

Milken Institute School of Public Health

THE GEORGE WASHINGTON UNIVERSITY

Department of Exercise & Nutrition Sciences GW Undergraduate Students

Minor in Exercise Science
2016-2017

www.publichealth.gwu.edu

Contact:

Dr. Beverly Westerman
Milken Institute School of Public Health
950 New Hampshire Ave, NW, 2nd floor
Washington, DC 20052
202-994-3862
bev@gwu.edu

Background

Minor Fields of Study have been established within the University to provide opportunities for formal inter-school study. Students must be enrolled in a degree program and must be in good standing to be eligible to take a Minor in another school. Minors generally consist of 15-21 credits of prescribed courses, depending on the Field. Upon successful completion of all requirements, the title of Minor and the courses taken in support of the Field are entered on the student's transcript.

Minor in Exercise Science

The Milken Institute School of Public Health (SPH) offers a Minor in Exercise Science through the Department of Exercise & Nutrition Sciences. Students completing the minor in exercise science gain proficiency in exercise science, anatomy, and physiology. Furthermore, students will fulfill the academic prerequisites for entry in the GW SPH MS program in Exercise Science. The Milken Institute (SPH) Minor in Exercise Science consists of 18-19 credit hours (fifteen credit hours of required courses and three to four credit hours of advisor approved electives). This Minor provides a strong foundation in exercise science in preparation for professional schools including: medical school, physical therapy school, nursing school, physician assistant school, public health, and further graduate study. Requirements: 2.5 cumulative GPA or above.

To Add or Drop a Minor and to Change the Original Minor Program of Study

Please see the Program Advisor for information, admission to the minor, to drop the minor, for assistance in the selection of the elective course and to amend the courses on the original program of study. Milken Institute SPH will not process requests to add a Minor during the registration period. All transactions require the Application for Undergraduate Minor form and signatures.

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Application for Undergraduate

**Minor -Exercise Science (code 319)
(16-17 credits)**

Name: _____ Date: _____
(please print)

Email: _____ GWID #: _____

Action Requested: Add Drop Change Program Requirements

Major School: _____

Course Approval: Please list all courses (department and number) you intend to use to satisfy this field.

Required Courses: (13 credits)

Semester	Course #	Credits	Title	Grade
	EXNS 1103	1	Professional Foundations for Exercise Science	
	EXNS 1110	4	Applied Anatomy & Physiology I	
	EXNS 1111	4	Applied Anatomy & Physiology II	
	EXNS 2111	4	Exercise Physiology I	

Selective Courses: (3-4 credits)

Semester	Course #	Credits	Title	Grade
	EXNS 1118	3	Sport and Nutrition	
	EXNS 2110	3	Injury Prevention and Control	
	EXNS 2112	4	Exercise Physiology II	
	EXNS 2113	4	Kinesiology	
	EXNS 2116	3	Exercise and Health Psychology	
	EXNS 2119	3	Introduction to Nutrition Sciences	

I have studied the requirements for minor and understand what I must do to meet them. Any changes to the proposed coursework must have written approval for the minor field department. A copy of this approval must be submitted to the Milken Institute SPH Office of Student Records, 950 New Hampshire Ave, 2nd Floor.

Student's Signature _____ Date _____

Requirements for the minor must be completed either during or prior to the semester you will graduate.

Approval of the
Minor Field School _____ Date _____
Signature

Approval of the
Home School _____ Date _____
Signature

Distribution Procedure: It is the student's responsibility to distribute the forms after obtaining approvals.

Copy 1: Home School Copy 2: Minor Field School Copy 3: Student Copy