Background
Minors have been established within the University to provide opportunities for formal inter-
school study. Students must be enrolled in a degree program and must be in good standing to be
eligible to take a Minor in another school. Upon successful completion of all requirements, the
title of Minor Field of Study and the courses taken in support of the Field are entered on the
student’s transcript.

Minor in Nutrition
The Milken Institute School of Public Health (SPH) offers a Minor in Nutrition through the
Department of Exercise and Nutrition Sciences. Students completing the minor in nutrition gain
a deeper understanding of the science of nutrition. The GWSPH Minor in Nutrition consists of
18 credit hours. This Minor provides a strong foundation in nutrition across the lifespan, in
sport, and in public health. BS, Exercise Science students are not eligible to minor in Nutrition.
A 2.5 cumulative GPA or above is required.

To Add or Drop a Minor and to Change the Original Minor Program of Study
Please see the SPH Minor Program Advisor for information, admission to the minor, to drop the minor,
for assistance in the selection of the elective course and to amend the courses on the original program of
study. GW’s SPH will not process requests to add a Minor in Nutrition during the registration period. All
transactions require the Application for Undergraduate Minor form and signatures.
Name: ___________________________________________ Date: ____________________

(please print)

Email: _____________________________ GWID #: ____________________________

Action Requested:  □ Add  □ Drop  □ Change Program Requirements

Major School: ____________________________________________________________

Course Approval: Please list all courses (department and number) you intend to use to satisfy this field.

### Required Courses: (9 credits)

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course #</th>
<th>Credits</th>
<th>Title</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXNS 2119</td>
<td>3</td>
<td>Introduction to Nutrition Science (pre-requisite BISC 1115/1125)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EXNS 1114</td>
<td>3</td>
<td>Community Nutrition</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EXNS 1118</td>
<td>3</td>
<td>Sport and Nutrition</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Selective Courses

Choose 3 courses (9 credits) from the following list:

| SUST 2003 | 3 | The Sustainable Plate |
| BISC 1007 | 3 | Food, Nutrition, and Service |
| GEOG 2133 | 3 | People, Land, and Food |
| HLWL 1116 | 3 | Lifestyle Nutrition |
| HLWL 1108 | 3 | Weight and Society |
| EXNS 2120 | 3 | Assessment of Nutritional Status |
| EXNS 2122 | 3 | Food Systems in Public Health |
| PUBH 3137 | 3 | Global Public Health Nutrition |

I have studied the requirements for the minor and understand what I must do to meet them. Any changes to the proposed coursework must have written approval for the minor department. A copy of this approval must be submitted to the Milken Institute SPH Office of Student Records, 950 New Hampshire Ave, 2nd Floor.

Student’s Signature _____________________________________ Date ____________________

Requirements for the minor must be completed either during or prior to the semester you will graduate.

Approval of the Minor Field School

_________________________________________ Date ____________________

Signature

Approval of the Home School

_________________________________________ Date ____________________

Signature

Distribution Procedure: It is the student’s responsibility to distribute the forms after obtaining approvals.

Copy 1: Home School  Copy 2: Minor Field School  Copy 3: Student Copy

February 2017