

# Tamara A. Henry, Ed.D.

[Thenry@gwu.edu](mailto:Thenry@gwu.edu)

## EDUCATION

**Bachelor of Science**, Biology, December 1998

Concentrations: Biopsychosocial behavior and physical science

Howard University, Washington, D.C.

**Master of Arts**, Health Education, May 2002

Concentrations: Utilizing Theory of Reasoned Action to examine health behavior; Community Analysis and Intervention; Women's Health

Teachers College, Columbia University, New York, NY

**Doctor of Education**, Health Education and Behavior, May 2006

Concentration: Health Disparities, Adolescent Health, HIV/AIDS, STI's

Teachers College, Columbia University, New York, NY

## ACADEMIC EXPERIENCE

**Milken Institute School of Public Health at the George Washington University**

Washington, D.C.

2020- Present ***Teaching Associate Professor and Practicum Director (Health promotion track)***

Responsible for teaching:

Introduction to Public Health (undergraduate level)

Principles of Health Education and Health Promotion (undergraduate level)

Human Sexuality (undergraduate level)

Senior Seminar (undergraduate level)

Social and Behavioral approaches to health (graduate level)

Connecting masters students with a practicum experience across the United States

2017-2020 ***Teaching Assistant Professor and Practicum Director (Health promotion track)***

2015-2017 ***Visiting Assistant Professor and Practicum Director (Health promotion track)***

2011-2015 ***Adjunct Assistant Professor and Practicum Director (Health promotion track)***

2008- 2011 ***Professorial Lecturer***

## PROFESSIONAL EXPERIENCE

**District of Columbia-Department of Health (DOH)**

Washington, D.C.

2007-2010 ***Special Projects Director, Office of the Director***

Responsibilities included:

Coordinated all aspects of the Internship/Fellowship Program for the DC DOH

Collaborated with academic institutions across the country to recruit and retain competitive candidates for the office

Convened interactive trainings and workshops to build skills for students/fellows

Collaborated with each administration's management on implementing their unique performance plan among employees

Developed key performance indicators for TRACK DC web module  
 Monitored and evaluated key performance measures quarterly for the Departmental Director and the Mayors' office  
 Managed budgets in excess of \$500K for governmental grants and supervised a staff of 10  
 Annually worked with administrative management to adjust/adapt performance measures to reflect changes in staff and other programmatic areas  
 Coordinated and convened departmental assessment for state accreditation  
 Collaborated with Metropolitan Washington Council of Governments, Association of State and Territorial Health Officials, National Association of County and City Health Officials as well as several other organizations regarding District health status  
 Developed and implemented community wellness events for the District of Columbia-Department of Health (DOH)

### **Department of Health and Senior Services**

Trenton, New Jersey

2005-2007 **Research Scientist, Office of Minority and Multicultural Health**

Provided technical assistance for OMMH executive director as needed  
 Assisted in survey development in conjunction with Rutgers University Center for State Policy  
 Monitored and evaluated outcomes of community wellness programs for Federally Qualified Health Centers and other grantees  
 Collaborated with stakeholders to assess quality and access within Title V programs  
 Conducted several focus groups for WIC populations in Newark and Trenton, NJ  
 Provided health education sessions to over 500 pregnant teenagers during my tenure  
 Ensured data integrity, quality control and protocol compliance through comparison and analysis  
 Composed white papers addressing minority and multicultural health issues and concerns  
 Co-authored the New Jersey Health Disparities Plan

### **AWARDS**

2018 Master Teacher Award- The George University Milken Institute School of Public Health  
 2015 Excellence in Teaching Undergraduate Public Health- The George Washington University Milken Institute School of Public Health  
 2015 Nominated for a GW *Bender* Teaching Award  
 2013 Excellence in Teaching Undergraduate Public Health- The George Washington University Milken Institute School of Public Health

### **PRESENTATIONS AT PROFESSIONAL MEETINGS**

2019 Health HI-V Continuing Education Series "Introduction to Monitoring and Evaluation- Capacity Building Workshop" Facilitator; Oral Presentation; Washington DC, December 5<sup>th</sup>, 2019.  
 2019 Maryland Department of Health *Re-grounding Our Response* Conference "Overview of the effects of the Social Determinants of Health on the Opioid Crisis" 2- Day Workshop Facilitator; Oral Presentation; Greenbelt, MD, October 22<sup>nd</sup> and 23<sup>rd</sup>, 2019.

- 2019 Health HI-V Continuing Education Series “How a Life Course of Trauma Impacts Reentry and Recidivism” Workshop speaker; Oral Presentation; Washington, DC, October 16<sup>th</sup>, 2019.
- 2019 Northern Arizona University-2019 Southwest Health Equity Research Collaborative “Disparities in maternal morbidity/mortality in the District of Columbia” Seminar Speaker; Oral Presentation; Flagstaff, AZ, April 5<sup>th</sup>, 2019.
- 2018 American Public Health Association Annual meeting “An analysis of University Vision and Design--a grant writing program for Minority Serving Institutions” Poster Presentation; San Diego, California, November 12, 2018.
- 2018 Meharry Medical College- 2018 MeTRC Health Disparities Conference “Creating and Cultivating a Niche in Higher Education” Professional Development Workshop Facilitator; Oral Presentation; Nashville, TN, November 8<sup>th</sup>, 2018.
- 2018 Hep B United Summit- “Applying a Health Equity lens to Eliminating Hep B” Keynote address; Washington, DC, July 25<sup>th</sup>, 2018.
- 2012 Bowling Green State University- Third Annual Women’s Empowerment Conference “A Road to a Better You” Keynote address; Bowling Green, OH, February 25<sup>th</sup>, 2012.
- 2010 Johns Hopkins University- Seventh Annual Diversity Conference presentation “Diversity in Public Health” Oral Presentation; Baltimore, MD, November 4<sup>th</sup>, 2010.
- 2010 U.S. Conference on AIDS-National Minority AIDS Council (NMAC) Annual meeting presentation “NAACP-Social Justice and HIV” Oral Presentation; Orlando, Florida, September 11<sup>th</sup>, 2010.
- 2010 Centers for Disease Control and Prevention –ACT against AIDS Leadership Initiative (AAALI) Annual meeting presentation “NAACP/AAALI-A Year in Review” Oral Presentation; Atlanta, Georgia, March 22<sup>nd</sup>, 2010.
- 2008 American Public Health Association Annual meeting presentation “Getting ready for national accreditation—Implementation of the state instrument” Oral Presentation; San Diego, California, October 28<sup>th</sup>, 2008.

### **UNIVERSITY SERVICE**

- 2019 Member of High Quality Undergraduate Education Committee (University wide)
- 2019 Member of Milken Undergraduate Curriculum Committee
- 2018-Present Member of Milken Diversity, Equity and Inclusion Task Force
- 2018-Present Member of Milken Master Teacher Academy
- 2014-2018 Member of Milken Undergraduate Admissions Committee

### **EDITORIAL REVIEW ACTIVITIES**

2020	Office of the Assistant Secretary of Health/OMH-State/Tribal/Territorial Partnership Initiative to Document, Sustain and Spread Disparity Reducing Interventions
2020	Office of the Assistant Secretary of Health/OMH- Community- based approaches to Strengthening Economic Supports for Working Families
2020	Office of the Assistant Secretary of Health/OMH-National Infrastructure for Mitigating the Impact of COVID-19 within Racial and Ethnic Minority Communities
2019	Health Resources and Services Administration Grant Review Panel (Oral Health)
2015	Health Resources and Services Administration Grant Review Panel (College Sexual Assault)
2008	District of Columbia Cancer Consortium Grant Review Panel
2006	Black Infant Mortality Grant Review Panel
2006	Susan G. Komen North Jersey Affiliate Grant Review Panel

## **PUBLIC HEALTH PRACTICE (ALL PAID ACTIVITIES)**

### **Health HIV**

Washington, DC

2019-2020

#### ***Lead Consultant***

Assisted in capacity building for several grantees for the DC Health 90/90/90/50 plan. Developed and facilitated workshops related to monitoring and evaluation of programs. Created a toolkit for monitoring and evaluation to be used by community based organizations (CBOs). Facilitated webinar series on equity as well re-entry best practices. Created a toolkit for CBOs who work with re-entry populations.

### **Bridging Environments for Health**

Gaithersburg, MD

2019

#### ***Master Trainer***

Developed a substance misuse curriculum to address the opioid crisis utilizing the Social Determinants of Health principles  
Conducted a train the trainer 2 day workshop for a diverse set of adult learners to pilot among their constituents

### **Office of Minority Health Resource Center (OMHRC)**

Landover, MD

2016-2019

#### ***Lead Consultant, Higher Education Technical Assistance Program (HETAP)***

Recruited, engaged, and managed an Advisory Committee comprised of 12 – 15 faculty members from Minority Serving Institutions (MSIs) from around the country  
Coordinated with OMRHC's Capacity Building staff to convene the participation of appropriate federal partners at workshops and leadership trainings throughout the country  
Designed and implemented the University Vision Design Capacity (UVDC) pilot trainings Inclusive of confirming venues, and working with staff to promote the workshops  
Facilitated workshops at (MSIs) on how to write competitive grants  
Facilitated workshops on Diversity, Equity and Inclusion among faculty  
Developed and appraise assessment tools to evaluate HETAP technical assistance sessions and presentations

Developed webinars to provide technical assistance in various aspects of grant writing and community engagement  
Coordinated semi-annual meetings with the White House Initiatives on Educational Excellence in conjunction with OMHRC staff  
Drafted Annual HETAP Report

**District of Columbia-Department of Corrections**

Washington, DC

2015-2018 ***Health Education Consultant***

Created an HIV/substance abuse curriculum for male and female inmates in the Residential Substance Abuse Treatment facility  
Facilitated health education sessions among inmates  
Administered pre/post-test with analysis for reporting  
Composed year end progress report

**District of Columbia-Office of the State Superintendent of Education (OSSE)**

Washington, D.C.

2012- 2018 ***Consultant, Wellness and Nutrition Division***

Assisted OSSE with review of health education curriculum for District of Columbia Public Schools  
Convened working groups who are experts in subject matters related to healthy school initiatives  
Conducted several focus groups with DC local youth  
Supervised interns and volunteers on youth advisory council

**National Medical Association**

Silver Spring, MD

2015-2016 ***Project Coordinator, CDC PACT Initiative***

Coordinated Centers for Disease Control PACT Initiative among partners  
Coordinated HIV PrEP training sessions among NMA physicians  
Convened and moderated HIV panel for National Annual Scientific Conference

**District of Columbia**

**Department of Health**

Washington, D.C.

2014 ***Consultant, Community Health Administration (CHA)***

Closely worked with the CHA project officer to devise work plan goals, and objectives for the needs assessment  
Developed questionnaires for multiple populations for the DC Title V needs assessment  
Conducted 8 focus groups and 33 key informant interviews  
Disseminated and analyzed survey monkey data from 136 respondents (63 parents; 73 providers)  
Determined the public's health priorities over the next 5 year period  
Engaged stakeholders in the District about Title V priorities  
Completed the needs assessment in a final work product for the Community Health Administration

**Congressional Black Caucus Foundation, Inc.**

Washington, D.C.

2012-2013 **Consultant, Spirit of Healthy Living (SOHL) Program**

Educated faith-based congregations in Queens, NY and Columbia, SC about obesity and diabetes

Increased awareness of the risk-reduction benefits of healthy eating and regular physical activity

Encouraged use of local health/wellness resources to prevent and manage diabetes related conditions

Trained 100 constituents in an online health counseling program sponsored by *Johnson & Johnson*

Convened a SOHL program for each congregation that encompasses a wide range of wellness activities including a health fair

**National Council of Negro Women (NCNW), Inc.**

Washington, D.C.

2010-2013 **Consultant, OWH- Young Women's HIV/STD Mobilization project**

Designed and implemented a curriculum (Save Ourselves Sisters) based on the ***theory of gender and power*** for NCNW youth and collegiate sections across 10 Universities and 8 youth sections

Provided (evidence-based interventions) train the trainer opportunities for peer educators

Conducted 6 focus groups about gender dynamics

Convened regular meetings with academicians, students and the community at large

Assessed knowledge and attitudes with reliable and valid HIV survey tool

Coordinated testing efforts around HIV awareness dates

Monitored, evaluated, and reported findings to the Office of Women's Health and the Office of Minority Health on a quarterly basis

Outcomes included over 1000 young women received the curriculum and 1400 people were tested for HIV

**National Association for the Advancement of Colored People**

Washington, D.C.

2009- 2011 **Consultant, CDC-ACT against AIDS Leadership Initiative (AAALI)**

Developed and implemented an organizational action plan to integrate HIV/AIDS prevention efforts into the organization's existing infrastructure and normal activities

Integrated AAALI and HIV/AIDS messages into the NAACP National Meeting and among member organizations through 27 HIV trainings and workshops

Monitored and evaluated the success of each conference and its training components and reported to the CDC on a quarterly basis

**Howard University**

**Department of Health and Human Performance and Leisure Studies**

Washington, D.C.

2009-2010      **Consultant, Substance Abuse and HIV Outreach Program (SHOP)**

Implemented the Substance abuse and mental health services administration (SAMHSA) funded  
"Playing It Safe" HIV/AIDS curriculum for incoming freshmen

Organized HIV testing events and supervise peer to peer training

Conducted various "dorm forums" around HIV/AIDS and other sexually transmitted infections to  
students

Collected and analyzed data for the quarterly reports for the funding source