# Milken Institute School of Public Health

THE GEORGE WASHINGTON UNIVERSITY

## Milken Institute School of Public Health

Minor for GW Undergraduate Students NUTRITION 2016-2017

### **Contact:**

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### Background

Minors have been established within the University to provide opportunities for formal interschool study. Students must be enrolled in a degree program and must be in good standing to be eligible to take a Minor in another school. The Minor Fields generally consist of 15-21 credits of prescribed courses, depending on the Field. Upon successful completion of all requirements, the title of Minor Field of Study and the courses taken in support of the Field are entered on the student's transcript.

## **Minor in Nutrition**

The Milken Institute School of Public Health (SPH) offers a Minor in Nutrition through the Department of Exercise and Nutrition Sciences. Students completing the minor in nutrition gain a deeper understanding of the science of nutrition. The Milken Institute SPH Minor in Nutrition consists of 15 credit hours. This Minor provides a strong foundation in nutrition across the lifespan, in sport and in public health. Requirements: 2.5 cumulative GPA or above. BS, Exercise Science students are not eligible to minor in Nutrition.

## To Add or Drop a Minor and to Change the Original Minor Program of Study

Please see the SPH Minor Program Advisor for information, admission to the minor, to drop the minor, for assistance in the selection of the elective course and to amend the courses on the original program of study. GW's SPH will not process requests to add a Minor in Nutrition during the registration period. All transactions require the Application for Undergraduate Minor form and signatures.

| Milken Institute School |
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| of Public Health        |

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#### Milken Institute School of Public Health

Application for Undergraduate

Minor -Nutrition (1251) (15 credits) 2016-2017

| Name:                    |       |         | Date:                         |  |
|--------------------------|-------|---------|-------------------------------|--|
| (please print)<br>Email: |       | GWID #: |                               |  |
| Action Requested:        | □ Add |         | □ Change Program Requirements |  |
| Major School:            |       |         |                               |  |

Course Approval: Please list all courses (department and number) you intend to use to satisfy this field.

| Semester   | Course #  | Credits | Title   | Grade |
|------------|-----------|---------|---|-------|
|            | EXNS 2119 | 3       | Introduction to Nutrition Science (pre-requisite BISC |       |
|            |           |         | 1111)   |       |
|            | EXNS 1114 | 3       | Community Nutrition                                   |       |
|            | EXNS 1118 | 3       | Sport and Nutrition                                   |       |
| Selectives |           |         | Choose 2 courses from the following list:             |       |
|            | SUST 2003 | 3       | The Sustainable Plate                                 |       |
|            | BISC 1007 | 3       | Food, Nutrition, and Service                          |       |
|            | GEOG 2133 | 3       | People, Land, and Food                                |       |
|            | HLWL 1116 | 3       | Lifestyle Nutrition                                   |       |
|            | HLWL 1108 | 3       | Weight and Society                                    |       |

Required Courses: (15 credits)

I have studied the requirements for the minor and understand what I must do to meet them. Any changes to the proposed coursework must have written approval for the minor department. A copy of this approval must be submitted to the Milken Institute SPH Office of Student Records, 950 New Hampshire Ave, 2<sup>nd</sup> Floor.

| Student's Signature | Date |  |
|---------------------|------|--|
|                     |      |  |
| -                   |      |  |

Requirements for the minor must be completed either during or prior to the semester you will graduate.

| Approval of the<br>Minor Field School |           | Date |
|---------------------------------------|-----------|------|
|                                       | Signature |      |
| Approval of the                       |           |      |
| Home School                           |           | Date |
|                                       | Signature |      |

Distribution Procedure: It is the student's responsibility to distribute the forms after obtaining approvals.Copy 1: Home SchoolCopy 2: Minor Field SchoolCopy 3: Student Copy