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Milken Institute School of Public Health

THE GEORGE WASHINGTON UNIVERSITY

Department of Exercise and Nutrition Sciences
Minor for GW Undergraduate Students

Minor in Nutrition
2022-2023

Program Director:

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Background

Minors have been established within the University to provide opportunities for formal inter-school study. Students must be enrolled in a degree program and must be in good standing to be eligible to take a Minor in another school. Upon successful completion of all requirements, the title of Minor Field of Study and the courses taken in support of the Field are entered on the student's transcript.

Minor in Nutrition

The Milken Institute School of Public Health (SPH) offers a minor in Nutrition through the Department of Exercise and Nutrition Sciences. Students completing the minor in Nutrition gain a deeper understanding of the science of nutrition. The minor in Nutrition consists of 18 credit hours. This minor provides a strong foundation in nutrition across the lifespan, in sport, and in public health. A 2.5 cumulative GPA or above is required for admittance. To earn the Nutrition minor, students are required to maintain a cumulative GPA of 2.5 or above and earn a C- or above in all minor courses.

To Add or Drop a Minor and to Change the Original Minor Program of Study

Please see the GWSPH Undergraduate Advisors for information, admission to the minor, to drop the minor, for assistance in the selection of the elective course and to amend the courses on the original program of study. GW's SPH will not process requests to add a Minor in Nutrition during the registration period. To declare the Nutrition minor, go [here](#).

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Minor in Nutrition
(18 Credits)
2022-2023

Required Courses: (9 credits)

Course #	Credits	Title
EXNS 2119	3	Introduction to Nutrition Science (pre-requisite BISC 1115 & 1125)
EXNS 2122 OR EXNS 2126W OR EXNS 4199 ¹	3	Food Systems in Public Health OR International Nutrition OR Topics (ONLY: Metabolism in Exercise and Nutrition Sciences)
EXNS 2124	3	Lifecycle Nutrition

Selective Courses: Choose 3 courses (9 credits) from the following list

Course #	Credits	Title
EXNS 1114	3	Community Nutrition
EXNS 1118	3	Sport and Nutrition
EXNS 2120	3	Assessment of Nutritional Status
EXNS 2122 ¹	3	Food Systems in Public Health
EXNS 2123	3	Nutrition and Chronic Disease
EXNS 2126W ¹	3	International Nutrition
EXNS 2127	3	Introduction to Food Policy
EXNS 3111W	3	Exercise and Nutrition Science Research Methods
GEOG 2133	3	People, Land, and Food
EXNS 4199 ^{1,2}	3	Topics in EXNS (ONLY: Metabolism in Exercise and Nutrition Sciences)

Students enrolled in the BS, Nutrition degree program are not eligible to declare this minor.

¹The same course cannot count as both as a required course and a selective course. If used to meet the requirement of taking EXNS 2122 OR EXNS 2126W OR EXNS 4199, it cannot also count towards the 9 credits of selective courses.

²Only EXNS 4199 Metabolism in Exercise and Nutrition Sciences. Other EXNS 4199 topics courses will not meet this requirement.