

# Milken Institute School of Public Health

THE GEORGE WASHINGTON UNIVERSITY

## Milken Institute School of Public Health

**Minor  
for  
GW Undergraduate Students  
NUTRITION SCIENCE  
2019-2020**

### **Program Director:**

Dr. Allison Meni  
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### **GWSPH Undergraduate Advisors**

Milken Institute School of Public Health  
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### **Background**

Minors have been established within the University to provide opportunities for formal inter-school study. Students must be enrolled in a degree program and must be in good standing to be eligible to take a Minor in another school. Upon successful completion of all requirements, the title of Minor Field of Study and the courses taken in support of the Field are entered on the student's transcript.

### **Minor in Nutrition Science**

The Milken Institute School of Public Health (SPH) offers a minor in Nutrition Science through the Department of Exercise and Nutrition Sciences. Students completing the minor in Nutrition Science gain a deeper understanding of the science of nutrition. The minor in Nutrition Science consists of 18 credit hours. This minor provides a strong foundation in macronutrients and micronutrients, as well as nutrition across the lifespan, in chronic disease, and in the broader context of public health. A 2.5 cumulative GPA or above is required for admittance. To earn a minor in Nutrition Science, students are required to maintain a cumulative GPA of 2.5 or above and earn a C- or above in all minor courses.

### **To Add or Drop a Minor and to Change the Original Minor Program of Study**

Please see the GWSPH Undergraduate Advisors for information, admission to the minor, to drop the minor, for assistance in the selection of the elective course and to amend the courses on the original program of study. GW's SPH will not process requests to add a Minor in Nutrition Science during the registration period. To declare the Nutrition Science minor, go [here](#).

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**Exercise and Nutrition Sciences Department**

**Minor -Nutrition Science  
(18 credits)  
2019-2020**

**Required Courses: (9 credits)**

<b>Course #</b>	<b>Credits</b>	<b>Title</b>
EXNS 2114	3	Nutrition Sciences I (pre-requisite BISC 1115 & 1125)
EXNS 2115	3	Nutrition Sciences II (pre-requisite EXNS 2115)
EXNS 2124	3	Lifecycle Nutrition (pre-requisite EXNS 2115)

**Selective  
Courses**

**Choose 3 courses (9 credits) from the  
following list:**

EXNS 1114	3	Community Nutrition
EXNS 1118	3	Sport and Nutrition
EXNS 2120	3	Assessment of Nutritional Status (pre-requisite EXNS 2115)
EXNS 2122	3	Food Systems in Public Health
EXNS 2123	3	Nutrition and Chronic Disease (pre-requisite EXNS 2115)
EXNS 3111	3	Nutrition Science Research Methods (pre-requisite EXNS 2115)
GEOG 2133	3	People, Land, and Food
PUBH 3137	3	Global Public Health Nutrition

*Students enrolled in the BS, Nutrition Science degree program are not eligible to declare this minor.*