with major depression. *Archives of Internal Medicine*, *159*, 2349-2356.
6. Niaura, R., Napolitano, M. A., & Marcus, B. (2000). Combined effects of exercise and smoking cessation on serum lipids in women. *The American Journal of Medicine and Sports*, *2*, 108-116.
  7. Napolitano, M. A., Head, S., Babyak, M. A., & Blumenthal, J. A. (2001). Binge eating disorder and night eating syndrome: Psychological and behavioral characteristics. *International Journal of Eating Disorders*, *30*, 193-203.
  8. Napolitano, M. A., Babyak, M. A., Palmer, S., Tapson, V., Davis, R. D., & Blumenthal, J. A. (2002). Effects of a telephone-based psychosocial intervention for patients awaiting lung transplantation. *Chest*, *122*, 1176-1184.
  9. Napolitano, M. A., & Marcus, B. H. (2002). Targeting and tailoring physical activity information using print and information technologies. *Exercise and Sport Sciences Reviews*, *30*, 122-128
  10. Sciamanna, C. N., Lewis, B., Tate, D., Napolitano, M. A., Fotheringham, M., Marcus, & B. H. (2002). User attitudes toward a physical activity promotion website. *Preventive Medicine*, *35*, 612-615.
  11. King, A. C., Friedman, R., Marcus, B., Castro, C., Forsyth, L., Napolitano, M., & Pinto, B. (2002). Harnessing motivational forces in the promotion of physical activity: The Community Health Advice by Telephone (CHAT) project. *Health Education Research*, *17*, 627-636.
  12. Jakicic, J. M., Marcus, B. H., Gallagher, K. I., Napolitano, M., & Lang, W. (2003). Effect of exercise duration and intensity on weight loss in overweight, sedentary women: A randomized trial. *Journal of the American Medical Association*, *290*, 1323-1330.
  13. Napolitano, M. A., Fotheringham, M., Tate, D., Sciamanna, C., Leslie, E., Owen, N., Bauman, A., & Marcus, B. (2003). Evaluation of an Internet-based physical activity intervention: A preliminary investigation. *Annals of Behavioral Medicine*, *25*, 92-99.
  14. Emmons, K. M., McBride, C. M., Puleo, E., Pollak, K. I., Marcus, B. H., Napolitano, M., Clipp, E., Onken, J., Farraye, F. A., & Fletcher, R. (2005). Prevalence and predictors of multiple behavioral risk factors for colon cancer. *Preventive Medicine*, *40*, 527-534.
  15. Emmons, K. M., McBride, C. M., Puleo, E., Pollak, K. I., Clipp, E., Kuntz, K., Marcus, B. H., Napolitano, M., Onken, J., Farraye, F., & Fletcher, R. (2005). Project PREVENT: A randomized trial to reduce multiple behavioral risk factors for colon cancer. *Cancer Epidemiology, Biomarkers & Prevention*, *14*, 1453-1459.
  16. Napolitano, M. A., Lerch, H., Papandonatos, G. & Marcus, B. H. (2006). Worksite and

- communications-based promotion of a local walking path. *Journal of Community Health*, 31, 326 – 342.
17. Gallagher, K. I., Jakicic, J. M., Napolitano, M. A., & Marcus, B. H. (2006). Psychosocial factors related to physical activity and weight loss in overweight women. *Medicine and Science in Sports and Exercise*, 38, 971-980.
  18. Lewis, B. A.\*, Napolitano, M. A., Whiteley, J., & Marcus, B. H. (2006). The effect of preferences for print versus telephone interventions on compliance and attrition in a randomized controlled physical activity trial. *Psychology of Sport and Exercise*, 7, 453-462.
  19. Williams, D.\*, Papandonatos, G., Napolitano, M. A., Lewis, B., Whiteley, J. & Marcus, B. H. (2006). Perceived enjoyment moderates the efficacy of an individually tailored physical activity intervention. *Journal of Sport and Exercise Psychology*, 28, 300-309.
  20. Napolitano, M. A., Whiteley, J. A., Papandonatos, G., Dutton, G., Farrell, N. C., Albrecht A., Bock, B., Bazzarre, T., Sciamanna, C., Dunn, A. L., & Marcus, B. H. (2006). Outcomes from the Women’s Wellness Project: A community-focused physical activity trial for women. *Preventive Medicine*, 43, 447-453.
  21. Marcus, B. H., Napolitano, M. A., Lewis, B. A., King, A. C., Albrecht, A. E., Parisi, A. F., Pinto, B. M., Bock, B. C., Sciamanna, C. A., Jakicic, J. M., & Papandonatos, G. D. (2007). Examination of print and telephone channels for physical activity promotion: Rationale, design, and baseline data from Project STRIDE. *Contemporary Clinical Trials*, 28, 90-104.
  22. Marcus, B. H., Napolitano, M. A., King, A. C., Lewis, B. A., Whiteley, J. A., Albrecht, A., Parisi, A., Bock, B., Pinto, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. D. (2007). Telephone versus print delivery of an individualized motivationally tailored physical activity intervention: Project STRIDE. *Health Psychology*, 26, 401-409.
  23. Marcus, B. H., Lewis, B. A., Williams, D. M., Dunsiger, S., Jakicic, J. M., Whiteley, J. A., Albrecht, A. E., Napolitano, M. A., Bock, B. C., Tate, D. F., Sciamanna, C. N., & Parisi, A.F. (2007). A comparison of Internet and print-based physical activity interventions. *Archives of Internal Medicine*, 167, 944-949.
  24. Marcus, B. H., Lewis, B. A., Williams, D. M., Whiteley, J. A., Albrecht, A. E., Jakicic, J. M., Parisi, A. F., Hogan, J. W., Napolitano, M. A., & Bock, B. C. (2007). Step Into Motion: A randomized trial examining the relative efficacy of Internet vs. print-based physical activity interventions. *Contemporary Clinical Trials*, 28, 737-747.
  25. King, A. C., Friedman, R., Marcus, B., Castro, C., Napolitano, M., Ahn, D., & Baker, L. (2007). Ongoing physical activity advice by humans versus computers: The Community Health Advice by Telephone (CHAT) trial. *Health Psychology*, 26, 718-727.

26. Sevick, M.A., Napolitano, M.A., Papandonatos, G. D., Gordon, A.J., Reiser, L.M., & Marcus, B.H. (2007). Cost-effectiveness of alternative approaches for motivating activity in sedentary adults: Results of Project STRIDE. *Preventive Medicine*, 45, 54-61.
27. Whiteley, J. A., Napolitano, M. A., Lewis, B. A., Williams, D. M., Albrecht, A. Neighbors, C. J., Sciamanna, C. N., Marcus, & B. H. (2007). Commit to Quit in the YMCAs: Translating an evidence-based quit smoking program for women into a community setting. *Nicotine & Tobacco Research*, 9, 1227-1235.
28. Dutton, G. R.\*, Napolitano, M. A., Whiteley, J. A., & Marcus, B. H. (2008). Is physical activity a gateway behavior for diet? Findings from a physical activity trial. *Preventive Medicine*, 46, 216-221.
29. Williams, D. M., Matthews C. E., Rutt, C., Napolitano, M. A., & Marcus, B. H. (2008). Interventions to increase walking behavior. *Medicine and Science in Sports and Exercise*, 40, S567–S573.
30. O’Dougherty, M., Dallman, A., Turcotte, L., Patterson, J., Napolitano, M. A., & Schmitz, K. H. (2008). Barriers and motivators for strength training among women of color and Caucasian women. *Women & Health*, 47, 41-62.
31. Napolitano, M. A., & Foster, G. D. (2008). Depression and obesity: Implications for assessment, treatment, and research. *Clinical Psychology: Science and Practice*, 15, 21-27.
32. Napolitano, M. A., Papandonatos, G. D., Lewis, B. A., Whiteley, J. A., Williams, D. M., King, A. C., Bock B. C., Pinto, B., & Marcus, B. H. (2008). Mediators of physical activity behavior change: A multivariate approach. *Health Psychology*, 27, 409-418.
33. Williams, D. M., Lewis, B. A., Dunsiger, S., Whiteley, J. A., Papandonatos, G. D., Napolitano, M. A., Bock, B. C., Ciccolo, J. T., & Marcus, B. H. (2008). Comparing psychosocial predictors of physical activity adoption and maintenance. *Annals of Behavioral Medicine*, 36, 186-194.
34. Lewis, B., Williams, D., Dunsiger, S., Sciamanna, C., Whiteley, J., Napolitano, M., Bock, B., Jakicic, J., Getz, M., & Marcus, B. (2008). User attitudes towards physical activity websites in a randomized controlled trial. *Preventive Medicine*, 47, 508-513.
35. McAndrew, L. M.\*, Napolitano, M. A., Albrecht, A., Farrell, N. C., Marcus, B. H., & Whiteley, J. A. (2009). When, why and for whom there is a relationship between physical activity and menopause symptoms. *Maturitas*, 64, 119-125.
36. Nademin, M. E.\*, Napolitano, M. A., Xanthopoulos, M. S. Richardson, E., Fava, J. L., Marcus, B. (2010). Smoking cessation in college-aged women: A qualitative analysis of factors important to this population. *Addiction Research and Theory*, 18, 649-666.

37. Napolitano, M. A., Borradaile, K. E., Lewis, B. A., Whiteley, J. A., Longval, J. L., Parisi, A. F., Albrecht, A. E., Sciamanna, C. N., Jakicic, J. M., Papandonatos, G. D., & Marcus, B. H. (2010). Accelerometer use in a physical activity intervention trial. *Contemporary Clinical Trials*, *31*, 514-523.
38. Napolitano, M. A. & Himes, S\*. (2011). Race, weight, and correlates of binge eating in female college students. *Eating Behaviors*, *12*, 29-36.
39. Napolitano, M. A., & Hayes, S.\* (2011). Behavioral and psychological factors associated with 12-month weight change in a physical activity trial. *Journal of Obesity*, doi:10.1155/2011/515803.
40. Napolitano, M. A., Lloyd-Richardson, E. E., Fava, J. L., & Marcus, B. H. (2011). Targeting body image schema for smoking cessation among college females: Rationale, program description, and pilot study results. *Behavior Modification*, *24*, 323 - 346.
41. Williams, D. M., Papandonatos, G., Jennings, E., Napolitano, M. A., Lewis, B. A., Whiteley, J. A., Bock, B. C., Albrecht, A., Dunsiger, S., Parisi, A., King, A. C., & Marcus, B. H. (2011). Does tailoring on additional theoretical constructs enhance the efficacy of a print-based, physical activity promotion intervention? *Health Psychology*, *30*, 432-41.
42. Napolitano, M. A. & Papandonatos, G., Borradaile, K. E., Whiteley, J. A. & Marcus, B. H. (2011). Effects of weight status and barriers on physical activity adoption among previously inactive women. *Obesity*, *19*, 2183-2189.
43. Papandonatos, G. P., Williams, D. M., Jennings, E. G., Napolitano, M. A., Bock, B. C., Dunsiger, S., & Marcus, B. H. (2012). Mediators of physical activity behavior change: Findings from a 12-month randomized controlled trial. *Health Psychology*, *31*, 512-520.
44. Hayes, S.\*, & Napolitano, M. (2012). Examination of weight management practices in a non-clinical sample of college females. *Eating and Weight Disorders*, *17*, e157-63.
45. Napolitano, M. A., Hayes, S.\*, Bennett, G., Ives, A.\*, & Foster, G.D. (2013). Using Facebook and text messaging to deliver a weight loss program to college students. *Obesity*, *21*, 25-31.
46. Napolitano, M.A., Hayes, S.\*, Russo, G., Muresu, D., Giordano, A. & Foster, G.D. (2013). Using avatars to model weight loss behaviors: Participant attitudes and technology development. *Journal of Diabetes Science and Technology*, *7*, 1057-1065.
47. McAndrew, L. M.\*, Napolitano, M. A., Pogach, L. M, Quigley, K. S., Vander Veur, S. S. & Foster, G. D. (2013). The impact of self-monitoring of blood glucose on a behavioral weight loss intervention for patients with Type 2 Diabetes. *The Diabetes Educator*, *39*, 397-405.

48. Nair, U.S.\*, Collins, B.N., & Napolitano, M.A. (2013). Effects of a body image exposure session on smoking urge among physically active and sedentary female smokers. *Psychology of Addictive Behaviors*, 27, 322-327.
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77. Bailey, C.P.\*, Elmi, A.F., Hoban, M.T., Kukich, C., & Napolitano, M.A. (2022) Associations between college/university campus characteristics and student body mass

index. *Environmental Health and Preventive Medicine*. 27:12.  
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79. Napolitano, M.A., Tjaden, A., Bailey, C.P.\*, DiPietro, L., & Rimal, R. (In Press). What moves young people: Applying the risk perception attitude framework to physical activity and cardiometabolic risk. *Translational Behavioral Medicine*.
80. Bailey C.P.\*, Lowry, M., Napolitano, M.A., Hoban, M.T., Kukich, C., Perna F. (In Press). Prevalence of physical activity requirements among US colleges/universities participating in the American College Health Association-National College Health Assessment II. *INQUIRY: The Journal of Healthcare Organization, Provision, and Financing*.
81. Bailey, C.P.\*, DiPietro, L., Hayman, L.L., & Napolitano, M.A. (In Press). Meeting specific 24-Hour Movement Guidelines is associated with BMI among university students with overweight/obesity. *American Journal of Lifestyle Medicine*.

#### **PEER-REVIEWED ARTICLE(S) UNDER REVIEW**

1. DiPietro, L., Rimal, R., Tjaden, A., Bailey, C.P.\*, DiPietro, L., & Napolitano, M.A. (Under Review). Is the risk perception attitude framework associated with the accuracy of self-reported versus actual cardiometabolic risk and physical activity in young adults?
2. Harrington, C.B., Patchen, L., Ellis, L., Ma, T., Andrews, V. Gaminian, A., Napolitano, M., & Evans, W.D. (Under Review). Addressing Postpartum Weight in African American/Black Women: A Qualitative Approach to Informing a Mobile Application.

#### **PEER-REVIEWED ARTICLE(S) IN PROCESS**

1. Napolitano, M.A., Bailey, C.P., Mavredes, M.N., Hayman, L.L., Whiteley, J.A., & DiPietro, L. Comparing the incremental cost of delivering personalized versus generic digital weight loss interventions on university campuses.
2. Whiteley, J.A., Tjaden, A.H., Bailey, C.P., Faro, J., DiPietro, L., Hayman, L.L., & Napolitano, M.A. Engagement with digital weight loss intervention components and weight outcomes.

#### **CHAPTERS IN BOOKS**

1. Blumenthal, J. A., Gullette, E. D., Napolitano, M. A., & Szczepanski, R. (1997). Behavioral and psychosocial issues of cardiac rehabilitation. In A. Leon (Ed.), *Physical Activity and Cardiovascular Health: A national consensus* (pp. 162-174). Champaign, IL: Human Kinetics Press.



2. Napolitano, M. A., & Blumenthal, J. A. (1997). Psychosocial interventions for cardiac rehabilitation. In R. Michels, M.D., (Ed.), *Psychiatry* (Vol. 2; pp. 1-11). Philadelphia, PA: J. B. Lippincott Company.
3. Marcus, B. H., Bock, B. C., Pinto, B. M., Napolitano, M. A. & Clark, M. M. (2002). Exercise initiation, adoption, and maintenance in adults: Theoretical models and empirical support. In J. Van Raalte & B. Brewer (Eds.), *Exploring Sport and Exercise Psychology* (2<sup>nd</sup> Ed.) (pp.185-208). Washington D.C.: American Psychological Association.
4. Napolitano, M. A., Lewis, B., Whiteley, J. A., & Marcus, B. H. (2005). Principles of health behavior change. In L. Kaminsky (Ed). *ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription* (5<sup>th</sup> ed.)(pp. 545-557). New York, NY: Lippincott, Williams & Wilkins.
5. Whiteley, J. A., Lewis, B., Napolitano, M. A. & Marcus, B. H. (2005). Health counseling skills. In L. Kaminsky (Ed). *ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription* (5<sup>th</sup> ed.)(pp. 588-597). New York, NY: Lippincott, Williams & Wilkins.
6. Chan, C. C.\*, Napolitano, M. A., & Foster, G. D. (2009). Assessment of general personality and psychopathology among persons with eating and weight-related concerns. In D. B. Allison & M. L. Baskin (Eds.), *Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research* (2nd ed.). (pp. 1-32). Thousand Oaks, CA: Sage Publications.
7. Napolitano, M. A., Lewis, B., Whiteley, J. A., & Marcus, B. H. (2010). Principles of health behavior change. In J. K. Ehrman (Ed.), *ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription* (6th ed) (pp. 710-723). New York, NY: Lippincott, Williams & Wilkins.
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9. Napolitano, M. A. & Foster, G. D. (2012). Non-dieting approaches to the treatment of obesity. In Akabas SR, Lederman SA, and Moore, BJ (Eds). *Textbook of Obesity: Biological, Psychological and Cultural Influences.* (pp.273-294). Ames, IA: WileyBlackwell.
10. Napolitano, M.A., Lewis, B., Whiteley, J.A., Ives, A. & Marcus, B. (2013). Theoretical foundations of physical activity behavior change. *ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription* (7th Ed). (pp.730-744). New York, NY: Lippincott, Williams & Wilkins.

11. Bock, B. C., Linke, S.E., Napolitano, M. A. & Clark, M. M., Gaskins, R., Marcus, B. H. (2014). Exercise initiation, adoption, and maintenance in adults: Theoretical models and empirical support. In J. Van Raalte & B. Brewer (Eds.), *Exploring Sport and Exercise Psychology* (3<sup>rd</sup> Ed.). (pp.165-190). Washington D.C.: American Psychological Association.

### **NON-PEER REVIEWED REPORTS**

1. Napolitano, M. A., & Marcus, B. H. (2000). Breaking barriers to increased physical activity. *The Physician and Sportsmedicine*, 28, 88-93.
2. Napolitano, M., & Ross, E. (2001). Evidence-based explanations of symptoms are an important component of exercise prescription in patients with chronic fatigue syndrome. *Nutrition in Clinical Care*, 4, 292-293.

### **SCHOLARLY PRESENTATIONS**

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#### **CONFERENCE PROCEEDINGS**

##### **Regional/Campus Presentations**

1. Napolitano, M.A., Neighbors, C., Marcus, B.H., Forsyth, L.H., Roberts, M. (November 2000). Depression and the Transtheoretical Model: Evidence from cross-sectional and longitudinal data. Paper presented at the Annual Meeting of the New England American College of Sports Medicine. Part of symposium entitled "Can We Improve the Theories of Exercise Behavior?"
2. Foxx, M.\* & Napolitano, M. (January 2009). "Thinking Thin": Eating disorders and pro-eating disorder Internet usage. *Ms. Foxx was one of 13 Temple undergraduates to be a nominated student presenter for the Annual Harrisburg Diamond Scholars Presentation and Temple's 125th Celebration.* Harrisburg, PA.
3. Lynch, S.\* & Napolitano, M. (April 2013). Should I lose weight? Examination of the relationship between social networks, social norms and body weight in a college sample. Poster presented at The George Washington University Research Day.
4. Vargo, K.\*, Napolitano, M., & Gutierrez, J. (April 2013). Opening up online: Use of Facebook for disclosing personal health information. Poster presented at The George Washington University Research Day.
5. Ingersoll, R.N.\*, Mavredes, M., Napolitano, M.A. (April 2018). Exploring the Relationship Among Role Models, Physical Activity, and Dietary Behaviors Among Young Adults Enrolled in a Weight Management Trial. Poster presented at GW Research Day.
6. DuBois, C.\* & Napolitano, M. (April 2018). Examining, race, weight, and mental health and young adults. Poster presented at GW Research Day.

7. Lepping, K.\* & Napolitano, M. (April 2018). Active and Passive Stress Management Mechanisms in Physically Active Young Adults. Poster presented at GW Research Day.
8. Mavredes, M. & Napolitano, M.A. (April 2019). Metabolic Syndrome in Young Adults: Are they at Risk and Aware of it? Poster presented at GW Research Day.
9. Shambon, B., Mavredes, M., & Napolitano, M.A. (April 2019). Examining Fasting Insulin, Glucose, and HbA1c for Insulin Sensitivity Among Young Adults with Overweight and Obesity Enrolled in a Weight Management Clinical Trial. Poster presented at GW Research Day.
10. Shah, D., Lee, K., Heinz, E., & Napolitano, M. (April 2019). Physical Activity Among Resident Physicians: A Literature Review. Poster presented at GW Research Day.
11. Lee, Kyung-Min, Shah, D., Napolitano, M., & Heinz, E. (April 2019). Burnout and Resident Physicians: A review of Contributing Factors. Poster presented at GW Research Day.
12. Wortham, D. & Napolitano, M. (April 2021). The Impact of Sickle Cell Disease on the Antenatal Experiences of Women in the United States. Poster Presented at the GW Research Showcase.
13. Tiffany, L., Bailey, C., & Napolitano, M. (April 2022). Analysis of pregnant people's perceptions of their ideal weight gain during pregnancy and their healthcare provider's communication of the IOM Weight Gain Recommendations. Poster to be Presented at the GW Research Showcase.

#### **National Presentations**

14. Gullette, E.D., Napolitano, M.A., & Blumenthal, J.A. (April 1995). Physical fitness moderates blood pressure levels at home in hypertensive men and women with high home stress. Poster presented at the Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.
15. Moore, K.A., Triplett, J.R., Logerstedt, D.S., Opiteck, J.A., Dominick, K.L., Napolitano, M.A., Babyak, M.A., & Blumenthal, J.A. (March 1996). Depression as a moderator of perceived exertion during exercise in older adults. Poster presented at the Fourth International Congress of Behavioral Medicine, Washington, D.C.
16. Szczepanski, R., Napolitano, M.A., Feaganes, J., Leuken, L., Barefoot, J., Blumenthal, J.A., & Williams, R.B. (March 1996). Mood ratings and neurohormonal responses of employed women during workdays. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.
17. Napolitano, M.A., Moore, K.A., Babyak, M.A., Dominick, K., Herman, S., Forman, L.M., & Blumenthal, J.A., (April 1997). Predictors of exercise adherence in depressed older

- adults. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
18. Moore, K.A., Babyak, M.A., Logerstedt, D.S., Opiteck, J.A., Dominick, K.L., Napolitano, M.A., Padia, S., Forman, L.M., Herman, S., & Blumenthal, J.A. (April 1997). The acute effects of exercise on mood in older adults. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
  19. Moore, K.A., Babyak, M.A., Logerstedt, D.S., Opiteck, J.A., Dominick, K.L., Napolitano, M.A., Forman, L.M., Herman, S., & Blumenthal, J.A. (April 1997). Level of depression and gender as moderators of perceived exertion during exercise in older adults. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
  20. Napolitano, M.A., Head, S.B., Babyak, M.A., & Blumenthal, J.A. (March 1998). Psychological and behavioral characteristics of Binge Eating Disorder and Night Eating Syndrome. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
  21. Napolitano, M.A., Babyak, M.A., Tapson, V., & Blumenthal, J.A. (March 1999). Development of a pulmonary-specific quality of life measure. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. San Diego, CA.
  22. Napolitano, M.A., Babyak, M.A., Tapson, V., & Blumenthal, J.A. (March 1999). Quality of life and coping among lung transplantation candidates. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
  23. Napolitano, M.A., Babyak, M.A., Tapson, V., & Blumenthal, J.A. (November 1999). Telephone-based psychological intervention for patients awaiting lung transplantation. Poster presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.
  24. Napolitano, M.A., Babyak, M.A., Tapson, V., & Blumenthal, J.A. (April 2000). Relation of subjective and objective measures of disease to quality of life in pulmonary patients. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Nashville, TN.
  25. Napolitano, M.A., Marcus, B.H., Tate, D., Sciamanna, C., Fotheringham, M., & Owen, N. (April 2000). Who responds to web-based physical activity and weight loss programs? Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Nashville, TN.
  26. Hiranniramol, S., Rounds, S., Napolitano, M., Panciera, T., & O'Brien, A. (May 2000). Factors affecting compliance with long-term oxygen therapy. Poster presented at the Annual Meeting of the American Thoracic Society.

27. Marcus, B.H., Napolitano, M.A., Bazzarre, T., & Carpenter, R.A. (June 2000). Delivering physical activity interventions by mail, telephone, and internet. Clinical workshop presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.
28. Garber, C.E., Hesser, J., Buechner, J., Napolitano, M., & Marcus, B. (June 2000). Who is physically active? Discordant survey results in Rhode Island. Poster presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.
29. Garber, C.E., Hesser, J., Marcus, B., Buechner, J., Napolitano, M., & Carleton, R.A., Nolan, P.A., & Waters, W.J. (November 2000). Who meets the Surgeon General's recommendations? "Lifestyle" physical activity data from Rhode Island. Paper presented at the Annual Meeting of the American Public Health Association, Boston, MA. Part of symposium entitled, "The Rhode Island Prevention Coalition: A public-private partnership model of statewide community activation for health promotion."
30. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N. & Marcus, B. (March 2001). Lessons learned from recruitment for worksite-based Internet studies. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.
31. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N. & Marcus, B.H. (March 2001). Physical Activity Web: 1-month outcome data from an Internet-based physical activity study. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.
32. Lewis, B.\*, Napolitano, M.A., & Marcus, B.H. (March 2001). A pilot study examining preferences for print vs. telephone interventions for physical activity. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.
33. Napolitano, M.A. (June 2001). Diagnosis and Measurement of Depression. In Dunn, A. & Napolitano, M.A. (Co-Chairs). Exercise and depression: Meeting standards to establish treatment efficacy. Symposium presented at the Annual Meeting of the American College of Sports Medicine, Baltimore, MD.
34. Jakicic, J.M., Marcus, B.H., Page, M.L., Ferguson, E., Hicks, M., Gallagher, K., Kenney, M., Napolitano, M., & Wing, R.R. (June 2001). Effect of exercise duration and intensity on fitness, weight loss, and body composition in overweight adults. Paper presented at the Annual Meeting of the American College of Sports Medicine, Baltimore, MD.
35. Napolitano, M.A., Lerch, H., Marcus, B.H. (October 2001). Worksite and media promotion of a local walking path. Poster presented at the conference: Innovative Approaches to Understanding and Influencing Physical Activity. Cooper Institute for Aerobics Research; Dallas, TX.

36. Napolitano, M.A., Fotheringham, M., Tate, D., Sciamanna, C., Baumann, A., Leslie, E., Owen, N. & Marcus, B.H. (April 2002). Preliminary outcome data from an Internet-based physical activity study. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC. Citation Award.
37. Sciamanna, C., Lewis, B., Tate, D., Napolitano, M.A., Fotheringham, M.J., & Marcus, B.H. (April 2002). Testing the usability of a website promoting physical activity. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
38. Jakicic, J.M., Marcus, B.H., Page, M.L., Ferguson, E., Gallagher, K.I., Napolitano, M. (May 2002). Effect of exercise duration and intensity on 18-month weight loss and fitness in overweight adults. Paper presented at the Annual Meeting of the American College of Sports Medicine, St. Louis, MO.
39. Goldberg, J. H., Kingston, S. J., Epel, E., Horgen, E. K., Napolitano, M., & Brownell, K. D. (August 2002). Taste and stress-induced eating changes. Poster presented at the Annual Meeting of the Society for the Study of Ingestive Behavior, Santa Cruz, CA.
40. Napolitano, M.A., Marcus, B., Forsyth, L., Friedman, R., Castro, C., & King, A. (March 2003). Intrinsic motivation and physical activity: Key differences among older adults. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
41. King, A.C., Friedman, R., Marcus, B., Napolitano, M.A., Castro, C., & Forsyth, L. (March 2003). Increasing physical activity via humans or automated technology: The CHAT trial. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
42. Whiteley, J.\* Marcus, B., Napolitano, M., Gallagher, K & Jakicic, J. (March 2003). Psychosocial correlates of eating and exercise. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
43. Marcus, B.H., Napolitano, M.A., & Lewis, B.A. (May 2003). Print vs. telephone for physical activity promotion among adults: Project STRIDE. In A. C. King (Chair), Exploring the “Cutting Edge” of Approaches for Promoting Regular Physical Activity. Paper presented at the 50<sup>th</sup> Annual Meeting of the American College of Sports Medicine, San Francisco, CA.
44. Jakicic, J.M., Gallagher, K.I., Ferguson, E., Marcus, B.H., Napolitano, M. (May 2003). Dose of exercise to promote long-term weight loss in overweight adults. Paper presented at the 50<sup>th</sup> Annual Meeting of the American College of Sports Medicine, San Francisco, CA.
45. Gallagher, K.I., Jakicic, J.M., Ferguson, E.S., Marcus, B.H., Napolitano, M. (May 2003). Perceived barriers impact exercise participation during long-term weight loss. Paper

- presented at the 50<sup>th</sup> Annual Meeting of the American College of Sports Medicine, San Francisco, CA.
46. Farrell, N.C., Napolitano, M.A., Semenyck, C.A., Tripolone, J.E., Whiteley, J.A., Bouchard, M. B. (March 2004). Speaking the same language: Designing messages that attract volunteers. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
  47. Napolitano, M.A., Whiteley, J.A., Farrell, N.C., Marcus, B., Albrecht A., Bock, B. (March 2004). Physical activity promotion among women: Evaluating two print-based approaches. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
  48. Whiteley, J.A.\* Napolitano, M.A., Farrell, N.C., Marcus, B. (March 2004). Assessing cardiovascular risk factors in women. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
  49. King, A.C., Friedman, R., Marcus, B., Napolitano, M.A., Castro, C., & Forsyth, L. (March 2004). Increasing physical activity via humans or automated technology: 12-month results of the CHAT trial. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
  50. Napolitano, M.A., Marcus, B.H., Gallagher, K & Jakicic, J. (March 2004). Association between changes in psychosocial variables and weight loss. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
  51. Lewis, B.\* Napolitano, M.A., & Marcus, B.H. (March 2004). Preferences for receiving telephone or print physical activity interventions. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
  52. Marcus, B., Napolitano, M., King, A., Albrecht, A., Lewis, B., Parisi, A., Pinto, B., Bock, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. (March 2004). Comparing two innovative channels for physical activity promotion: Project STRIDE. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
  53. Emmons, K.M., McBride, C., Puleo, E., Pollak, K., Marcus, B.H., Napolitano, M., Clipp, J., Onken, J., Farraye, F., & Fletcher, F. (March 2004). Reduction of multiple behavior risk factors for colon cancer: Results from Project PREVENT. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
  54. King, A.C., Friedman, R., Marcus, B., Napolitano, M.A., Castro, C., & Forsyth, L. (March 2004). What interventions work best for whom? Results from the CHAT Trial. Paper presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.

55. Polzien, K.M., Jakicic, J.M., Gallagher, K., Marcus, B., & Napolitano, M. (June 2004). Relationship between desired weight loss and actual weight loss in overweight women. Poster presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.
56. Mohr, C.R., Jakicic, J.M., Gallagher, K., Marcus, B.H., & Napolitano, M. (June 2004). Effect of macronutrient composition on 12-month weight loss in overweight women. Poster presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.
57. Marcus, B.H., Lewis, B.A., & Napolitano, M.A. (June 2004). Promoting physical activity with interactive technologies: Introduction and overview. Part of symposium, entitled "Promoting Physical Activity with Interactive Technologies," presented at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.
58. Whiteley, J.A., Napolitano, M.A., Lewis, B., Albrecht, A., Neighbors, C., Sciamanna, C., Williams, D.M., Marcus, B.H. (October 2004). Testing a dissemination model of Commit to Quit, a smoking cessation and physical activity program, in the YMCAs. Poster presented at the conference: Increasing Physical Activity in World Populations: Understanding Diffusion and Dissemination. Cooper Institute for Aerobics Research, Dallas TX.
59. Dutton, G.\* Whiteley, J., Marcus, B., & Napolitano, M. (April 2005). Relationship between physical activity and dietary behaviors among women in a randomized physical activity trial. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
60. Napolitano, M., Whiteley, J., Lewis, B., Albrecht, A., Parisi, A., Sciamanna, C., Jakicic, J., Papandonatos, G., & Marcus, B. (April 2005). Objective outcomes of physical activity in an intervention trial. Paper presented the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
61. Napolitano, M., Lewis, B., Whiteley, J., King, A., Pinto, B., Bock, B., Papandonatos, G., & Marcus, B. (April 2005). Investigating mediators of physical activity behavior change. Poster presented the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
62. Whiteley, J.A., Napolitano, M.A., Lewis, B., Albrecht, A., Neighbors, C., Sciamanna, C., Williams, D.M., Marcus, B.H. (April 2005). Translating Commit to Quit: A smoking cessation and physical activity program in the YMCAs. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
63. Lewis, B.\*, Napolitano, M.A., & Marcus, B.H. (April 2005). Individual preferences for receiving physical activity interventions via the Internet or print. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.



64. Napolitano, M.A., Sevick, M.A. & Marcus, B.H. (April 2005). Cost-effectiveness analyses of a physical activity intervention trial. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
65. Napolitano, M.A., Whiteley, J.A., Farrell, N.C., & Marcus, B. (October 2005). Women's perceptions of causes and potential solutions of childhood obesity. Poster presented at the conference: Childhood Obesity: Updates and Innovations. Cooper Institute for Aerobics Research, Dallas, TX.
66. Dutton, G.R.\* Napolitano, M.A., Whiteley, J.A., & Marcus, B.H. (March 2006). Effects of a physical activity intervention on the nutritional practices of women. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.  
*Citation Award.*
67. Napolitano, M.A., Dutton, G., Marcus, B., & Hooker, S. (March 2006). Active Aging: Physical activity in a community-based sample of older adults. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
68. Dutton, G.R.\* Rogers, M., Napolitano, M.A., Marcus, B., & Hooker, S. (March 2006). Racial/ethnic differences in the consistency of self-reported physical activity. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
69. Marcus, B., Lewis, B., Williams, D., Napolitano, M., Whiteley, J., A., Albrecht, A., Bock, B., Hogan, J., Jakicic, J., Neighbors, C., Sciamanna, C., Parisi, A., & Tate, D (March 2006). Relative efficacy of tailored internet and tailored print-based physical activity interventions: Six-month findings. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
70. Hooker, S.H., Napolitano, M.A., Dutton, G., Rogers, M., & Marcus, B. (April 2006). Factors associated with meeting the national physical activity recommendations for older adults. Poster presented at the International Congress on Physical Activity and Public Health, Atlanta, GA.
71. Napolitano, M.A., Whiteley, J.A., Albrecht, A., Pinheiro, S., & Marcus, B. (June 2006). Comparison of four actigraph cutpoints for physical activity. Poster presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
72. Hooker, S.H., Napolitano, M.A., Dutton, G., Rogers, M., & Marcus, B. (June 2006). Results from a tailored print-based physical activity intervention for older adults delivered via direct mail. Paper presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
73. Lewis, B.A.\* Marcus, B.H., & Napolitano, M.A. (June 2006). The development of a self-report questionnaire assessing barriers to physical activity behavior. Poster presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.

74. Napolitano, M.A., Dutton, G., Marcus, B. (November 2006). Psychosocial Characteristics of two samples of women recruited for physical activity interventions. Poster presented at the American Heart Association's Annual Research Symposium. Chicago, IL.
75. Lewis, B.\*, Williams, D., Napolitano, M.A., Whiteley, J. A. & Marcus, B.H. (March 2007). The effect of preference for Internet vs. print interventions on physical activity behavior change in a randomized controlled trial. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
76. Lewis, B. Williams, D., Dunsiger, S., Sciamanna, C., Whiteley, J., Napolitano, M., Bock, B., Jakicic, J. & Marcus, B.H. (March 2008). User attitudes towards physical activity websites in a randomized controlled trial. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
77. Williams, D.M., Lewis, B.A., Dunsiger, S., Whiteley, J.A., Papandonatos, G., Napolitano, M.A., Bock, B.C. Ciccolo, J.T., Marcus, B.H. (March, 2008). Comparing psychosocial predictors of physical activity adoption and maintenance. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
78. Napolitano, M.A., & Borradaile, K.E. (October 2008). Barriers to physical activity among women: Differences based on weight status. Poster presented at The Obesity Society's Annual Scientific Meeting, Phoenix, AZ.
79. Oliver, T.\*, Napolitano, M.A., & Borradaile, K.E. (October, 2008). Comparison of 3-Day Physical Activity Recalls and ActiGraph correlation data by body mass index category over time. Poster presented at The Obesity Society's Annual Scientific Meeting, Phoenix, AZ.
80. Napolitano, M.A., Fava, J., Marcus, B., & Richardson, E. (April 2009). Tailoring treatments for smoking, body image and weight among college females. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Montreal, Canada.
81. McAndrew, L.\*, Napolitano, M.A., Albrecht, A., Farrell, N., Marcus, B., & Whiteley, J.A. (April 2009). Examining the relationship between physical activity and menopause symptom reporting. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Montreal, Canada.
82. Napolitano, M.A. & Himes, S\*. Examining binge eating, obesity and race in female college students (October 2009). Poster presented at The Obesity Society's Annual Scientific Meeting, Washington, D.C.
83. Napolitano, M.A. & Hayes, S\*. Physical activity, weight, and health-risk behaviors among college students. (April 2010). Poster presented at the Society of Behavioral Medicine Annual Meeting. Seattle, WA.

84. Napolitano, M.A. & Hayes, S\*. (April 2010). Collegiate sports and exercise participation: Protective or harmful for health and eating disorder risk? Poster presented at the Society of Behavioral Medicine Annual Meeting. Seattle, WA.
85. Napolitano, M.A., Hayes, S.\*, & Himes, S\*. Examining smoking and disordered eating behaviors. (June 2010). Paper presented at the American College Health Association Annual Meeting. Philadelphia, PA.
86. Hayes, S.\*, & Napolitano, M.A. Examination of weight management practices in a non-clinical sample of college females. (June 2010). Poster presented at to the American College Health Association Annual Meeting. Philadelphia, PA.
87. Patience, N., Napolitano, M.A., & Denys, M. (June 2010). Student weight loss group: Student feedback and weight loss results. Poster presented at to the American College Health Association Annual Meeting. Philadelphia, PA.
88. Williams, D.M., Jennings, E.G., Papandonatos, G.D., Lewis, B.A., Napolitano, M.A., Whiteley, J.A., Dunsiger, S. & Marcus, B.H. (May 2010). Testing the efficacy of an enhanced, individually tailored, theory-based, print-delivered exercise promotion intervention. Paper presented at the Annual Meeting of the American College of Sports Medicine. Baltimore, MD.
89. Napolitano, M.A., & Hayes, S\*. (April 2011). Examination of cycling perceptions at an urban college campus. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington, DC.
90. Hayes, S.\*, Napolitano, M.A., Tantleff-Dunn,S. & Perez, L. Evaluation of self-efficacy measures for family physical activity and fruit/vegetable intake. (April 2011). Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington, DC.
91. Hayes, S.\*, Tantleff-Dunn,S., Napolitano, M.A., & Perez, L. (April 2011). The effects of receiving motivationally-tailored feedback on family nutrition and physical activity. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington, DC.
92. Nair, U.S. \*, Napolitano, M.A., Collins, B.N., & Sachs, M.L. (April 2011). Evaluating the effects of a novel body image exposure procedure on body and weight concerns and smoking urge among college-age females. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington, DC.
93. Napolitano, M.A., Hayes, S., Ives, A., & Foster, G.D. (October 2011). Using Facebook and Text Messaging to Deliver a Weight Loss Program to College Students. Paper presented at the Annual Meeting of The Obesity Society, Orlando, FL.

94. Napolitano, M.A., Hayes, S., & Foster, G.D. (October 2011). Differences in Barriers to Physical Activity by Surgical Status. Poster presented at the Annual Meeting of The Obesity Society, Orlando, FL.
95. Hayes, S.M.\*, Napolitano, M.A., & Ives, A., Howard, J., Halkins, M., Huang, K. (October 2011). Who Wants to Lose Weight? Examining Characteristics of Treatment-Seeking College Students. Poster presented at Annual Meeting of The Obesity Society, Orlando, FL.
96. Foster, G., Santamore, W., Napolitano, M., Homko, C.J., McConnell, T.R., Still, C., Zamora, L., Kerper, M.M., Byrd, A., Dilks, R., Reyes, N., & Boden, G. (October 2011). The effects of a church-based and telemedicine program on weight loss maintenance: A randomized trial. Paper presented at the Annual Meeting of The Obesity Society, Orlando, FL.
97. Napolitano, M. A., Hayes, S., Russo, G., Muresu, D., Giordano, A., Recek, K., & Foster, G. D. (October 2011). Making weight loss reality with virtual technology: Treatment development and initial pilot trial results. Poster presented at the Annual Meeting of The Obesity Society, Orlando, FL.
98. Nair, U.S.\*, Napolitano, M.A., Collins, B.N., & Sachs, M.L. (April 2012). Evaluating the effect of a novel body image exposure procedure on body and weight concerns and smoking urge among college-age females. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. New Orleans, LA.
99. Stanton, C.A, Highland, K.B., Napolitano, M., Horn, K., & Tercyak, K (March 2013). Smoking susceptibility and physical activity among ethnically diverse preadolescents: does peer smoking in the social network mediate associations? Poster presented at the Annual Meeting of the Society for Research on Nicotine and Tobacco. Boston, MA.
100. Hayes, S.,\* Napolitano, M.A., Wood, G.C., Gerhardt, G., Foster, G.D., Still, C.D. (November 2013). Medicaid and Bariatric Surgery: Differing Demographics with Comparable Weight Losses. Poster presented at the Annual Meeting of The Obesity Society. Atlanta, GA.
101. Lent, M.\*, Hayes, S.\*, Wood, G.C., Napolitano, M.A., Argyropoulos, G., Foster, G.D., & Still, C.D. (November 2013). Smoking and Alcohol Use in Gastric Bypass Patients. Poster presented at the Annual Meeting of The Obesity Society. Atlanta, GA.
102. Napolitano, M.A., Posey, L., Gutierrez, J., Lynch, S.\*, Vargo, K.\*, Hufnagel, K.\* (November 2013). Preventing the Pounds: Formative Work to Develop a Weight Gain Prevention eLearning Platform for Older Adolescents. Poster presented at the Annual Meeting of The Obesity Society. Atlanta, GA.

103. Evans, W.D. & Napolitano, M.A. (November 2013). Randomized Controlled Trial of Text4baby: Maternal Obesity Risk Factors and Weight Management Outcomes. Poster presented at the Annual Meeting of The Obesity Society. Atlanta, GA.
104. Napolitano, M.A., & Hayes, S.\* (November 2013). New Media Use, Body Image and High Risk Health Behaviors among Overweight/Obese Females. Poster presented at the Annual Meeting of The Obesity Society. Atlanta, GA.
105. Highland, K., Napolitano, M., Tercyak, K., & Stanton, C. (March 2014). Does Getting Connected, Keep Youth Active? School Connectedness, Sports, and Physical Activity, Among Multiethnic Preadolescents. Poster presented at the Society for Research on Adolescence. Biennial Meeting. Austin, TX.
106. Napolitano, M.A. Turner, M.M., Lynch, S.\*, & Hufnagel, K.\* (April 2014). Perceptions of Role Models and Norms for Healthy Weight. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Philadelphia, PA.
107. Lynch, S.\*, Hayes, S.\*, Hufnagel, K.\*, DeCarl, H.\*, & Napolitano, M. (April 2014). Availability and Accessibility of Student-Specific Weight Loss Programs on College Campuses. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Philadelphia, PA.
108. Napolitano, M.A., Lynch, S.\*, Gutierrez, J., Posey, L., & Hufnagel, K.\* (April 2014). Differences between incoming and current college freshmen eating and physical activity behaviors. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Philadelphia, PA.
109. Abrams, L., Evans, W.D., & Napolitano, M. (April 2014). Key Issues related to design, dissemination and evaluation of text messaging programs for behavior change. Panel Discussion at the Annual Meeting of the Society of Behavioral Medicine. Philadelphia, PA.
110. Manning, H.\*, Visek, A. J., Chandran, A., Napolitano, M., DiPietro, L. (August 2014). Self-Determination Theory: Exercise Causality Orientations Differ By Primary Exercise Participation. Presented at the American Psychological Association Annual Meeting. Washington, DC.
111. Lent, M.R.\*, Napolitano, M.A., Wood, G.C., Argyropoulos, G., Gerhard, G.S., Hayes, S.\*, Foster, G.D., Collins, C.A., & Still, C.D. (November 2014). Internalized weight bias in weight-loss surgery patients: Psychosocial correlates and outcomes. Poster presented at The Obesity Society Annual Meeting. Boston, MA.
112. Napolitano, M.A., Lynch, S., & Stanton, C. (April 2015). Examining stress, image, and weight control e-cigarette perceptions among young adults. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. San Antonio, TX.

113. Napolitano, M.A., Lynch, S.\*, Rafetto, J.\*, Posey, L., (April 2015). Usability Testing Feedback on a Theoretically Driven eLearning Platform to Prevent College Weight Gain. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. San Antonio, TX.
114. Stanton, C. A., Highland, K. B., Tercyak, K., Anthony, B. & Napolitano, M. (May 2015). Healthy Families DC: A Feasibility Pilot of a Family Centered Intervention to Improve Health Outcomes Among High-Risk Urban African-American Youth. Poster to be presented at the Society for Prevention Research. Washington, DC.
115. Lynch, S.B.\*, Napolitano, M.A. & Stanton, C.A. (April 2016). Stress coping strategies among college students: Associations with e-cigarettes and physical activity. Paper presented at the Annual Meeting of the Society of Behavioral Medicine. Washington DC.
116. Lynch, S.B.\*, Napolitano, M.A., & Stanton, C.A. (April 2016). Health behaviors among college students who smoke hookah. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington DC.
117. Napolitano, M.A., Whiteley, J.A., & Turner-McGrievy, G. (April 2016). Using Social Media for Obesity Treatment and Prevention Programs: Strategies and Lessons Learned. Panel Discussion at the Annual Meeting of the Society of Behavioral Medicine. Washington DC.
118. Mavredes, M., DiPietro, L., Hayman, L.L, Simmens, S., Whiteley, J., Napolitano, M. (2017). Knowledge and awareness of metabolic risk in university students. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. San Diego, CA.
119. Napolitano, M.A., Mavredes, M., Hayman, L.L., Simmens, S.J., & Whiteley, J. (March/April 2017) Perceptions of social media engagement and social norms for weight loss. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. San Diego, CA.
120. Whiteley, J., Mavredes, M., Faro, J.\*, Hayman, L., Napolitano, M. (March/April 2017). Effective recruitment channels in an ongoing social media weight loss trial for university students. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. San Diego, CA.
121. Faro, J.\*, Whiteley, J., Hayman, L., Simmens, S., Napolitano, M. (March/April 2017). Body image and self-efficacy as predictors of achieving physical activity guidelines in university students. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. San Diego, CA.
122. Faro, J.\*, Whiteley, J., Hayman L., Simmens, S., Napolitano, M. (June 2017). Exercise self-efficacy as a predictor of achieving MVPA guidelines in University students. Poster presented at the American College of Sports Medicine Annual Meeting. Denver, CO.

123. Napolitano, M.A., Whiteley, J.A., Mavredes, M., Hayman, L.L., Simmens, S., DiPietro, L. (June 2017). Healthy lifestyle behaviors related to cardiovascular risk among young Adults. Poster presented at the American College of Sports Medicine Annual Meeting. Denver, CO.
124. Mavredes, M., DiPietro, L., Hayman, L.L., Napolitano, M.A. (April 2018). Cardiometabolic risk in young adults: Do perceptions match reality? Poster presented at the Annual Meeting of the Society of Behavioral Medicine. New Orleans, LA.
125. Napolitano, M.A., Mavredes, M., Whiteley, J.A., DiPietro, L. (April 2018). Health Behaviors among Young Adults in the Age of Social Media. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. New Orleans, LA.
126. King, A.C., Marquez, D.X., Napolitano, M.A., Buman, M.P., Whitt-Glover, M. (April 2018). Shaping the Future of Physical Activity Promotion: Highlights from the 2018 PA Guidelines Scientific Advisory Committee Review. Symposium presented at the Annual Meeting of the Society of Behavioral Medicine. New Orleans, LA.
127. Whiteley, J., Hayman, LL., Simmens, S., Faro, J., Napolitano, M. (April 2018). Which factors are associated with underestimation of body mass index? Poster presented at the Annual Meeting of the Society of Behavioral Medicine. New Orleans, LA.
128. Faro, J., Whiteley, J., Hayman, L.L., Napolitano, M. (April 2018). Low body image associated with fewer minutes of MVPA in University students. Annals of Behavioral Medicine. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. New Orleans, LA.
129. Napolitano, M.A., Whiteley, J.A., Mavredes, M., Hayman, L.L., Faro, J., DiPietro, L. (May 2018). Physical Activity and Cardiometabolic Risk in Young Adults: Baseline Results from the Healthy Body Healthy U Trial Young Adults. Poster to be presented at the American College of Sports Medicine Annual Meeting. Minneapolis, MN.
130. King, A.C., Marquez, D.X., Napolitano, M.A., Buman, M.P., Whitt-Glover, M. (May 2018). Promoting Physical Activity Across Levels of Impact: Review & Synthesis for Physical Activity Guidelines. Symposium presented at the American College of Sports Medicine Annual Meeting. Minneapolis, MN.
131. Napolitano, M.A., DiPietro, L., Hayman, L., & Sacheck, J. (March 2019). Physical activity and cardiometabolic risk across the lifespan. Symposium at the Society of Behavioral Medicine Annual Meeting. Washington, DC.
132. Mavredes, M., Shambon, B., Hayman, L.L., Napolitano, M. (March 2019). Examining Caloric Intake, Diet Quality and Components in Young Adults enrolled in a Weight Management Trial. Poster presented at the Society of Behavioral Medicine Annual Meeting. Washington, DC.

133. Schindler-Ruwisch, J., Roess, A., Robert, R., Napolitano, M., Woody, E., Thompson, P. & Ilakkuvan, V. (March 2019). Determinants of Breastfeeding Initiation & Duration Among African American DC WIC Recipients: Perspectives of Recent Mothers. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington DC.
134. Faro, J., Whiteley, J.A., Hayman, L.L., Malin, S.K., & Napolitano, M.A. (March 2019). Poor Body Image Associated with Low Levels of Light Physical Activity in Overweight and Obese Young Adults. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington DC.
135. Lepping, K., Mavredes, M., & Napolitano, M.A. (March 2019). Examining the Relationship between Physical Activity and Active Stress Management Strategies Among Young Adults. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington DC.
136. Ingersoll, R., Mavredes, M., & Napolitano, M.A. (March 2019). Exploring the Relationship Among Role Models, Physical Activity, and Dietary Behaviors Among Young Adults Enrolled in a Weight Management Trial. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Washington DC.
137. Napolitano, M.A., Mavredes, M., Whiteley, J.A., Tjaden, A.\*., Simmens, S., DiPietro, L., Hayman, L.L., Faro, J., Winston, G. (April 2020). What level of personalization matters in digital weight loss treatment for young adults? Paper accepted for presentation at the Annual Meeting of the Society of Behavioral Medicine. San Francisco, CA. *Annual meeting was cancelled due to COVID-19.*
138. Tjaden, A.H.\*., Berg, C.J, Mavredes, M., & Napolitano, M. (Virtual Presentation, April 2020). Use of Cigarettes and E-Cigarettes for Weight Control among Young Adults with Overweight or Obesity. Poster accepted for presentation at the Annual Meeting of the Society of Behavioral Medicine. San Francisco, CA. *Annual meeting was cancelled due to COVID-19.*
139. Tjaden, A.H.\*., Hayman, L.L., Simmens, S., Whiteley, J.A. & Napolitano, M. (Virtual Presentation, April 2020). Baseline predictors of engagement in a digital weight management intervention for young adults. Poster accepted for presentation at the Annual Meeting of the Society of Behavioral Medicine. San Francisco, CA. *Annual meeting was cancelled due to COVID-19.*
140. Evans, W.D., Harrington, C., Napolitano, M., & Gaminian, A. Digital health weight intervention to reduce disparities in African American mothers: BeFAB. (Virtual presentation, October 2020). Paper accepted for presentation at the Annual Meeting for the American Public Health Association. *Annual meeting was virtual due to COVID-19.*
141. Bailey, C.P.\*, DiPietro, L., Hayman, L.L., Ahmed, Z. & Napolitano, M.A. Meeting specific 24-Hour Movement Guidelines is associated with BMI among college/university



students. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Baltimore, MD.

142. Cuccia, A.F.\*, DiPietro, L., Hayman, L.L., & Napolitano, M.A. (April 2022). Differences in the Simple 7 Index for cardiovascular health by demographic characteristics and weight status among young adults. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. Baltimore, MD.
143. Napolitano, M.A., Bailey, C.P.\*, Mavredes, M., Neighbors, C., Whiteley, J.A., Malin, S., Wang, Y., Hayman, L.L. Tailored versus targeted digital weight loss interventions on university campuses: 6-month cardiometabolic and cost outcomes. Paper presented at the Annual Meeting of the Society of Behavioral Medicine. Baltimore, MD.

### **Coordinated Symposia, Sessions, and Webinars**

144. Innovative strategies to assess and target sedentary behavior across the lifespan. Organized symposia of speakers for presentation at the Annual Meeting of the Society of Behavioral Medicine. Washington DC. April 2016.
145. “Meet the Physical Activity Expert”. Organized a mentoring opportunity in which a panel of physical activity experts were matched with junior faculty and students at the Annual Meeting of the Society of Behavioral Medicine. Washington DC. April 2016
146. “Meet the Physical Activity Expert”. Organized a mentoring opportunity in which a panel of physical activity experts were matched with junior faculty and students at the Annual Meeting of the Society of Behavioral Medicine. San Diego, CA. April 2017.
147. “Wearables, Apps and Accelerometers: How to Assess and Intervene Using Wearables and How to Make Sense of the Big World of Data”. Co-coordinated session in which experts in field of objectively measured physical activity presented on use of devices and best practices. Annual Meeting of the Society of Behavioral Medicine. San Diego, CA. April 2017.
148. “The intersection among physical activity, climate change and sustainability”. Co-coordinated a session in which experts in the field discussed climate, health and physical activity with to explore potential policy and communication implications. Webinar on behalf of the Physical Activity Innovation Collaborative, convening activities associated with the Roundtable on Obesity Solutions at the National Academies of Sciences, Engineering, and Medicine

### **International Presentations**

149. Marcus, B.H., Lewis, B. & Napolitano, M. (August 2004). Using Email and Internet to promote physical activity. Paper presented at the International Society of Behavioral Medicine Annual Meeting, Mainz, Germany.
150. Marcus, B., Napolitano, M., Lewis, B.\*, King, A., Albrecht, A., Parisi, A., Pinto, B., Bock, B., Sciamanna, C., Jakicic, J., & Papandonatos, G. (August 2004). Comparing print

and telephone channels for physical activity promotion. Poster presented at the International Society of Behavioral Medicine Annual Meeting, Mainz, Germany.

151. Napolitano, M.A., Mavredes, M., Hayman, L.L., Simmens, S.J., & Whiteley, J. & DiPietro, L. (2018). Smoking and objectively assessed physical activity among young adults. Poster presented at the 7th International Society for Physical Activity and Health Congress, London England.

### Conference Workshops

1. Evans, W.D. & Napolitano, M.A. (March 2014). *Using Communications & Marketing techniques to Promote Healthy Eating and Active Living Behaviors*. Active Living Research Annual Meeting Preconference Workshop. San Diego, CA.

## INVITED PRESENTATIONS, WORKSHOPS, AND PROGRAM COMMITTEES

### Regional

<i>Women and Physical Activity: Status and Challenges</i> Rhode Island Department of Health	August 2005
<i>Physical Activity and Weight Control: Steps Toward Improving Public Health</i> Obesity Conference, Temple University. Philadelphia, PA	June 2006
<i>Obesity, Exercise, and Smoking: Implications for Public Health</i> Temple University College of Health Professions Philadelphia, PA	April 2008
<i>Moving Beyond the Clinic: Behavioral Weight Control and Technology</i> University of Pennsylvania	September 2011
<i>Weight Loss and Exercise Interventions: Moving Beyond the Clinic and the Gym</i> The George Washington University EXSC/PCH Research Seminar	February 2013
<i>Objective Measurement of Physical Activity in Adults</i> Georgetown University Medical Center	May 2013
<i>Physical Activity and Weight Interventions: Moving Beyond the Clinic</i> Children's National Medical Center	May 2013
<i>Moving Beyond the Clinic: Weight Loss and Technology</i> Uniformed Services University of the Health Sciences	April 2014
<i>Healthy Body Healthy U: A Social Media Weight Loss Intervention for College Students</i> Colloquium, Milken Institute School of Public Health Department of Prevention and Community Health	October 2014
<i>Weight Loss After the League</i>	

The George Washington University ENS Research Seminar April 2015

*Obesity and Physical Activity Through a Public Health Lens* April 2016  
Keynote speaker for the Milken Institute School of Public Health Admitted Students  
Preview Day.

*Bachelors in Wellness @ GW: Developing a personalized online obesity prevention program*  
Clinical Psychology Program Colloquium January 2017

*Cardiometabolic health among young adults: Who is at risk, do they know, and what can be  
done?*  
GW Biostatistics Center June 2019

*Call-to-action for campus communities to address physical activity weight, and health risk*  
Colloquium, Milken Institute School of Public Health Department of Exercise and Nutrition  
Sciences September 2019

*Using Social Media to Deliver Weight Loss Treatments on College Campuses*  
Seminar delivered to the Technology Center to Promote Healthy Lifestyles (TecHealth) at the  
University of South Carolina October 2020

*Do's and Don'ts for NIH-R01 Applications*  
Webinar, The Office of Research Excellence GW School of Public Health April 2021

### **National**

*The effectiveness of alternative delivery channels for promoting physical activity*  
The Annual Meeting of the American College of Sports Medicine. Indianapolis, IN June 2004

*Depression in the Context of Behavioral Weight Loss*  
8<sup>th</sup> Annual Conference on the Prevention and Treatment of Overweight and  
Obese Individuals  
University of Kansas September 2006

*Physical Activity and Public Health: Strategies for Reaching*

*Individuals and Communities*  
American Heart Association. Chicago, IL November 2010

*Surviving and Thriving as a New Faculty Member: What You Need to Know about Research,  
Teaching, Service and Life Balance*  
Invited Panelist for the Preconference workshop at the Annual Meeting of the Society of  
Behavioral Medicine. San Diego, CA. March 2017

*Old School or New School? A panel on current thinking and innovations in physical activity  
measurement*

Invited panelist for the Midday Debate sponsored by the Physical Activity Special Interest Group. April 2020

### **International**

*Exercise and Smoking Cessation in Women* October 2004  
Swiss Federal Office for Public Health and the University of Lausanne.  
Lausanne, Switzerland.

*Affective Interaction with Virtual Assistants within the Healthcare Context* April 2016  
Invited member of the program committee for the workshop held in conjunction with the 10th EAI International Conference on Pervasive Computing Technologies for Healthcare  
Cancun, Mexico

## **UNIVERSITY SERVICE**

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### **COMMITTEE SERVICE**

#### **Departmental: Brown Medical School/The Miriam Hospital**

Member, Centers for Behavioral and Preventive Medicine Teaching and Training Committee 2001-2003

Member, Centers for Behavioral and Preventive Medicine Policies and Procedures Committee 2001-2003

Member, Centers for Behavioral and Preventive Medicine Data Management and Information Services Departmental Restructuring Committee 2003

Member, Centers for Behavioral and Preventive Medicine Mentoring Committee 2003-2006

Member, Centers for Behavioral and Preventive Medicine Administrative Review Restructuring Committee 2004-2005

Member, Brown Medical School Department of Psychiatry Mentoring Committee 2004-2006

Coordinator, Centers for Behavioral and Preventive Medicine Monthly Physical Activity Journal Club 2005-2006

#### **Departmental: Temple University**

Member, Search Committee for Exercise Psychology/Behavioral Science position in the Department of Kinesiology 2006

Member, Search Committee for Exercise Physiology position in the Department of Kinesiology and at the Center for Obesity Research and Education 2006

Member, Search Committee for faculty position in the Department of Public Health

and at the Center for Obesity Research and Education 2006

Member, Search Committee for Exercise Physiology position in the Department of Kinesiology and at the Center for Obesity Research and Education 2007

Member, Search Committee for faculty position in the Department of Public Health and at the Center for Obesity Research and Education 2007

Member, Search Committee for faculty position in the Department of Kinesiology 2007

Member, Department of Kinesiology Personnel Committee 2008-2010

Member, Search Committee for faculty position in the Department of Kinesiology 2008

Chair, Search Committee for Exercise Physiology position in the Department of Kinesiology and at the Center for Obesity Research and Education 2008-2009

**Departmental: The George Washington University**

Admissions Committee, School of Public Health  
Maternal and Child Health Track Application Reviewer Fall 2012-present

Chair, Awards Committee for Prevention and Community Health Spring 2014-2015

Member, Doctoral Admissions and Advisory Committee, DrPH in Health Behavior  
Spring 2014/Spring 2016

Member, PCH Appointment, Promotions and Tenure Committee Summer 2014-present

Member, Search Committee for faculty position in the Public Health Communications and Marketing Program Fall 2014-Spring 2015

Member, Search Committee for faculty position in the Department of Exercise and Nutrition Sciences Fall 2015

Member, Subcommittee to review and draft Interim Faculty Review Policies Fall 2015

EXNS Promotions and Tenure Committee 2015-2021

Admissions and Advisory Committee, PhD in Social and Behavioral Sciences  
Spring 2016

Member, Subcommittee to review and draft revised Prevention and Community Health Department appointments and promotion criteria Spring/Summer 2017

Chair, Doctoral Admissions and Advisory Committee Summer 2016-Present

Chair, Search Committee for Social and Behavioral Methods, Research Design and Analytics position Fall 2017—Spring 2018

Departmental Curriculum Committee August 2016-June 2019

Member, Search Committee for Cardiometabolic Exercise Physiology Position Spring 2017-Fall 2017

**School/College: The George Washington University**

Admissions Committee, School of Public Health (SPH) Prevention and Community Health Representative Summer 2014-Spring 2018

SPH Admissions Committee Co-Chair Summer 2014-Summer 2017

Member, Search Committee for Sanofi Professor of Prevention and Wellness faculty search Spring 2015

DrPH Leadership Committee 2016-2021

Member, Search Committee for Senior Associate Dean for Academic, Student and Faculty Affairs Spring 2017-Fall 2017

Member, Milken Institute School of Public Health Appointment, Promotions and Tenure Committee July 2020-present

**University: The George Washington University**

Member, Center for Student Engagement: Student Organization Internal Program review committee. Spring 2015

Faculty, Student Association Health and Wellness Task Force Spring 2014-Spring 2015

Chair, Organizing Committee for GW’s National Eating Disorders Awareness Week Fall 2014-Spring 2015

Member, Selection Committee for Excellence in Student Life Awards Spring 2015

Chair, Organizing Committee for GW’s National Eating Disorders Awareness Week Fall 2015-Spring 2016

Invited member, Office of the Vice President for Research University Advisory Council for Research 2015-2017

Reviewer, Proposals submitted to the Office of the Vice President for Research University Facilitating Fund 2015-2016

Member, Strategic Planning Committee for Distinguished and Distinctive Graduate Education Fall 2019-Spring 2020

**ADMINISTRATIVE ASSIGNMENTS**

**Departmental: Temple University**

Coordinator, Center for Obesity Research and Education’s Research Lecture Series 2006-2008

Coordinator, Center for Obesity Research and Education’s Staff and Faculty Clinical Supervision 2007-2009

**School/College: The George Washington University**

Co-Organizer (with DiPietro and Hudson) of the EXSC/PCH Research Seminar 2013-2014

**University: The George Washington University**

Faculty Advisor, Student Organization: Students Promoting Eating Disorder Awareness and Knowledge at The George Washington University (SPEAK-GW) Spring 2014-2016

**SERVICE TO ADMISSIONS, ALUMNI, OR OTHER GROUPS**

**School/College: Temple University**

Member, Interdisciplinary Judging Team for the College of Health Professions and Social Work Research Day Spring 2009

Member, Interdisciplinary Judging Team for the College of Health Professions and Social Work Research Day Spring 2010

**School/College: The George Washington University**

Reviewer, Internal Grants Program Summer 2014

Reviewer, Applications for Tauber Scholarship Spring 2015

Seminar to DrPH students, “Managing large clinical trials” Spring 2015

**University: The George Washington University**

Academic Experience Presentations (3) for Colonial Inauguration Summer 2013

"Classes from GW's Best" faculty lecture during Parents Weekend Fall 2013

Presentation at the Board of Trustees Spouses Event Fall 2013

"Classes from GW's Best" faculty lecture during Parents Weekend Fall 2019

**SERVICE TO COMMUNITY****Campus and Community Outreach**

- Featured discussion: The connection between sexual abuse and eating disorders.*  
Rape Awareness Week at Yale University, New Haven, CT November 1993
- Invited presentation: Benefits of pulmonary rehabilitation.*  
“Better Breathers” Pulmonary Disease Support Group  
Warwick, RI September 2000
- Invited presentation: Benefits and barriers to physical activity: What’s a workplace to do?*  
Worksite Wellness Council of Rhode Island  
Providence, RI September 2002
- Invited presentation: Motivating people to be physically active*  
14<sup>th</sup> Annual Diseases of Summer Conference. South County Hospital.  
Wakefield, RI. July 2004
- Invited information session: Importance of school-based physical education for lifelong healthy habits*  
Rhode Island State House of Senate March 2005
- Invited presentation: Prevention Avenues for Women and Heart Disease*  
Rhode Island Chapter of the American Heart Association’s  
Live and Learn Series April 2005
- Invited presentation: The Role of Exercise in Weight Loss and Maintenance*  
The Miriam Hospital Wellness Week  
Providence, RI. May 2006
- Invited presentation: Exercise and Weight Loss: Steps to a Healthier You*  
Temple University Staff Appreciation Week  
Philadelphia, PA April 2007
- Panelist, Eating Disorders Awareness Week. Organized by SPEAK-GW*  
The George Washington University February 2013
- Presenter, Nutrition and Food Expo*  
The George Washington University March 2013
- Invited Speaker, Topic: Childhood Obesity*  
Kiwanis Club Washington, DC. May 2013
- Panel Moderator: More than a Body: Celebrate You*  
Eating Disorders Awareness Week.  
The George Washington University February 2014



*Panel Moderator: More than a Body: Celebrate You*  
 Eating Disorders Awareness Week.  
 The George Washington University February 2015

*Panel Moderator: More than a Body: Celebrate You*  
 Eating Disorders Awareness Week.  
 The George Washington University February 2016

**Coalitions and Workgroups**

***Regional***

Member of the Rhode Island Prevention Coalition Obesity Task Force 2000

Member, “Healthy Schools Summit” Council in the state of Rhode Island 2002

***National***

Miriam Hospital Representative  
 National Institutes of Health sponsored Behavior Change Consortium 1999-2003

Member, Physical Activity and Nutrition Workgroup  
 National Institutes of Health sponsored Behavior Change Consortium 1999-2003

Participant, “Creating a Culture of Health and Wellness” forum at the Great Think Series conference in Washington, DC. The series is sponsored by the Boys and Girls Clubs of America, and the September 30 event focused on Health and Wellness. 2015

**PROFESSIONAL SOCIETY MEMBERSHIP AND LEADERSHIP**

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**MEMBERSHIP**

Member, American College of Sports Medicine  
 Member, American Psychological Association  
 Member, Society of Behavioral Medicine

**LEADERSHIP**

American College of Sports Medicine, New England Chapter  
 State Representative for Rhode Island 2000-2002

Member of the Program Committee, American College of Sports Medicine,  
 New England Chapter 2002

Elected Member-At- Large, American College of Sports Medicine  
 New England Chapter 2002-2004

Member, American College of Sports Medicine Strategic Health Initiative  
 on Behavioral Strategies 2002-2005

Chair of the “Health Communication and Technology Track” Program

Submissions for the Society of Behavioral Medicine annual meeting	2006
Elected Co-Chair, “Physical Activity Special Interest Group” for the Society of Behavioral Medicine	2015-2017
Member, Board of Directors International Society for Physical Activity and Health	2016-2018
Member, American College of Sports Medicine Strategic Health Initiative on Obesity	June 2017-current

**SERVICE****Reviewer, Professional Society Annual Meetings**

Reviewer of program submissions for the Society of Behavioral Medicine annual meeting	1999
Reviewer of program submissions for the American Psychological Association Women’s Health Conference	2000
Reviewer of “Physical Activity, Obesity, and Diabetes” track submissions for the Society of Behavioral Medicine annual meeting	2002
Reviewer of “Translational-research” track submissions for the Society of Behavioral Medicine annual meeting	2003
Reviewer of “Psychological and Person Factors in Health and Behavior Change” track submissions for the Society of Behavioral Medicine annual meeting	2004
Reviewer of “Statistical and Methods” track submissions for the Society of Behavioral Medicine annual meeting	2005
Reviewer of “Prevention” track submissions for the Society of Behavioral Medicine annual meeting	2008
Reviewer for submissions to the Society for Research on Nicotine and Tobacco annual meeting	2009
Reviewer of “Prevention” track submissions for the Society of Behavioral Medicine annual meeting	2009
Reviewer of “Prevention” track submissions for the Society of Behavioral Medicine annual meeting	2010
Reviewer for submissions to The Obesity Society annual meeting	2011

Reviewer of “Prevention” track submissions for the Society of Behavioral Medicine annual meeting	2011
Reviewer of “Health Promotion” track submissions for the Society of Behavioral Medicine annual meeting	2012
Reviewer of “Psychological and Person Factors in Health and Behavior Change” track submissions for the Society of Behavioral Medicine annual meeting	2013
Reviewer of “Psychological and Person Factors in Health and Behavior Change” track submissions for the Society of Behavioral Medicine annual meeting	2014
Reviewer of abstracts for the Active Living Research Conference	2015
Coordinated sessions to be sponsored or co-sponsored by the SBM PA SIG: 2 symposia, 4 paper sessions	2016
Coordinated sessions to be sponsored or co-sponsored by the SBM PA SIG: 1 symposium, 3 mid-day sessions, 1 panel discussion, and 1 pre-conference workshop	2017
Coordinated virtual webinar on Physical Activity, Climate Change, and Health sponsored by Physical Activity Innovation Collaborative, an activity of Roundtable on Obesity Solutions at the National Academies of Sciences, Engineering, and Medicine	2020

## **EDITORIAL PEER REVIEW ACTIVITIES**

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### **EDITORIAL ACTIVITIES**

<u>Senior Associate Editor: <i>Journal of Physical Activity and Health</i></u>	2016-2020
<u>Invited Guest Editor: <i>Journal of Obesity</i>, Special Section: Social Networks and Obesity</u>	2012-2013
<u>Editorial Board Member: <i>Journal of Physical Activity and Health</i></u>	2004-2006
<u>Journal Peer Review (Sample Listing)</u>	1998-present
<i>American Journal of Preventive Medicine</i>	
<i>Annals of Behavioral Medicine</i>	
<i>Behavior Modification</i>	
<i>Health Psychology</i>	
<i>Journal of Physical Activity and Health</i>	
<i>Obesity</i>	

### **GRANT PEER REVIEW**

#### **National**

Member of American Cancer Society “Targeted Intervention Opportunity Grants”

Study Section, Atlanta, GA.	2001
Ad-hoc member of American Cancer Society “Psychosocial, Behavioral and Policy” Grant Review Study Section	2001-2002
Ad hoc Member of NIH/NIDDK “Translational Research in Diabetes” Study Section, Bethesda, MD.	2002, 2004-2006
Standing Member, American Cancer Society “Cancer Control and Prevention: Psychosocial and Behavioral Research” Study Section	2002-2006
Ad Hoc Member, National Institute of Mental Health Special Emphasis Review Panel: Treatment for Children	2005
Member of the NIH RFA OD-09-003: Challenge Grants Review Panel ZRG1 RPHB-E (58)	2009
Ad Hoc Member of NIH Psychosocial Risk and Disease Prevention Study Section, San Francisco, CA	2010
Ad Hoc Member of NIH Special Emphasis Panel, ZRG1 RPHB-N (03). October.	2012
Ad Hoc Member of NIH Special Emphasis Panel, ZRG1 RPHB-N (03). March.	2013
Ad Hoc Member of NIH Psychosocial Risk and Disease Prevention Study Section, San Francisco, CA	2014
Ad Hoc Member of NIH Special Emphasis Panel (ZRG1 RPHB-W 02) “Member Conflict: Psychosocial Risk and Disease Prevention”	2014
Ad Hoc Member of NIH Special Emphasis Panel (ZCA1 RPRB-M (J2), “Fundamental Mechanisms of Affective and Decisional Processes in Cancer Control”.	2014
Ad Hoc Member of NIH Special Emphasis Panel (ZRG1 RPHB-W 02) “Member Conflict: Psychosocial Risk and Disease Prevention”	2015
Member of NIH Psychosocial Risk and Disease Prevention Study Section	2015-2019

### **International**

Grant Reviewer for the Health Research Board of Ireland. Research Project Grants <i>The Health Research Board is the main government agency in Ireland for the support of health research</i>	2002
Grant Reviewer for the <i>Netherlands Organisation for Health Research and Development</i> which promotes quality and innovation in the field of health research and health care, initiating and fostering new developments	2006

## TEACHING AND LEARNING PORTFOLIO

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### EDUCATIONAL PROGRAM LEADERSHIP

Director, PhD in Social and Behavioral Sciences and DrPH in Health Behavior

Summer 2016-present

### COURSES TAUGHT

#### As Primary or Co-Instructor

Instructor, *PSY109 Health Psychology* Summer 1996  
Duke University

Instructor, *PY197 Special Topics in Psychology* Fall 2002  
Supervised senior psychology major Sarah Keil  
Brown University

Co-Instructor, *PY130 Behavioral Medicine* Spring 2003  
Brown University

Instructor, *PY199 Experimental Problems* Spring 2004  
Supervised senior psychology major Meaghan Harwood  
Brown University

Instructor, *PY197 Special Topics in Psychology* Fall 2004  
Supervised senior psychology major Holly Escudero  
Brown University

Instructor, *KIN595 Seminar in Kinesiology* Spring 2007  
Topic: Clinical Sport and Exercise Psychology  
Temple University

Instructor, *KIN956 Independent Research* Fall 2007  
Student – Uma Nair, M.S.  
Temple University

Instructor, *KIN9882 Independent Research* Fall 2007  
Student – Tracy Oliver, M.Ed., R.D.  
Temple University

Instructor, *KIN9407 / PSY8430 Obesity and Eating Disorders* Fall 2008  
(*Developed Course and Curriculum*)  
Temple University

Instructor, *KIN3386 Diamond Scholar Research* Fall 2008  
Diamond Scholar Student – Melanie Foxx  
Temple University

- Instructor, *KIN9683 Mentored Research I: Writing a Successful Grant* Spring 2008  
**(Developed New Curriculum)**  
 Temple University
- Instructor, *KIN4242 Exercise, Nutrition and Behavior* Fall 2009  
**(Developed Course and Curriculum)**  
 Temple University
- Instructor, *KIN4282 Independent Study in Kinesiology: Capstone for Majors* Fall 2010  
**(Developed New Curriculum)**  
 Temple University
- Instructor, *KIN4242 Exercise, Nutrition and Behavior* Fall 2010  
 Temple University
- Instructor, *KIN9407 Obesity and Eating Disorders* Spring 2011  
 Temple University
- Instructor, *KIN4242 Exercise, Nutrition and Behavior* Fall 2011  
 Temple University
- Instructor, *KIN9407 Obesity and Eating Disorders* Spring 2012  
 Temple University
- Instructor, *PubH 6500 – Planning and Administration of Health Promotion Programs*  
 The George Washington University Spring 2013
- Co-Instructor, *PubH 6550 - Maternal and Child Health I*  
 The George Washington University Spring 2013
- Instructor, PubH6599 (Summer Topics Course)  
*Physical Activity and Obesity Interventions: From the Individual to the Environment*  
**(Developed Course and Curriculum)**  
 The George Washington University Summer 2013
- Instructor, *PubH 6500 – Planning and Administration of Health Promotion Programs*  
 The George Washington University Fall 2013
- Instructor, *PubH 6500 – Planning and Administration of Health Promotion Programs*  
 The George Washington University Spring 2014
- Co-Instructor, *PubH 6550 - Maternal and Child Health I*  
 The George Washington University Spring 2014
- Instructor, PubH6562

*Physical Activity and Obesity Interventions: From the Individual to the Environment  
(Developed Course and Curriculum)*  
The George Washington University Summer 2014

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Fall 2014

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Spring 2015

Co-Instructor, *PubH 6550 - Maternal and Child Health I*  
The George Washington University Spring 2015

Instructor, PubH6562  
*Physical Activity and Obesity Interventions: From the Individual to the Environment*  
The George Washington University Summer 2015

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Fall 2015

Co-Instructor, *PubH 6550 - Maternal and Child Health I*  
The George Washington University Fall 2015

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Spring 2016

Instructor, PubH6562  
*Physical Activity and Obesity Interventions: From the Individual to the Environment*  
The George Washington University Summer 2016

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Fall 2016

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Spring 2017

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Fall 2017

Instructor, *PubH 8434 – Behavioral Medicine and Public Health  
(Developed Course and Curriculum)*  
The George Washington University Spring 2018

Instructor, *PubH 8434 – Behavioral Medicine and Public Health*  
The George Washington University Fall 2018

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Spring 2019

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Fall 2019

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Spring 2020

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Spring 2021

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Fall 2021

Instructor, *PubH 6500 – Planning and Implementing Health Promotion Programs*  
The George Washington University Spring 2022

Instructor, *PubH 4140W – Undergraduate Senior Seminar, Writing in the Discipline*  
The George Washington University Spring 2022

**As Teaching Assistant**

Teaching Assistant, *PSYC 252 Human Sexuality* Spring 1994  
Taught by Kelly Brownell, Ph.D.  
Yale University

Teaching Assistant, *PSY109 Health Psychology* Fall 1995  
Taught by Francis Keefe, Ph.D.  
Duke University

Teaching Assistant, *PSY119 Abnormal Psychology* Fall 1997  
Taught by Clive Robins, Ph.D.  
Duke University

**Guest Lectures**

Guest lecturer, *PY130 Behavioral Medicine* Summer 1999  
Taught by Teresa King, Ph.D.  
Brown University

Guest lecturer, *PY132 Health Psychology* Spring 2000  
Taught by Teresa King, Ph.D.  
Brown University

Guest lecturer, *AEXS311 Exercise and Public Health* Fall 2000  
Taught by Tina Manos, Ed.D.  
Springfield College



- Guest lecturer, *SB821 Principles and Strategies in Disease Prevention* Spring 2001  
 Taught by Barbara Millen, Dr. P.H., R.D., and John Hermos, M.D.  
 Boston University School of Public Health.
- Guest lecturer, *PY130 Behavioral Medicine* Summer 2001  
 Taught by Teresa King, Ph.D.  
 Brown University
- Guest lecturer, *SB821 Principles and Strategies in Disease Prevention* Spring 2002  
 Taught by Barbara Millen, Dr. P.H., R.D., and John Hermos, M.D.  
 Boston University School of Public Health.
- Guest lecturer, *PY130 Behavioral Medicine* Summer 2002  
 Taught by Teresa King, Ph.D.  
 Brown University
- Guest lecturer, *SB821 Principles and Strategies in Disease Prevention* Fall 2002  
 Taught by Barbara Millen, Dr. P.H., R.D., and John Hermos, M.D.  
 Boston University School of Public Health.
- Use of Technology in Health Behavior Change*. Advanced seminar: Fall 2004  
 Clinical Psychology Internship Consortium.  
 Brown University
- Guest lecturer, *BC0168 e-Health: Computers, the Internet, and Health Care* Fall 2004  
 Taught by Beth Bock, Ph.D. and Amanda Graham, Ph.D.  
 Brown University
- Member of the Faculty, “Physical Activity and Public Health Research Training Seminar,” a post-graduate training course sponsored by the CDC and the University of South Carolina. Park City, UT 2004
- Interactive Health Communications, Technology, and Health Behavior Change*. Advanced seminar: Clinical Psychology Internship Consortium. 2000-2006  
 Brown University
- Guest lecturer, *KIN507 Psychology of Human Motivation and Development* Fall 2006  
 Taught by Michael Sachs, Ph.D.  
 Temple University
- Guest lecturer, *PH671 Epidemiologic Research Methods II* Spring 2007  
 Taught by Deborah Nelson, Ph.D.  
 Temple University
- Guest lecturer, *KIN9402 Psychology of Human Motivation and Development* Fall 2007

Taught by Michael Sachs, Ph.D.  
Temple University

Guest lecturer, *KIN9402 Psychology of Human Motivation and Development* Fall 2008  
Taught by Michael Sachs, Ph.D.  
Temple University

Guest lecturer, *PH1104 Nutrition and Health* Spring 2009  
Taught by Jennifer O. Fisher, Ph.D.  
Temple University

Guest lecturer, *KIN9402 Psychology of Human Motivation and Development* Fall 2009  
Taught by Michael Sachs, Ph.D.  
Temple University

Guest lecturer, *PH1104 Nutrition and Health* Fall 2009  
Taught by Jennifer O. Fisher, Ph.D.  
Temple University

Guest lecturer, *KIN9402 Psychology of Human Motivation and Development* Fall 2010  
Taught by Michael Sachs, Ph.D.  
Temple University

Guest lecturer, *PH1104 Nutrition and Health* Fall 2010  
Taught by Jennifer O. Fisher, Ph.D.  
Temple University

Guest lecturer *PubH 6503 Introduction to Public Health Communication &Marketing*  
Taught by Lorien Abrams, Sc.D. Fall 2012  
The George Washington University

Guest lecturer, *EXSC6208 Physical Activity: Physiology & Epidemiology* Spring 2013  
Taught by Loretta DiPietro, Ph.D.  
The George Washington University

Guest lecturer, *EXSC6208 Physical Activity: Physiology & Epidemiology* Spring 2014  
Taught by Loretta DiPietro, Ph.D.  
The George Washington University

Guest lecturer, *HON5707 World on a Plate* Spring 2014  
Course Creator and Lecturer: José Andrés  
Course Director: Kim Robien, PhD, RD  
The George Washington University

Guest lecturer, *PUBH6501 Evaluating Health Promotion and Disease Prevention Programs* Spring 2015

Taught by Amita Vyas, Ph.D.  
The George Washington University

Guest lecturer, *EXSC6208 Physical Activity: Physiology & Epidemiology* Spring 2015  
Taught by Loretta DiPietro, Ph.D.  
The George Washington University

Guest lecturer, *EXNS 2114, Nutrition Sciences I.* Fall 2015  
Taught by Allison Meni, Ph.D.  
The George Washington University

Guest lecturer, *PUBH6501 Evaluating Health Promotion and Disease Prevention Programs* Spring 2016

Taught by Amita Vyas, Ph.D.  
The George Washington University

Guest lecturer, *PUBH6501 Evaluating Health Promotion and Disease Prevention Programs* Spring 2016

Taught by Amita Vyas, Ph.D.  
The George Washington University

Guest lecturer, *PubH 8401 Foundations of Public Health Leadership and Practice-Doctoral Seminar* Fall 2016  
Taught by Marsha Regenstein, Ph.D.  
The George Washington University

Guest lecturer, *PubH 8401 The Edge of Information Technology* Fall 2016  
Taught by Joseph Mortati, MBA  
American University

Guest lecturer, *PSYC 3128 Health Psychology* Spring 2017  
Taught by Sharon Lambert, Ph.D.  
The George Washington University

Guest lecturer, *PSYC 3170 Clinical Psychology* Spring 2017  
Taught by Christina Gee, Ph.D.  
The George Washington University

Guest lecturer, *PUBH 8434 Behavioral Medicine* Fall 2021  
Taught by David Huebner, Ph.D. MPH  
The George Washington University

## NEW COURSES OR PROGRAMS DEVELOPED

## **New Courses and Curricula:**

### Temple University-Undergraduate level

#### *Exercise, Nutrition and Behavior.*

Developed new course and curriculum focused on lifestyle, health, and psychosocial aspects related to exercise, nutrition, and behavior. Initially offered Fall 2009

#### *Independent Study in Kinesiology: Capstone for Majors.*

Developed curriculum focused on professional development, ethics, professional writing, and completion of independent and experiential projects in the area of human movement. Initially offered Fall 2010

### Temple University-Graduate level

#### *Mentored Research I: Writing a Successful Grant.*

Developed new curriculum focused on the essentials of grant writing. Initially offered Spring 2008

#### *Obesity and Eating Disorders.*

Developed new course and curriculum with topics including measurement, epidemiology, behavioral and environmental aspects, and treatment related to obesity and eating disorders. Initially offered Fall 2008

### The George Washington University-MPH Level

#### *Physical Activity and Obesity Interventions: From the Individual to the Environment*

Developed new course and curriculum focusing on public health issues related to physical activity and obesity, particularly as they relate to solutions for addressing individual factors and the obesogenic environment.

Initially offered as a summer topics class in 2013  
Approved as an elective beginning Summer 2014

### The George Washington University-PhD Level

#### *Behavioral Medicine and Public Health*

This course will provide an in-depth investigation of the field of behavioral medicine with specific applications to public health.

Submitted for approval in Spring 2017  
Approved as a core class beginning Fall 2018

#### *Scientific writing and training grant development*

This course will prepare students with the relevant content knowledge needed to pursue NIH training-grant funding, including identifying research gaps, training needs and presentation skills.

Submitted for approval in Fall 2021  
Approved as a core class beginning Fall 2022

## **New Programs:**

*Bariatric Surgery Nutrition and Psychological Program.* Developed bariatric surgery

nutrition and psychological program at the Center for Obesity Research and Education at Temple University. Including new psychosocial, nutrition, and medical assessment format to be administered to bariatric surgery candidates, revised structure and content for nutrition and psychological pre-surgical evaluations, and co-lead post-surgical support groups. 2007-2012

## **STUDENTS AND TRAINEES**

### **Advising and Mentoring**

#### **Graduate Students Supervised**

The George Washington University (Academic Advisees)

Rana Abdel-Rahman	2019-2021
Tamika Akhidenor	2022-present
Adelaide Appiah	2018-2019
Alyssa Baer	2021-present
Sultana Begum	2016-2019
Aly Brennan	2013-2014
Roneika Carr	2012-Fall 2015
Odera Ekwunife	2013-Fall 2015
Basma Elharabi	2012-2015
Kelsey Donnellan	2015-2017
Udoka Durunna	2018-2020
Corina Galindo	2021-present
Jordan Genovese	2015-2016
Christa Goldmon	2013-2015
Nicole Hill	2017-2018
Evalina Ikpoh	2014-2017
Susie Johnson	2020-2022
Oshoze Kadiri	2017-2020
Mekedes Kidnemariam	2013-2014
Meghan Mavredes	2013-2014
Erin McElderry	2012-2014
Carlos Morales	2013-2014
Patience Mhlanga	2019-2021
Risa Nakajima	2012-2014
Irene Okpaghoro	2017-2018
Onize Oniwon	2012-2014
Anna Papazian	2014-2016
Kim Rogers	2021-present
Jennifer Schrum	2013-2014
Payton Sciarratta	2016-2018
Pavithra Srinivasan	2019-2021
Shaghayegh Tabarroki	2014-Fall 2015
Elyshe Voorhees	2013
Snigda Velugu	2015-2017
Emma Walker	2022-present

Audrey Walbridge	2019-2022
Deja Wortham	2019-2021
Zhuyin Wang	2014-2016

Total number of Academic Advisees for 2012-2013=5  
 Total number of Academic Advisees for 2013-2014=9  
 Total number of Academic Advisees for 2014-2015=12  
 Total number of Academic Advisees for 2015-2016=9  
 Total number of Academic Advisees for 2016-2017=7  
 Total number of Academic Advisees for 2017-2018=6  
 Total number of Academic Advisees for 2018-2019=6  
 Total number of Academic Advisees for 2019-2020=8  
 Total number of Academic Advisees for 2020-2021=6  
 Total number of Academic Advisees for 2021-2022=4

*+Recipient of the competitive GW Maternal and Child Health Center of Excellence Research Award for her Culminating Experience Project*

The George Washington University  
*Prevention and Community Health Culminating Experience (CE) Advisees*

Hannah Lane (HP)	Spring 2013
Elyshe Voorhees (MCH)	Winter 2013
Tatiana Elghossain (MCH)	Spring 2014
Meghan Mavredes (MCH)	Spring 2014
Risa Nakajima (MCH)	Spring 2014
Kelley Vargo (PHCM)	Spring 2014
Craig Czelusta (HP)	Spring 2014
Onize Oniwon (MCH)	Summer 2014
Sarah Lynch (HP)	Summer 2014
Erin McElderry (MCH)	Summer 2014
Basma Elharabi (MCH)	Spring 2015
Christa Goldmon (MCH)	Spring 2015
Mekedes Kidnemariam (MCH)	Spring 2015
Carlos Morales (MCH)	Spring 2015
Jennifer Schrum (MCH)	Spring 2015
Caitin Howe (HP)	Summer 2015
Odera Ekwunife (MCH)	Fall 2015
Sasha Tabarroki(MCH)	Fall 2015
Roneika Carr (MCH)	Fall 2015

Madeline Kirch (EXNS)	Spring 2016
Anna Papazian (MCH)	Summer 2016
Zhuyin Wang (MCH)	Summer 2016
Colleen Sideck (PHCM)	Spring 2017
Chelsey DuBois (HP)	Spring 2018
Chloe Diamond (PHCM)	Spring 2018
Krista Lepping (HP)	Spring 2018
Rachel Ingersoll (PHCM)	Spring 2018
Ilse Argueta (HP)	Spring 2018
Shaina Cales (PHCM)	Spring 2018
Yuqing Zhang (EPI)	Fall 2018
Alexis Latifi (HP)	Summer 2019
Elizabeth McHugh (HP)	Fall 2019
Jeanie Arnold (PHCM)	Spring 2020
Azar Gaminian (MCH)	Spring 2020
Micaela Manley (HP)	Spring 2020
Darsheeka Patel (PHCM)	Spring 2020
Po-ying Tseng (HP)	Summer 2020
Mira Agneshwar (MCH)	Spring 2021
Connor Galvin (PHCM)	Spring 2021
Alexis Hooper (MCH)	Spring 2021
Kaiulani Kamau (PHCM)	Spring 2021
Deja Wortham (MCH)	Spring 2021
Bailey Hoglin (MCH)	Spring 2022
Ebony Eddy (MCH)	Spring 2022
Zeinab Hamden (MCH)	Spring 2022
Laurel Holmes (HP)	Spring 2022
Liz Mendoza (MCH)	Spring 2022
Niaja Nolan (MCH)	Spring 2022
Laura Tiffany (MCH)	Spring 2022

Total number of CE Advisees for 2012-2013=1

Total number of CE Advisees for 2013-2014=6

Total number of CE Advisees for 2014-2015=8

Total number of CE Advisees for 2015-2016=5

Total number of CE Advisees for 2016-2017=3

Total number of CE Advisees for 2017-2018=6

Total number of CE Advisees for 2018-2019=1

Total number of CE Advisees for 2019-2020=6

Total number of CE Advisees for 2020-2021=6

Total number of CE Advisees for 2021-2022=7

*Exercise and Nutrition Sciences Undergraduate Senior Project Advisees*

Katrina Hufnagel	Spring 2014
Timothy Tsung	Spring 2019
Tamarandobra Ogeh	Spring 2019

Total number of Undergraduate Senior Project Advisees for 2013-2014=1

Total number of Undergraduate Senior Project Advisees for 2018-2019=2

**Master's Committee: Temple and Drexel University**

Chad Hayes, M.A. (Temple)	2007
Caitlin LaGrotte, M.A. (Temple)	2007
Toni Marousek, M.A. (Temple)	2007
Jenné Massie, M.A. (Temple)	2008-2009
Erin Andrews, M.P.H. (Drexel)	2010
Allison Ives, M.S. (Temple)	2010-2011
Matthew Wright, M.S. (Temple)	2011

**Master's Committee: The George Washington University**

*Exercise Science Master's Committees*

Heather Manning	2012-2013
Madison Mullen	Spring 2016

**Doctoral Dissertation/primary thesis advisor: Temple University**

Tracy Oliver, R.D., M.S., Ph.D.	2008
Uma Nair, M.S. Ph.D.	2006-2010

**Doctoral Dissertation Committee: Temple University**

Megan Spokas, Ph.D.	2007
Chad Hayes, M.A.	2007
Colin Guthrie, Ph.D.	2008
Heidi Freeman, Ph.D.	2008
Nicole Wood, Ph.D.	2008
Elizabeth Loughren, Ph.D.	2008-2009
Stuart Shore, Ph.D.	2008-2009
Rolf Wagschal, Ph.D.	2008-2009
Gloria Park, Ph.D.	2009-2010
Jamie Mansell, Ph.D.	2010-2012

**Doctoral Dissertation-Primary: The George Washington University**

Laura Major, MPH (DrPH expected May 2022). Dissertation Co-Chair	2019-Present
Erin Wentzell, DPT (DrPH expected May 2023). Dissertation Co-Chair	2019-Present



**Doctoral Dissertation Committee: The George Washington University**

Jennifer Schindler-Ruwisch	2017-2018
Yasir Shah	Spring 2018-Summer 2018
Ghada Khan	Summer 2018
Xahur Gul	Summer 2021

**Master's or Doctoral thesis reader**

School of Media and Public Affairs Strategic Communication Capstone, <i>Reader</i> Fabiola Joubert	2012-2013
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**International External Examination Committees**

2011

Callie Davies (PhD expected 12/2011); CQAustralia University

**Pre/Post-Doctoral Fellows: Temple University**

Melissa S. Xanthopoulos, Ph.D. (post-doctoral fellow)	2006-2007
Elicia Nadimin, M.A. (pre-doctoral intern)	2006-2007
Peter Thunfors, M.Ed. (pre-doctoral intern)	2007
Cindy Buchanan, M.S. (pre-doctoral intern)	2008
Lisa House, M.S. (pre-doctoral intern)	2008
Lisa Dunbar, M.S. (pre-doctoral intern)	2007-2008
Edie Goldbacher, Ph.D. (post-doctoral fellow)	2008-2010
Paul Wachowiak, M.S. (pre-doctoral intern)	2008-2009
Susan Himes, M.A. (pre-doctoral intern)	2008-2009
Kimberly Dasch, M.A. (pre-doctoral intern)	2008-2009
Sharon M. Hayes, M.A. (pre-doctoral intern)	2009-2010
Sharon M. Hayes, Ph.D. (post-doctoral fellow)	2010-2013

**Pre/Post-Doctoral Fellows: Brown University**

Beth Lewis, M.A (pre-doctoral intern)	2000-2001
Beth Lewis, Ph.D. (post-doctoral fellow)	2001-2003
Jessica Whiteley, Ph.D. (post-doctoral fellow)	2001-2003
David Williams, Ph.D. (post-doctoral fellow)	2004-2005
Gareth Dutton, M.A. (pre-doctoral intern)	2004-2005
Jessica Whiteley, Ph.D. (faculty)	2004-2005
Ernestine Jennings, M.A. (pre-doctoral intern)	2005-2006
Ronnesia Gaskins, M.A. (pre-doctoral intern)	2005-2006

**Research Supervision: Temple and Drexel University***Graduate Students*

Tracy Oliver, M.Ed., R.D. (Kinesiology-Exercise Physiology)	2008
Uma Nair, M.S. (Kinesiology-Sport and Exercise Psychology)	2006-2010
Adam Wright, M.A. (Kinesiology-Sport and Exercise Psychology)	2007-2011
Allison Ives, B.S. (Kinesiology-Sport and Exercise Psychology)	2010-2011
Michael Hoffman B.A (Kinesiology-Sport and Exercise Psychology)	2011-2012

Christine McNutt, B.A., (Kinesiology-Sport and Exercise Psychology) 2011-2012

*Undergraduate Students*

Chi Chan (Undergraduate Research Assistant)	2007- 2008
Rebecca Molotsky (Undergraduate Research Assistant)	2008
Melanie Foxx (Summer Research Opportunity Fellowship)	Summer 2008
Melanie Foxx (Diamond Research Scholar Program)	2008-2009
Melissa Brinckman (Undergraduate Research Assistant)	2009-2010
Lovemine Jeannott (Public Health Internship)	Spring 2010
Jessica Colucci (Public Health Internship)	Summer 2010
Megan Halkins (Public Health Internship)	Fall 2010
Janna Howard (Drexel University; Co-operative Student)	Fall-Spring 2010
Kenneth Huang (Drexel University; Co-operative Student)	Fall-Spring 2010
Taylor Mullens (Undergraduate Research Assistant)	Spring 2011
Karoline Recek (Public Health Internship)	Spring 2011
Susan Kavulich (Public Health Internship)	Spring 2011
Mika Miyake (Exercise Physiology Intern)	Spring 2011
Michael Cronin (Drexel University; Co-operative Student)	Spring-Summer 2011
Megan Quarmley (Drexel University; Co-operative Student)	Fall-Spring 2011
Joann Akpan (Public Health Internship)	Fall 2011
Stephanie Goldstein (Drexel University; Co-operative Student)	Spring-Summer 2012
Gina D'Aloisio (Exercise Physiology Intern)	Summer 2012
Victor Ahuruonye (Public Health Internship)	Summer 2012

Brown University

*Undergraduate Students*

Sarah Keil	Fall 2002
Meaghan Harwood	Spring 2004
Holly Escudero	Fall 2004

**Research Supervision: The George Washington University**

*Doctoral Level Graduate Students*

Jennifer Schindler-Ruwisch (Doctoral Research Leadership Credits)	Fall 2014-Summer 2015
Laurel Curry (Doctoral Instructional Leadership Credits)	Summer 2015
Morgane Bennett (Doctoral Instructional Leadership Credits)	Summer-Fall 2019
Jiayan Gu (Doctoral Research Assistant)	Summer 2019
Alison Cuccia (Doctoral Research Leadership Credits)	Summer 2021-present
Gregory Maxson (Doctoral Research Leadership Credits)	Summer 2021-present
Caitlin Bailey (Doctoral Research Assistant)	Summer 2020-present

*Master's Level Graduate Students*

Sarah Lynch (Graduate Student Research Assistant)	2012- 2014
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Kelley Vargo (Graduate Student Research Assistant)	2012- 2013
Meghan Mavredes (Graduate Student Research Assistant)	2013- 2014
Madeline Kirch (Graduate Student Research Assistant)	2014- 2016
Jessica Rafetto (Graduate Student Research Assistant)	2014
Mira Kahn (Graduate Student Research Assistant)	2014-2015
Allison Rubinoff (Graduate Student Research Assistant)	Spring 2015
Sara Pellegrino (Graduate Student Research Assistant)	Fall 2015- Summer 2016
Jocelyn Resnick (Graduate Student Research Assistant)	Fall 2015-Spring 2016
Rachel Ingersoll (Graduate Student Research Assistant)	Summer 2016-2018
Jennifer Reiner (Graduate Student Research Assistant)	Summer 2016-Fall 2016
Erika Blankenship (Graduate Student Research Assistant)	Summer 2016-2018
Nicholas Ryan (Graduate Student Research Assistant)	Spring 2017-Summer 2017
Mary Moran (Graduate Student Research Assistant)	Spring 2017-Summer 2017
Virginia Andrews (Graduate Student Research Assistant)	Spring 2018-Fall 2018
Yuqing Zhang (Practicum Student)	Fall 2018
Azar Gaminian (Graduate Student Research Assistant)	Summer 2018-Summer 2020
Sanchita Narayan (Practicum Student)	Fall 2021

Total number of graduate students supervised in research for 2012-2013=2

Total number of graduate students supervised in research for 2013-2014=2

Total number of graduate students supervised in research for 2014-2015=5

Total number of graduate students supervised in research for 2015-2016=6

Total number of graduate students supervised in research for 2016-2017=5

Total number of graduate students supervised in research for 2017-2018=5

Total number of graduate students supervised in research for 2018-2019=3

Total number of graduate students supervised in research for 2019-2020=3

Total number of graduate students supervised in research for 2020-2021=2

Total number of graduate students supervised in research for 2021-2022=4

### *Undergraduate Students*

Katrina Hufnagel (Undergraduate Research Assistant)	2012- 2014
Hillary DeCarl (Undergraduate Research Assistant)	2013-2014
Meghan Culhane (Undergraduate Research Assistant)	2014
Mahathi Nagarur (Undergraduate Research Assistant)	2014
Caitlin Sirianni (Undergraduate Research Assistant)	2014-2015
Juliet Schear (Undergraduate Research Assistant)	2014
Stephanie Bono (Undergraduate Research Assistant)	2014-2015
Kyle Calder (Undergraduate Research Assistant)	Spring 2015
Elena Clark (Undergraduate Research Assistant)	Spring 2015
Marissa Young (Undergraduate Research Assistant)	Spring 2015
Julian Gaitan (Undergraduate Research Assistant-UVA)	Summer 2015
Ranjit Bhangu (Undergraduate Research Assistant)	Summer 2015-Spring 2016
Gabrielle Hull (Undergraduate Research Assistant)	Spring 2016
Sarah Weinbrom (Undergraduate Research Assistant)	Spring 2016
Phyllis Morral (Undergraduate Research Assistant)	Spring 2016

Jennifer Kranjec, (Undergraduate Research Assistant)	Spring 2016
Ameer Khalek (Undergraduate Research Assistant)	Spring 2016
Sarah Gleysteen (Undergraduate Research Assistant)	Summer 2016
Timothy Tsung (Undergraduate Research Assistant)	Summer 2017-2019
Lesley Fatica (Undergraduate Research Assistant)	Summer 2018-Spring 2019
Tamarandobra Ogeh (Undergraduate Research Assistant)	Summer 2018-2018
Stephanie Shimoda (Undergraduate Research Assistant)	Fall 2018
Caleb Delisle (Undergraduate Research Assistant)	Fall 2018
Mohmeet Choudhary (Undergraduate Research Assistant)	Spring 2019
Ali Sarhan (Undergraduate Research Assistant)	Fall 2020
Zohaa Ahmed (Undergraduate Research Assistant)	Summer -Fall 2021

Total number of undergraduate students supervised in research for 2012-2013=1  
 Total number of undergraduate students supervised in research for 2013-2014=1  
 Total number of undergraduate students supervised in research for 2014-2015=8  
 Total number of undergraduate students supervised in research for 2015-2016=6  
 Total number of undergraduate students supervised in research for 2016-2017=1  
 Total number of undergraduate students supervised in research for 2017-2018=2  
 Total number of undergraduate students supervised in research for 2018-2019=6  
 Total number of undergraduate students supervised in research for 2019-2020=1  
 Total number of undergraduate students supervised in research for 2020-2021=1

## **PUBLIC HEALTH PRACTICE PORTFOLIO**

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### **PARTICIPATION ON ADVISORY PANELS**

Consultant (unpaid) to the 2018 Physical Activity Guidelines Advisory Committee  
 Physical Activity Promotion Subcommittee  
 U.S. Department of Health and Human Services April 2017-March 2018

Official Representative on Behalf of the Society of Behavioral Medicine  
 Roundtable on Obesity Solutions, National Academies of Sciences, Engineering, and Medicine  
 May 2019-April 2024

Member  
 The Physical Activity and Health Innovation Collaborative, associated with the Roundtable on  
 Obesity Solutions at the National Academies of Sciences, Engineering, and Medicine  
 May 2019-present