

# Curriculum Vitae

## Nitasha C. Nagaraj, DrPH

### PERSONAL DATA

#### *Business Address*

Department of Prevention and Community Health  
School of Public Health  
George Washington University  
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### EDUCATION

B.A. 2003 University of Maryland Baltimore County  
Major: Health Administration and Policy  
Minor: Information Systems

MPH 2008 The George Washington University Milken Institute School of Public Health  
Maternal and Child Health, Department of Prevention and Community Health

DrPH 2016 The George Washington University Milken Institute School of Public Health  
Maternal and Child Health, Department of Prevention and Community Health Department  
*Dissertation Advisor: Dr. Amita Vyas*

### PROFESSIONAL EMPLOYMENT

*Assistant Teaching Professor*, Department of Prevention and Community Health, The George Washington University, Milken Institute School of Public Health, 2021 –

*Project Director*, Campus Covid-19 Support Team, The George Washington University, 2020 –

*Practicum Faculty Director*, MPH@GW, The George Washington University, Milken Institute School of Public Health, 2016 -

*Research Scientist*, Department of Prevention and Community Health, The George Washington University, Milken Institute School of Public Health, 2016 – 2020

*Senior Research Associate*, Department of Prevention and Community Health, The George Washington University, Milken Institute School of Public Health, 2011 – 2016

*Outreach Engagement Consultant*, Department of Prevention and Community Health, The George Washington University, Milken Institute School of Public Health, 2009 - 2011

*Senior Management Analyst*, STG, International Inc., U.S. Department of Health and Human Services, Washington, DC 2010 - 2011

Senior Associate Analyst II, Homeland Security Studies & Analysis Institute (HSSAI), Arlington, VA, 2009 – 2010

Analyst, South Asia Region, Veratect, Arlington, VA, 2008 – 2009

Program Associate, National Association of County and City Health Officials (NACCHO), Washington, DC, 2005 – 2008

### HONORS AND AWARDS

Awarded, GW Milken Institute School of Public Health People's Choice Award (2016)

Inducted, Delta Omega Honor Society for Public Health (2016- present)

Excellence Award 2<sup>nd</sup> & 4<sup>th</sup> Quarter, HSSAI, (FY 2010)

Finalist – Employee of the Year Award, NACCHO, (2007)

### RESEARCH GRANTS/CONTRACTS (PENDING)

Project Funder: NHLBI/Westat  
Requested Funding Amount: \$250,000  
Maternal Health Community Implementation

The “*3Merging Maternal and Child Health (MCH) Issues*” proposed project will create a regional coalition to bring together the expertise of a community-academic partnership that will exponentially increase the capacity of our organizations to rapidly respond to the emerging MCH issue of maternal mortality and morbidity (3M) and meet the challenges facing our MCH populations.

HRSA-21-080

09/01/21 – 08/31/22

Project Funder: HRSA/MCHB  
Requested Funding Amount: \$250,000

The proposed “*3Merging Maternal and Child Health Issues (3M)*” partnership project, will develop an infrastructure and capacity in the 12-month project period to ensure long term sustainability of this partnership to adapt to new and emerging MCH challenges.

### **The Clinical Translational Science Institute at Children’s National**

Guay Woodford, Lisa (PI) 07/01/21-06/30/25

Funder: National Center for Advancing Translational Sciences National Institutes of Health

Funding Amount:

Objective: Provide state-of-the-art, flexible resources required by clinical and translational researchers; promote multidisciplinary clinical and translational research (CTR); promote demographic diversity and address health disparities; incorporate effective and sustained collaboration with community partners; ensure research efficiency.

Role: Evaluator

### **RESEARCH GRANTS/CONTRACTS (AWARDED)**

1UL1TR001876-01

Guay Woodford, Lisa (PI)

07/01/16-06/30/21

### **The Clinical Translational Science Institute at Children’s National**

Funder: National Center for Advancing Translational Sciences National Institutes of Health

Funding Amount: \$4,770,558

Objective: Provide state-of-the-art, flexible resources required by clinical and translational researchers; promote multidisciplinary clinical and translational research (CTR); promote demographic diversity and address health disparities; incorporate effective and sustained collaboration with community partners; ensure research efficiency.

Role: Evaluator

### **RESEARCH GRANTS/CONTRACTS (COMPLETED)**

GAGE: Gender and Adolescence Global Evidence

Vyas, Amita (sub-award)

5/1/19 – 1/30/21

Funder: GAGE/UK AID

Funding Amount: \$65,000

Objective: Develop and test measures on gender attitudes, voice, and agency for adolescents in India and Nepal.

Girl Rising Impact Framework

Vyas, Amita (PI)

2/1/20 – 7/30/20

Funder: Girl Rising & Nielsen Foundation

Funding Amount: \$27,592

Objective: To develop a monitoring and evaluation toolkit for Girl Rising campaigns, and to develop a theory of change model and framework for how media and campaigns yield social impact.

Role: Evaluator/Project Director

HHSP23320095635WC

McDonnell, Karen (PI)

07/01/16-06/30/20

Accomplishments of the Domestic Violence Hotline, Online Connections and Text (ADVHOCaT)

Funder: Department of Health and Human Services; Administration for Children and Families; Administration on Children, Youth and Families; Family and Youth Services Bureau Office of Family Violence Prevention and Services Act (FVPSA)

Funding Amount: \$394,080 (Phase I)

Objective: To evaluate the National Domestic Violence Hotline and the National Dating Abuse Helpline (“Love is

Respect”). An expert panel will serve to strategize and implement a complete evaluation secondary and primary data collection efforts. The evaluation information will be used to communicate and disseminate the accomplishments of the NDVH/NDAH and foster the creation of an efficient and effective process and performance monitoring system.

Videos for Empowerment (VoE) Vyas, Amita (sub-award) 4/1/18 – 12/31/18  
Funder: U.S. Department of State  
Funding Amount: \$44,000  
Objective: Produce 12 girls/women’s empowerment videos and implement a social media campaign.  
Role: Project Director

Gender-Based Violence Prevention and Treatment Vyas, Amita (sub-award) 9/1/17 – 8/31/18  
Funder: U.S. Department of State, New Delhi Embassy  
Funding Amount: \$125,000  
Objective: Present at 5 workshops in Tier 2 cities of India on effective communication strategies for GBV prevention.  
Role: Project Director

Girl Rising India Campaign: Evaluation Study Vyas, Amita (PI) 9/1/16 – 8/31/18  
Funder: Girl Rising & Paperseed Foundation  
Funding Amount: \$93,000, \$12,000 (Gift)  
Objective: Pilot evaluation of the Girl Rising India Dreamers Media Campaign and the Schools Gender Curriculum (n=2000), including social media analytics, teacher and student interviews, and pre/post surveys of students.  
Role: Evaluator

Girl Rising Survey in India Vyas, Amita (PI) 3/1/2016 – 12/31/16  
Funding Amount: \$18,000  
Funder: Girl Rising/USAID ENGAGE  
Objective: Development and analysis of a household survey in India  
Role: Project Director

5UL1RR031988/5UL1 TR000075 Guay-Woodford, Lisa (PI) 6/2010 – 6/2015  
Clinical and Translational Science Institute  
Funder: National Institutes of Health National Center for Research Resources  
Funding Amount: \$3,857,629  
Objective: The specific objectives of the CTSI-CN are to: 1) provide state-of-the-art, flexible resources required by clinical and translational researchers; 2) promote multidisciplinary clinical and translational research (CTR); 3) strengthen CTR education and training for diverse trainees at all stages of career development; 4) promote demographic diversity and address health disparities; 5) incorporate effective and sustained collaboration with community partners; 6) ensure research efficiency; and 7) establish bi-directional collaborations with the CTSA network. The CTSI-CN will lend its unique perspective on pediatric health issues and urban health disparities to the already distinguished members of the CTSA network.  
Role: Evaluator

UL1RR031988 Vyas, Amita (PI) 2/1/2011 – 6/30/2012  
Diabetes Prevention Study (DPS)  
Funding Amount: \$50,000  
Funder: National Institutes of Health National Center for Research Resources  
Objective: This pilot project brings together an interdisciplinary team of experts to conduct mixed-methods research to examine physical activity and nutrition among South Asian American (SAA) families in the Washington D.C. region.

## **PUBLICATIONS**

### **In Review**

Towers, S.A., Gemechu, N.B., Nagaraj, N.C., Landry, M. M., Beane, P.C., Sardon, G.A., Weiss, E.C. Lui, C.M., Park, D.E., Aziz, M., Goldman, L.R., Vyas, A.N., McDonnell, K.A., Castel, A.D., and The George Washington

University Campus COVID-19 Support Team. (2021). SARS-CoV-2 Surveillance and Outbreak Response on an Urban American College Campus. *Journal of American College of Health. Manuscript In-Review.*

Vyas, A.N., Nagaraj, N.C., Teklay, W., Hingorani, R., Luintel, J., Landry, M.M. (2021). Measuring Agency, Voice, and Gender Attitudes Among Adolescents in South Asia. *Plus One. Manuscript In-Review.*

### **Peer Reviewed**

Vyas, A., Low, H., **Nagaraj, N.** (2021). Adolescent Girls in Guatemala: Can an Empowerment Program Change Perceptions of Gender Equity, Aspirations, and Communication? *Journal of Public Health International*, 4(2): 24-33. DOI: [10.14302/issn.2641-4538.jphi-21-3927](https://doi.org/10.14302/issn.2641-4538.jphi-21-3927)

Vyas, A., **Nagaraj, N.**, Genovese, J., Malhotra, G., Dubey, N., Hingorani, R., Manning, L. (2020). The Girl Rising ‘We Dream, We Rise’ Social Media Campaign in India: Reach, Engagement, and Impact. *Journal of Creative Communications*, 15(1): 106-124. DOI: <https://doi.org/10.1177/0973258619878354>.

Vyas, A., Saunders, B., **Nagaraj, N.** (2020). A Qualitative Assessment of an Innovative Suicide Prevention and Treatment Approach: Contextual-Conceptual Therapy. *Journal of Public Health International*, 2(2): 28: 41. DOI: [10.14302/issn.2641-4538.jphi-20-3242](https://doi.org/10.14302/issn.2641-4538.jphi-20-3242).

Asher, S., **Nagaraj, N.**, Vyas A. (2020). How do College Students in India Respond to Gender-Based Violence (GBV)? *Journal of Public Health International*, 2(1): 27-39. DOI: 10.13302

**Nagaraj, N.**, Vyas, A., Landry, M. (2019). Adolescents' Perceptions of Gender Discrimination in India: Do Perceptions Differ for Boys and Girls? *Journal of Public Health International*, 2(1): 1-12. DOI: 10.14302/issn.2641-4538.jphi-19-2995.

Vyas, A.N, Malhotra, G., **Nagaraj, N.C.**, Landry, M. (2019). Gender Attitudes in Adolescence: Evaluating the Girl Rising Gender-Sensitization program in India. *International Journal of Adolescence and Youth*. DOI: 10.1080/02673843.2019.1598450

Landry, M., Vyas, A., Malhotra, G., **Nagaraj, N.** (2019). Adolescents’ Development of Gender Equity Attitudes in India. *International Journal of Adolescence and Youth*. DOI: 10.1080/02673843.2019.1590852

**Nagaraj, N.**, Vyas, N.A., and McDonnell, K. (2018). Is there a Link Between Childhood Family Violence & Adult Health? Understanding Family Violence Amongst South Asian American Women. *Journal of Immigrant and Minority Health*. DOI: 10.1007/s10903-018-0829-z.

**Nagaraj N.**, Vyas, A.N, McDonnell, K.A., DiPietro, L. (2017). Understanding Health, Violence, and Acculturation Among South Asian Women in the US. *Journal of Community Health*, 1-9. DOI: 10.1007/s10900-017-0450-4.

Robertson H, **Chaudhary N**, Vyas, A. (2016). An Exploration of Child Abuse Among South Asians in the U.S. *Journal of Immigrant and Minority Health*, 18(4): 921-927.

Vyas, A., **Chaudhary, N.**, Ramiah, K., & Landry, M. (2013). Addressing a Growing Community’s Health Needs: Project SAHNA (South Asian Health Needs Assessment). *Journal of Immigrant and Minority Health*, 15(3), 577-583.

**Chaudhary N.**, Vyas A., Ramiah, K. (2012). Addressing the Health Needs of South Asians: The Community Perspective, **Health Journal**, 4 (12).

**Chaudhary, N**, Vyas, A., and Parrish, B. “Barriers to Addressing Health Challenges for the South Asian American Community”, accepted for publication in the *Journal of Community Health*, October 2010.

### **Book Chapters**

Hasain, M., Parekh, P., **Nagaraj, N.C.**, editors. Health of South Asians in the United States: Key Priorities for Education, Service, Research, Policy, Advocacy and Action. NY Routledge, 2017

## TECHNICAL REPORTS

Vyas, A., Landry, M., Nagaraj, N., Dubey, N., Hingorani, R. (2021) Capturing adolescents' agency, voice, and confidence through innovative research tools. Policy Brief. New York: Global Health Strategies.

McDonnell, K.A., **Nagaraj, N.C.**, Fuerst, M.F. (2020). "Short-Term Outcomes after Contacting The National Domestic Violence Hotline and loveisrespect: Comparing Survivors to other Contactors". OPRE Report #2020-119. Washington, DC: Office of Planning, Research, and Evaluation, Administration for Children and Families, U.S. Department of Health and Human Services.

McDonnell, K.A., **Nagaraj, N.C.** (2019). "An Evaluation of the National Domestic Violence Hotline and loveisrespect." Prepared for the Administration for Children & Families, U.S. Department of Health and Human Services.

Pilot Evaluation of the Girl Rising Gender-Sensitization Program, 2018. Amita Vyas, PhD, **Nitasha Nagaraj, DrPH**, Megan Landry, DrPH, Gayatri Malhotra, MPH. Girl Rising and The George Washington University.

Evaluation of the Girl Rising 'We Dream, We Rise' Media Campaign 2016-2017 Report. **Nitasha Nagaraj, DrPH** Jordan Genovese, MPH, Nidhi Dubey, Richa Hingorani, Lauren Manning, Amita N. Vyas, PhD. Girl Rising and The George Washington University.

McDonnell, K.A., **Nagaraj, N.C.** (2017). "Who Contacts the National Domestic Violence Hotline and loveisrespect? Accomplishments of the Domestic Violence Hotline, Online Connections and Text." Prepared for the Administration for Children & Families, U.S. Department of Health and Human Services.

McDonnell, K.A., **Nagaraj, N.C.**, Bingenheimer, J.B., Mead, K.H., Wood, S.F. Meltzer, R. (2017). "Preferred Method to Connect with the National Domestic Violence Hotline and loveisrespect; Accomplishments of the Domestic Violence Hotline, Online Connections and Text." Prepared for the Administration for Children & Families, U.S. Department of Health and Human Services.

McDonnell, K.A., **Nagaraj, N.C.**, Bingenheimer, J.B., Mead, K.H., Wood, S.F. (2017). "Immediate Outcomes of Contacting The Hotline and LIR: Accomplishments of the Domestic Violence Hotline, Online Connections and Text." Prepared for the Administration for Children & Families, U.S., Department of Health and Human Services.

Vyas A., **Chaudhary, N.**, Ramiah K., Abbasi, S. "SAHNA 2010: A South Asian Health Needs Assessment of the Washington, D.C. Region

## SCHOLARLY POSTERS

### National Poster Presentations

McDonnell K.A., **Nagaraj, N.** Short-term outcomes of contacting domestic and dating violence hotlines: The national domestic violence hotline and loveisrespect. [National Conference on Health and Domestic Violence](#). Chicago, IL: April 28, 2021.

Vyas, A., **Nagaraj, N.**, Landry, M., & Malhotra, G. (November 2018). Pilot Evaluation of the Girl Rising Gender-Sensitization Curriculum in India. Poster Presented at The George Washington University Diversity & Inclusion Summit, 2018, Washington, DC.

Landry, M., Vyas, A., Malhotra, G., & **Nagaraj, N.** (October 2018). *Gender attitudes and perceptions among adolescents in India: a critical time for change*. Poster presented at RTI International Ending Gender Inequalities 2018, Johannesburg, South Africa.

**Nagaraj, N.,** McDonnell, K., Mead, K. (2017). Observational Listening: Understanding the Role of The Hotline/LIR in providing safety and resources to Callers. Poster Presentation SAVIR

**Nagaraj, C. N.,** Vyas, N. A., & McDonnell, K.A. (2016). Childhood Family Violence and Adult Health: Is there aLink? Poster session presented at Research Day of The George Washington University, Washington, DC.

**Chaudhary, N,** Vyas, A. “Review and Analysis of Community-Based Organizations Impacting South Asian Americans”, accepted for poster presentation at the *Annual George Washington University Medical Center Research Day, March 2009.*

**Chaudhary, N,** Vyas, A. “Review and Analysis of Community-Based Organizations Impacting South Asian Americans”, accepted for poster presentation at the *Annual Academy Health Research Meeting, July 2009.*

Chaudhary, N, **Vyas, A.** “Review and Analysis of Community-Based Organizations Impacting South Asian Americans”, Poster presentation at the *New York University Center Studies Asian and American Health, New York NY.* October 2009.

### **Selected Oral Presentations (Panels & Workshops)**

*Effective Communication Strategies for Prevention and Treatment of Gender-Based Violence in India* (2018), Bhopal, Ranchi, Jodhpur India.

Hassain, M., Parekh, P., **Nagaraj, N.C.** Health of South Asians in the United States: Key Priorities for Education, Service, Research, Policy, Advocacy and Action. American Public Health Association (APHA) Annual Meeting and Exposition. Atlanta, GA. (2017)

**Chaudhary, N.,** Kosi, R., Shah, S., Bahri, S. “A Diagnosis of Health Care Issues Affecting South Asian Community”. Panel Discussion, SAALT South Asian Summit, April 2011.

**Chaudhary, N.,** Vyas, A, Ramiah K, and Abbasi, S. Perceptions of Health Needs & Priorities: A Sample of National Community Based Organizations and A Sample of South Asians Living in the Washington DC Metropolitan Area accepted for oral presentation at the American Public Health Conference 2010.

### **UNIVERSITY SERVICE (The George Washington University)**

#### **Department of Prevention and Community Health**

*Co-Chair, Search Committee for Senior Program Associate, PCH Practicum & Doctoral Programs* (2018)

#### **Community Service**

*Board Member, Domestic Violence Resource Group* (2020 -

*Board Director, Global India Fund* (2014 – )

*Member, Asian American Pacific Islander Diabetes Initiative, American Diabetes Association* (2011-2014)

*Board Chair, South Asian Public Health Association* (2011-2013)

*Board Co-Chair, South Asian Public Health Association*

*6<sup>th</sup> Grade Tutor, AHC, Inc.* (2010 – 2011)

### **EDITORIAL PEER REVIEW ACTIVITIES**

#### **Grant Reviewer (Volunteer)**

DC Children and Youth Investment Trust Corporation (2013)

#### **Editorial (Volunteer)**

Reviewer, Journal of Minority & Immigrant Health

Reviewer, Progress in Community Health Partnerships: Research, Education, and

Reviewer, Violence Against Women  
Reviewer, Journal of Health Disparities Research and Practice  
Reviewer, Women & Health  
Co-Editor, APHA Community Health & Prevention Newsletter (2010)

## **TEACHING/LEARNING PORTFOLIO**

### **Courses**

Fundamentals of Program Evaluation, PUBH 6009: (2 credits, 20-50 students), Summer 2020, Summer 2021

Reproductive Health: U.S. & Global Perspectives, PUBH 6555: (2 credits, 25-30 students), Spring 2021

Community Engagement & Advocacy (Course Director), MPH@GW, PUBH 6054: (2 credits, 15 students) – 2016, 2017, 2018, 2019, 2020

Health Disparities, MPH@GW, PUBH 6014: (2 credits, 15 students) – 2016, 2017, 2018, 2019, 2020

Leading Self and Teams in Public Health I, PUBH 6021 (1 credit, 30 students) – 2019, 2020

Introduction to Social Entrepreneurship – Study Abroad Course: Course Coordinator  
India, 2012  
South Africa, 2013

Evaluation Methods. Teaching Assistant: Spring 2013, Fall 2014, Fall 2015, Fall 2016

Maternal and Child Health Nutrition. Teaching Assistance: Spring 2014





