

CURRICULUM VITAE
Christina L. Heminger, DrPH, MS

Personal Data

Email: clh@gwu.edu

Education & Training

Villanova University 2005
Villanova, PA
BS, Comprehensive Science

Dartmouth College 2006
Hanover, NH
MS, Clinical Evaluative Sciences (concentration in Epidemiology/Biostatistics)

The George Washington University 2014
Washington, DC
DrPH, Health Behavior

The George Washington University 2016
Washington, DC
Postdoctoral Fellowship

Dissertation: “Assessing Information Management for Breast Cancer Prevention & Risk Reduction: Applying an Integrated Theory of Information Management to Younger Women”

Advisors: Drs. Monique M. Turner (chair), Paula M. Lantz, and Cherise B. Harrington

Professional Employment

2021 to Present Teaching Associate Professor
MPH@GW Program, Department of Prevention & Community Health
Milken Institute School of Public Health
The George Washington University, Washington, DC

2016 to 2021 Teaching Assistant Professor
MPH@GW Program, Department of Prevention & Community Health
Milken Institute School of Public Health
The George Washington University, Washington, DC

2014 to 2016 Postdoctoral Scientist
MPH@GW Program, Department of Prevention & Community Health
Milken Institute School of Public Health
The George Washington University, Washington, DC

2013 to 2016	Professorial Lecturer MPH@GW Program, Department of Prevention & Community Health Milken Institute School of Public Health <i>The George Washington University, Washington, DC</i>
2015 to 2016	Instructor, Lifestyle, Sports & Physical Activity Course Department of Exercise & Nutrition Sciences Milken Institute School of Public Health <i>The George Washington University, Washington, DC</i>
2012 to 2014	Senior Education Specialist Department of Prevention & Community Health Milken Institute School of Public Health <i>The George Washington University, Washington, DC</i>
2006 to 2014	Health Policy Analyst Center for Communication Science Public Health Research Division <i>RTI International, Research Triangle Park, NC</i>
2010 to 2012	Graduate Teaching Assistant Department of Prevention & Community Health Milken Institute School of Public Health <i>The George Washington University, Washington, DC</i>

Honors & Awards

2019	Milken Institute School of Public Health Master Academy of Teachers, Induction
2019	The George Washington University Morton A. Bender Teaching Award, Nomination
2017	Milken Institute School of Public Health Excellence in Teaching Award: Online Program, Recipient
2012 to present	Delta Omega Honorary Society in Public Health - Omega Chapter at The George Washington University, Induction
2012 to 2014	The George Washington University Capital Connection Fund Research Award (\$2,500) to complete doctoral dissertation research, Recipient
2012 to 2013	Doctoral Tuition Merit Award, Recipient

Publications

*Publications/presentations with asterisks represent research conducted and products produced through a mentoring relationship with GW students/advisees.

Articles Under Review

N/A

Articles in Progress

Heminger, C. L., Turner, M. M. Applying the Transtheoretical Model to Obesity Reduction in the United States (2021). In Progress.

Articles in Refereed Journals

- *Rosenberger, M. [advised by **Heminger, C.L.**] (2020). Establishing Best Practices for the Utilization of 3D Printing for Prosthetic Limbs in Developing Nations and Conflict Zones, *Craft Research*.
[Acknowledged in submission - provided significant mentorship on the publishing process and editing of submitted manuscript; student opted to submit solely.]
- Abroms, L. C., **Heminger, C. L.**, Boal, A.L., VanAlstyne, J. M., Krishnan, N. (2019). Text2Quit: An analysis of user experiences with a mobile smoking cessation program. *Journal of Smoking Cessation*, 1-6
- Gressard, L., DeGroff, A., Richards, T. B., Melillo, S., Kish Doto, J., **Heminger, C. L.**, Rohan, E., Allen, K. G. (2017). A Qualitative Analysis of Smokers' Perceptions about Lung Cancer Screening: Implications for Implementation in Community Practice. *BMC Public Health*, 17, 589.
- *Schindler-Ruwisch, J. M., Abroms, L. C., Bernstein, S. L., **Heminger, C. L.** (2016). A content analysis of electronic health record (EHR) functionality to support tobacco treatment. *Translational Behavioral Medicine*, 7(2), 148-156.
- Fitzgerald, T. M., Williams, P. A., Dodge, J. A., Quinn, M., **Heminger, C. L.**, Moultrie, R., Taylor, O., Nelson, B. W., Lewis, M. A. (2016). Program Implementation Approaches to Build and Sustain Health Care Coordination for Type 2 Diabetes. *Health Promotion Practice*, 18(2), 306-313.
- Heminger, C. L.**, Boal, A., Zumer, M., Abroms, L. C. (2016). Text2Quit: An analysis of participant engagement in the mobile smoking cessation program. *The American Journal of Drug Abuse & Addiction*, 42(3), 1-9.
- Heminger, C. L.**, *Schindler-Ruwisch, J. M., Abroms, L. C. (2016). Smoking cessation support for pregnant women: a review of mHealth applications. *Substance Abuse and Rehabilitation*, 7, 15-26.
- Abroms, L. C., Johnson, P. A., **Heminger, C. L.**, Leavitt, L. E., Van Alstyne, J. M., Schindler-Ruwisch, J. M., Bushar, J. A. (2015). Quit4Baby: Results from a pilot test of a mobile smoking cessation program for pregnant women. *JMIR mHealth and uHealth*, 3(1), e10.
- *Weaver, M. S., **Heminger, C. L.**, Lam, C. G. (2014). Integrating Stages of Change Models to Cast New Vision on Interventions to Improve Global Retinoblastoma and Childhood Cancer Outcomes. *BMC Public Health*, 14.
- Lewis, M. A., Williams, P. A., Fitzgerald, T. M., **Heminger, C. L.**, Hobbs, C. L., Moultrie, R. R., Taylor, O. M., Hold, S., Karns, S. A., Burton, J. A., Kamerow, D. B. (2014). Improving the Implementation of Diabetes Self-Management: Findings from the Alliance to Reduce Disparities in Diabetes. *Health Promotion Practice*, 15(2 Suppl).
- Henderson, S., Degroff, A., Richards, T. B., Kish Doto, J., Soloe, C., **Heminger, C.**, & Rohan, E. (2011). A qualitative analysis of lung cancer screening practices by primary care physicians. *Journal of Community Health*, 36(6).
- Hersey, J. C., **Lynch, C. M.**, Williams-Piehot, P. A., Rooks, A. E., Hamre, R., Franco, E., Roussel, A. E., O'Toole, T., Grasso, T., & Hannan, C. (2010). The association between funding for statewide programs and enactment of obesity legislation. *Journal of Nutrition Education and Behavior*, 42(1).

Evans, W. D., Blitstein, J., **Lynch, C. M.**, de Villiers, A., Draper, C., Steyn, N., Lambert, V. (2009). Childhood obesity prevention in South Africa: Media, social influences, and social marketing opportunities. *Social Marketing Quarterly* 15(1).

Lang, J. E., Hersey, J. C., Isenberg, K. L., **Lynch, C. M.**, Majestic, E. (2009). Building company health promotion capacity: A unique collaboration between Cargill and the Centers for Disease Control and Prevention. *Preventing Chronic Disease* 6(2).

Non-Peer Reviewed Publications

Heminger, C. L. (2014). *Assessing Information Management for Breast Cancer Prevention & Risk Reduction: Applying an Integrated Theory of Information Management to Younger Women*. (Unpublished doctoral dissertation). The George Washington University, Washington, D.C.

Scholarly Presentations

*Zdanukiewicz, M., Glacier, A., Tengfei, M. **Heminger, C.** (2017, April). *Household Chemicals and Prostate Health: Serum Prostate Specific Antigen Levels and Urinary Benzophenone-3, Bisphenol A, and Triclosan Levels in Males: NHANES 2005-2010*. Poster presentation at GW Research Days, Washington, DC. **[Received Judges' Choice Award]**

*Rollston, R. & **Heminger, C. L.** (2017, February). *Cervical Cancer Risk in Trans Men*. Abstract presented orally at the U.S. Professional Association for Transgender Health (USPATH) Scientific Conference, Los Angeles, CA.

Heminger, C. L., Boal, A. L., Zumer, M., Abroms, L. C. (2016, April). *Text2Quit: An analysis of participant engagement in a text-based smoking cessation program*. Poster presentation at the Society of Behavioral Medicine (SBM) 37th Annual Meeting & Scientific Sessions, Washington, DC.

Abroms, L. C., Schindler-Ruwisch, J. M., Bernstein, S., **Heminger, C. L.** (2016, March). *A content analysis of Electronic Health Record (EHR) functionality to support tobacco treatment*. Poster presentation at the Society for Research on Nicotine and Tobacco (SRNT) 22nd Annual Meeting, Chicago, IL.

Lewis, M. A., Williams, P. A., Hobbs, C., Burton, J., **Heminger, C. L.**, Moultrie, R. M., Fitzgerald, T. A., Taylor, O., Holt, S., Kamerow, D. (2015, May). *Implementing Diabetes Self-Management Programs for Patients with Low Literacy: Midterm Process Evaluation Results from the Alliance to Reduce Disparities in Diabetes*. Poster presentation at the Institute for Healthcare Advancement's (IHA4Health's) 14th Annual Health Literacy Conference, Irvine, CA.

Abroms, L. C., Johnson, P. R., **Heminger, C. L.**, Leavitt, L. E., Van Alstye, J. M. (2015, February). *Quit4baby: Results From A Pilot Test Of A Mobile Smoking Cessation Program For Pregnant Women*. Poster presentation at the Society for Research on Nicotine and Tobacco (SRNT) 21st Annual Meeting, Philadelphia, PA.

Heminger, C., Turner, M. (2014, November). *Assessing Information Management for Breast Cancer Prevention & Risk Reduction: Applying an Integrated Theory of Information Management for Younger Women*. Paper presentation at the National Communication Association (NCA) 100th Annual Convention, Chicago, IL.

Hatcher, E., Willis, A., Turner, M., **Heminger, C.**, Chowdhary, H., Pratt-Chapman, M. (2014, June). *THRIVE: Data from the Pilot of a Tailored Cancer Survivorship Self-Management Program to Increase Healthy Behaviors*. Poster presentation at the 7th Biennial Cancer Survivorship Research Conference, Atlanta, GA.

Heminger, C., Turner, M. (2014, May). *Assessing Information Management for Breast Cancer Prevention & Risk Reduction: Applying an Integrated Theory of Information Management for Younger Women*. Poster presentation at the Society for Prevention Research Annual Meeting, Washington, D.C.

DeGross, A. D., Gressard, L., Melillo, S., Kish-Doto, J., **Heminger, C.**, Rohan, E., Gabuten, K., Richards, T., Jordan, J. (2013, November). *Heavy smokers' barriers to lung cancer screening: Results of a focus group study*. Poster presented at the 141st Annual American Public Health Association (APHA) Meeting, Boston, MA.

Hatcher, E., Willis, A., Pratt-Chapman, M., Turner, M., **Heminger, C.**, Afanaseva, D. (2013, September). *Project THRIVE: Creating a tailored cancer survivorship self-management program to increase healthy behaviors*. Oral presentation at the International Cancer Education Conference, Seattle, WA.

Lewis, M. A., Williams, P. A., Hobbs, C. L., Burton, J., **Heminger, C. L.**, Moultrie, R. R., et al. (2013, May). *Implementing diabetes self-management programs for patients with low literacy: Midterm process evaluation results from the Alliance to Reduce Disparities in Diabetes*. Poster presented at 12th annual Institute for Healthcare Advancement Health Literacy Conference, Irvine, CA.

Hersey, J. C., Williams-Piehot, P. A., Chappelle, E. F., **Lynch, C. M.**, Hannan, C., Grasso, T., & O'Toole, T. (2008, April). *The association between statewide obesity prevention programs and school health program, and nutrition related legislation*. Poster presentation at the Society of Nutrition Education, Atlanta, GA.

University Service

2021	Committee Member, GWSPH Admissions Committee (MPH@GW Representative)
2020	Faculty Moderator, "You Should See Color" Racism & Inequality Webinar
2020	Committee Member, DrPH Revisioning Committee
2019 to Present	Member, GWSPH Master Teacher Academy
2019 to Present	Committee Chair, MPH@GW Admissions Committee
2019 to 2020	Committee Member, GWSPH Academic Integrity Taskforce
2018 to 2020	GW Delta Omega, Omega Chapter, Candidate Reviewer
2018 to 2020	Dartmouth College Alumni Admissions Reviewer
2017 to Present	Committee Member, PCH Awards Committee
2017 to 2018	Committee Member, MPH@GW Admissions Committee
2017	MPH@GW Faculty Practicum Director
2015 to 2016	Committee Member, Doctoral Advisory Committee
2014	Co-Facilitator, DrPH in Health Behavior Orientation
2014	Deputy to DrPH Director, DrPH in Health Behavior Admissions Committee
2013 to 2014	Committee Member (elected), School of Public Health (SPH) Research Committee
2012 to 2016	Mentor, DrPH Mentoring Program at The George Washington University
2012 to 2015	Community Engagement Partner, George Washington Cancer Institute
2012	Creator & Facilitator, SPHHS Graduate Teaching Assistantship Orientation
2012	Panelist, DrPH Orientation

2012	Committee Member/Student Representative, Department of Prevention & Community Health Chair Search Committee
2011, 2015	Panelist, DrPH Applicant Open House
2011	Interviewing Team, SPH Associate Dean for Research Job Search Committee
2007 to 2014	Mentor & Mentee, RTI Peer Mentoring Program
2006 to 2010	Special Olympics of Washington, DC, Volunteer Unified Athlete Partner

Professional Society Membership & Leadership

2012 to Present	Delta Omega Honorary Society in Public Health - Omega Chapter at The George Washington University, Member
2014 to 2015	National Communication Association, Member
2014 to 2015	Society for Prevention Research, Member

Editorial Peer Review Activities

2020	<i>Journal of Smoking Cessation</i> [1]
2019	<i>PLOS ONE</i> [1]
2016	<i>Health Promotion Practice</i> [1]
2015, 2016	<i>Health Education Research</i> [2]
2015	<i>Journal of Medical Internet Research (JMIR)</i> [2]
2015	<i>Health Communication</i> [1]
2015	<i>Women's Health Issues</i> [1]

Teaching/Learning Portfolio

*Course evaluation comments and ratings available upon request.

Educational Program Leadership

Course Director – Department of Prevention & Community Health:

MPH Online PubH 6007: Social & Behavioral Approaches to Public Health (Masters)

Fall 2021; Summer 2021; Spring II 2021; Spring I 2021; Fall 2020; Summer 2020; Spring II 2020; Spring I 2020; Fall 2019; Summer 2019; Spring II 2019; Spring I 2019; Fall 2018; Summer 2018; Spring II 2018; Spring I 2018; Fall 2017; Summer 2017, Spring II 2017, Spring I 2017, Fall 2016, Summer 2016, Spring II 2016, Spring I 2016, Fall 2015, Summer 2015, Spring II 2015, Spring I 2015, Fall 2014, Summer 2014

MPH Online PubH 6060 / 6061: Culminating Experience, Parts 1 & 2 (Masters)

Fall 2021; Summer 2021; Spring II 2021; Spring I 2021; Fall 2020; Summer 2020; Spring II 2020; Spring I 2020; Fall 2019; Summer 2019; Spring II 2019; Spring I 2019; Fall 2018; Summer 2018

MPH Online PubH 6500: Planning & Implementing Health Promotion Programs (Masters)

Summer 2021; Spring II 2021; Summer 2020; Spring I 2020; Summer 2019; Spring I 2019

MPH Online PubH 6503: Introduction to Health Communication & Marketing (Masters)

Spring I 2018; Spring I 2017, Summer 2016, Fall 2015, Summer 2015, Spring II 2015, Spring I 2015

Courses Taught

Section Lead – Department of Prevention & Community Health:

MPH Online PubH 6007: Social & Behavioral Approaches to Public Health (Masters)

Summer 2021, class size: 13
Spring II 2021, class size: 11
Spring I 2021, class size: 12
Fall 2020, class size: 12
Summer 2020, class size: 13
Spring II 2020, class size: 11
Spring I 2020, class size: 12
Fall 2019, class size: 11
Summer 2019, class size: 10
Spring I 2019, class size: 13
Fall 2018, class sizes (2 classes): 12 / 12
Summer 2018, class size: 12
Spring II 2018, class size: 12
Spring I 2018, class size: 10
Fall 2017, class size: 11
Spring I 2017, class size: 11
Fall 2016, class size: 11
Summer 2016, class size: 12
Spring II 2016, class size: 11
Spring I 2016, class size: 11
Fall 2015, class size: 12
Summer 2015, class size: 11
Spring II 2015, class size: 11
Spring I 2015, class size: 6
Summer 2014, class size: 11
Spring II 2014, class size 9
Spring I 2014, class size 11
Fall 2013, class size 9
Summer 2013, class size 7

MPH Online PubH 6060/61: Culminating Experience (Masters)

Fall 2021, class size: 8
Fall 2020, class size: 8
Spring I 2020, class size: 8
Spring I 2019, class size: 10
Summer 2018, class size: 10
Spring I 2018, class size: 10
Fall 2017, class size: 11
Spring I 2017, class sizes (2 classes): 8 / 9
Fall 2016, class sizes (2 classes): 8 / 8
Summer 2016, class sizes (2 classes): 10 / 10
Spring II 2016, class size: 10

MPH Online PubH 6500: Planning & Implementing Health Promotion Programs (Masters)

Summer 2021, class size: 12
Spring II 2021, class size: 12
Summer 2020, class size: 12
Spring I 2020, class size: 11
Summer 2019, class size: 8
Spring I 2019, class size: 12

MPH Online PubH 6503: Introduction to Health Communication & Marketing (Masters)

Spring I 2018, class size: 14
Summer 2016, class size: 12
Fall 2015, class size: 10
Summer 2015, class size: 11
Spring II 2015, class size: 10
Spring I 2015, class size: 12

Part Time Faculty – Department of Exercise Science:

LPSA1045: Les Mills BodyPump
Fall 2016, class size: 11
Spring 2016, class size: 14
Fall 2015, class size: 9

Graduate Teaching Assistant – Department of Prevention & Community Health:

PubH6501: Evaluation of Health Promotion & Disease Prevention Programs (Masters)
Fall 2013, class size: 29
Fall 2012, class size: 27
Spring 2012, class size: 45
PubH6550: Maternal & Child Health 1 (Masters)
Spring 2013, class size: 37
PubH8416: Doctoral Research Methods 1: Program Design & Evaluation (Doctoral)
Fall 2012, class size: 19
PubH6007: Social & Behavioral Approaches to Public Health (Masters)
Summer 2012, class size: 83
Spring 2012, class size: 40
Fall 2011, class size: 78
Summer 2011, class size: 82
Spring 2011, class size: 62
PubH6005: Policy Approaches to Public Health (Masters)
Fall 2010, class size: 105

New Courses Developed

-Began course rebuild of MPH Online PubH 6060/61: Culminating Experience, Parts 1 and 2 – Spring 2021 (launch September 2021)
-Conducted course rebuild of MPH Online PubH 6007: Social & Behavioral Approaches to Public Health (Master) – Spring 2020 (launch January 2021)
-Conducted major revision of MPH Online PubH 6007: Social & Behavioral Approaches to Public Health (Masters) – Fall 2016 (launch January 2017)
-Contributed to the development and launch of MPH Online PubH 6007: Social & Behavioral Approaches to Public Health (Masters) - Spring 2013 (launch Summer 2013)

Students & Trainees: Advising/Mentoring

Advisees - Doctoral

Jennifer Schindler Ruwisch, DrPH in Health Behavior: dissertation reader, 2018

Advisees - Masters

Fall/Spring 2022 (N = 8):

Jacob Bulf
Sophie Chishty
Bhavika Darji
Stefanie Giambrone
Karla Kinderman
Hannah Martin
Austin Sanders
Bhavini Trivedi

Fall/Spring 2021 (N = 8):

Ryan Aguilon
Silvia Balladares-Huete
Jim Hall
Madeline Jurch
Melody McElroy
Joseph Piccolo
Jacqueline Shaw
Rachel Wolfe

Fall/Spring 2020 (N = 8):

Rebecca Berlin [**Recipient of the MPH@GW 2020 CE of the Year Award**]
Lauren Davis
Oyuky Deza
Joshua Hamburg
Mariabruna Jennings
Rebecca Baer Mezak
Rebecca Leval
Alexandra Ng Harris

Fall/Spring 2019 (N = 10):

Anita Cheung
Stephen Damiani
Sharnise Gossett
Sarah Juarez
Allison Krenzien
Mindy Kruty
Stacy Miller
Esmedeline Minaya
Jamala Okoh
Sanny Rivera

Summer/Fall 2018 (N = 10):

Elizabeth Almendarez
Jacqueline Cincotta
Ma Portia Bernadette Domingo
Bridget Kelly [**Recipient of the MPH@GW 2019 CE of the Year Award**]
Jennifer Northway

Wanda Pamphile
Caitlin Patterson
Cari Sagum
Laith Salih
Sarah Soderberg

Fall/Spring 2018 (N = 10):

Mallory Aud
David Averill
Morgan Craven
Shanthi Devasirvatham
Paula Eguino Medina
LaRissa Foster
Carol McCall
Catherine Owen
Harjot Virk
Kristy Werther

Fall/Spring 2017 (N = 11):

Jocelyn Elvira
Misty Gravelin
Jazmin Hampton
Heather Kilkenny
Britni Lundin
Krystal Nasr
Anne Marie Newman
Patrick Niles
Angela Onime
Hindy Schlisselfeld
Amina Zeghar

Fall/Spring 2017 (N = 17):

Maya Chawla
Jennifer Davis
Emma Draper
Aminata Dumbuya
Sara Fuller
Camille Horton-Thompson
Tate Jenkins
Andrea Kelly
Andrew Larkin
Meghan Marshall
Jenna Napoleone
Dhruv Sethi
Heidi Sewchok
Amy Tsuchiyama
Alyson Williams
Selam Wubu
Monica Zdanukiewicz

Summer/Fall 2016 (N = 20):

Kellee Athens
Juliet Blass
Amanda Cohen
Natasha Dwamena
Stephanie Everman
Kathleen Harding
Jeffrey Jackson
Jennifer Joseph
Elizabeth Kohlway
Lauren Leibfreid
Pamela Lindsay
Samantha Meeker
Monira Mohamed
Gideon Obamwonyi
Edith Mutalya
Brittney Richardson
Jonathan Smith
Bishakha Van Voris
Madison Victor
Barbara Zabielski

Spring/Summer 2016 (N = 9):

Tiffany Cunin
Pantea Ebrahimpour
Avery Neal
Vincent Nguyen
Rebekah Rollston
Erica Tomas
Alexander Tompkins
Karlea Trautman
Richmund Wenzel